

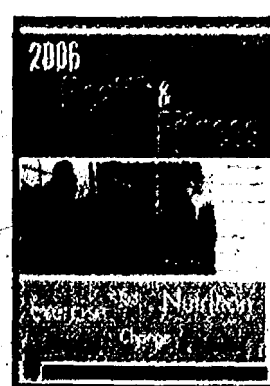


Dietician offers advice

See Page 1-B

Chelsea cagers top rival Dexter

See Page 1-C



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VOL. 134, No. 43

THURSDAY, MARCH 9, 2006

CHELSEA SCHOOLS

Alternative High School to close its doors

Decline in student enrollment, financial concerns primary reasons for decision to shut down program

By Jennifer McArdle
Staff Writer

Chelsea Alternative High School students will be heading back to school this fall, but not to the same classrooms.

The alternative program is closing and students will be attending Chelsea High School at the start of the 2006-07 school year.

Iva Corbett, Assistant Superintendent at Chelsea School District, cited a lack of enrollment as the primary reason for the closure.

There are currently 25 students enrolled at Chelsea Alternative High School, many of whom are only there on a part time basis. Corbett said enrollment at CAHS has been on the decline for three years.

"At its height, more than 50 students were enrolled. This school year started with 30 students and only 16 of the current students could return next year," Corbett said.

The drop in enrollment has resulted in funding concerns.

"Enrollment per student is how schools are funded; therefore, low enrollment makes it difficult to pay for the program to run," Corbett said. "Our district, like others in the state, is facing difficult financial futures. Students' needs have been changing."

"By being outside of the larger high school,

See CLOSING — Page 4-A

CHELSEA

Properties to be zoned

Numerous pockets of land to be looked at by city zoning department

By Jennifer McArdle
Staff Writer

A number of parcels in the city of Chelsea are proposed for zoning.

Letters were sent to the property owners in February giving notice of a public hearing on the proposed zoning. The hearing is set for 7:30 p.m. March 21.

Planning and Zoning Administrator James Drolett said residents and businesses within a 300-foot radius of

the affected properties were also notified of the hearing.

The zoning is planned for 37 properties within the city. During the transition from a village to a city, those parcels were not annexed by the city and remained part of the townships. Drolett referred to those properties as "township islands." He said the parcels now need to be zoned under the city's zoning ordinance.

"They've never been zoned in the city, but they were zoned when they were part of the township," he said.

Under state law, when a parcel is transferred from a township to a city, the city has two years to zone those

properties. Drolett said that deadline is fast approaching.

The city's comprehensive plan contains a future land-use map, which Drolett used as a guide in zoning the parcels.

"Most of them were pretty easy," he said.

A parcel behind Our Savior Lutheran Church on M-52 will be zoned residential (RS-2) and an adjacent parcel behind McDonald's will be zoned commercial (C-3) to remain consistent with the future land-use map and current zoning.

Drolett said some properties were more challenging when proposing the zoning.

See ZONING — Page 3-A

CHELSEA

Public art project to feature door exhibit

Chelsea Center for the Arts hopes to receive grant for art event

By Jennifer McArdle
Staff Writer

The Chelsea Center for the Arts (CCA) is hoping to receive a grant for a public art project to coincide with the opening of the new library.

The CCA submitted a grant

application Feb. 24 to provide partial funding for a proposed project to exhibit artistically painted doors in downtown Chelsea later this year. The grant application requests a \$12,000 implementation grant from the Michigan Association of Community Arts Agencies (MACAA), which is expected to announce grant awards in early April.

The public art project would celebrate the reopening of the Chelsea District

Library in its new facility. With a theme of "Opening Doors: A Community Celebration of McKune Memorial Library," the project is expected to feature an art exhibit of doors painted by local artists and community organizations.

"We have a goal of 50 doors. We'd love to see more than that, and we've had such great community support that I don't think we'll have any problem meeting and

See PROJECT — Page 4-A



Chelsea High School student Lucas Kizer works on building a robot for the FIRST (For Inspiration and Recognition of Science and Technology) competition. Mentor Jerry McClung is also pictured.

CHELSEA

Robotics Club to compete at regionals

Group's task is to build robot that will shoot balls into a basket

By Jennifer McArdle
Staff Writer

The Chelsea High School Robotics Club will be among 63 teams competing in the FIRST (For Inspiration and Recognition of Science and Technology) Great Lakes Regional competition Thursday through Saturday at Eastern Michigan University.

The robotics competition brings together teams of high school students to design, assemble and test a robot capable of performing a specified task in competition with other teams. The teams are sponsored and assisted by local companies and volunteers.

The FIRST Robotics Competition, which has grown to 1,125 teams competing in 33 regional events, challenges teams and their mentors to solve a common problem in a six-week timeframe using a standard "kit of parts" and a common set of rules.

Kickoff started Jan. 7 for this year's competition, which is called "Aim High." The task is to build a robot that will shoot balls into a basket.

"The competition is much harder this year compared to last year," said Chelsea High School teacher Deb Bentley, who serves as adviser to the team.

"It's quite a bit more technical than last year," mentor Mike Kizer said. "The initial plan for the robot was quite ambitious, but they had to scale it back a little because of the time limit."

The team had until Feb. 21 to build and ship their robot. For those six weeks, the students devoted most of their free time to designing and building the robot, which they named Rogackinator. The team worked most evenings after school until 8 p.m. and, as the deadline approached, they put in even more time, working as late as midnight on weekdays and putting in full days on Saturdays.

Kizer said even though team members were focused on building the robot, their schoolwork still came first.

"They have to keep their grades up to stay

See ROBOT — Page 9-A

What's Inside

Classifieds \$4
Community \$4
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Total \$12

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BRIEFLY...

■ **Chelsea Reads Together** to show film: "My Family" will be show 7 p.m. March 17 at the Chelsea District Library, 500 Washington St. as part of a community read film series. The Academy Award nominee stars Jimmie Smits and Edward James Olmos in the story of three generations struggling for the American Dream.

Chelsea Reads Together is presented by the Chelsea District Library and One World One Family. This year's book is "Nickel and Dimed: On (Not) Getting by in America." For more information, call 475-8732.

■ **West of the Moon Gallery** to celebrate anniversary: West of the Moon Gallery in Chelsea will mark its one-year anniversary from 5 to 8 p.m. April 22 with a gala event at 112 E. Middle

St. The Royal Garden Trio will perform jazz and a drawing for a donated artwork will be held.

West of the Moon Gallery offers fine art created by local artists and artisans, with special guest artists exhibiting. Cooperative artists demonstrate processes during working hours.

For more information about the event, call 475-8725 or visit the Web site www.westmoon-gallery.com.

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The Home Builders Association of Washtenaw County (HBAWC) is celebrating its 50th anniversary by participating in a project to help provide affordable housing in the communities it serves.

In recognition of the HBAWC 50th year in 2006, its members are building a "House of Dreams." With more than 200 of its members supporting the project with labor, materials and funding, a beautiful brand-new home is being built in West Ridge of Dexter with all the net proceeds from the sale of the house donated to Washtenaw County area charities.

The house is being constructed entirely through contributions from HBA members and the community at large.

"The House of Dreams is a great way for members of the HBA and the residential construction industry to collectively contribute back to the community that all of us live and work in," said 2005 HBAWC president David Rhoads.

After breaking ground in October, construction on the 2,400 square-foot, four-bedroom house is well under way. The project is being financed through Ann Arbor Commerce Bank, one of more than 85 partners supporting the charitable project. Even the building site itself was donated at a generously reduced price by Jim Haeussler of Peters Building Company. The house is well on schedule to be completed for the 2006 Showcase of Homes, the annual event sponsored by HBAWC.

Four local housing-related charities have been selected to receive the net proceeds from the House of Dreams project:

- Avalon Housing, Inc., which provides housing and social services to low income, and disabled families and individuals,
- Neighborhood Senior Services, which provides services and support to the elderly in the community to help them live safely, comfortably, and with dignity in their homes,
- Washtenaw Affordable Housing Corporation, which provides affordable housing options for low income families and individuals in the Washtenaw County,
- WHBA Foundation, the Home Builders Association's related 501 (c) (3) charitable foundation, which provides financial support to housing and community charities, and scholarships for students pursuing careers in the building industry.

The House of Dreams provides critical resources to each of these organizations, that help provide and maintain housing in the Washtenaw County community.

This is a great chance for HBAWC members to get involved in a worthy cause, create relationships with other businesses and members and contribute to the wider community. It's also a great way for community members to support these worthy charities and help create affordable housing opportunities around the county.

For additional information on the House of Dreams, or to contribute to the project, contact the HBA at (734) 996-0100 or view it on line at www.HBAWC.com/mr_houseofdreams.cfm.

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CHELSEA SCHOOLS

Board adopts new policies

Toxic Hazard Preparedness Officer to be appointed

By Jennifer McArdle
Staff Writer

The Chelsea Board of Education adopted several new policies Feb. 27 and revised two existing policies.

Two new policies address the personal property of staff members. Policy 3281 concerns the personal property of professional staff and Policy 4281 concerns classified staff members.

Both state that the district is not responsible for any loss, damage or misuse of personal property that is brought to school. Property brought to school by students is addressed under Policy 5281.

An existing policy, Policy 8431, also has been revised in regard to preparedness for toxic hazards and asbestos hazards.

Under the policy, the board will appoint an employee to serve as Toxic

Hazard Preparedness Officer. That person will be responsible for identifying potential sources of hazards, ensuring that all incoming materials are properly labeled with the identity of the chemical and hazard

The superintendent will also appoint a person to develop and implement the district's Asbestos Management Program.

exposed to and providing a training program to all district employees.

The superintendent will also appoint a person to develop and implement the district's Asbestos Management Program to ensure compliance with federal and state laws.

Another revised policy is Policy 8350, which concerns confidentiality. The policy prohibits the release of Social Security numbers of any employee, student or other individuals.

Policy 8800 is a new policy that addresses religious and patriotic ceremonies and observances.

A new policy for English language learners calls for the development of an English Language Learner plan that includes identification of students in need of services and a plan for providing services to the student.

Recognition of staff, board members, students and other individuals is addressed under Policy 6680. The new policy limits the use of public funds for the purchase of plaques, awards and other tokens of recognition to \$100 or less per recipient.

A first reading of the policies was held Feb. 13.

Staff Writer Jennifer McArdle can be reached at 475-1371 or jmcardle@heritaget.com.

CHELSEA SCHOOLS

Students earn top ratings at festival

Several Chelsea singers recently proved that hard work, careful training and dedication can pave the way for great success, coming away with top honors from the District Vocal Solo and Ensemble Festival Jan. 28 in Saline.

Singers in seventh through 12th grades performed both classical solos and small ensembles at the Michigan State Vocal Music Association event.

Simone Gonzalez-Nagy, Fred Van Reesema, Katie Falk, Jillian Heinrichs, Anthony Sensoli, Liz Hood, Candace Stebleton, Casey Sullens and Emily Meloche all received Division I ratings in the solo division.

There were also two ensembles auditioning at the event, a quartet consisting of Gonzalez-Nagy, Alisa Cremer, Alyssa Prokos and Kaci Friss, as well as a trio

comprised of Megan Riley, Ashlyn Brinklow and Alexis Alvarado. Both ensembles received Division I ratings, as well.

Steven Hinz, director of choirs in Chelsea schools, said he was delighted with the students' performances.

"It's evidence of how hard they have worked and trained, and the musicianship from this group of students was truly outstanding," he said in a press statement.

Students had to memorize and perform two contrasting classical pieces. Art songs and arias in Italian, French, German, Spanish and English were carefully stud-

ied and prepared for the annual festival.

Lisa Hinz-Johnson, voice teacher at the Chelsea Center for the Arts, is voice instructor to many of the students.

"Students have a tremendous opportunity to both showcase their hard work and gain valuable feedback from other music professionals," she said. "And, although it's pretty remarkable that every student received a (Division) I rating, the most rewarding aspect of this process is seeing the progress these students make throughout the course of their studies. For some, the idea of singing before an

adjudicator is a terrifying concept. I'm just glad that the experience was such a positive one for everybody."

High School students earning a Division I rating at the district level are allowed to audition at the State Solo and Ensemble auditions, which will be held in April.

Middle school students receiving a Division I rating are only allowed to participate at the district level, so this was the end of the line for them. The high school students must prepare one new piece for the state festival.

ZONING

Continued from Page 1-A

One parcel to be zoned is a small piece of property at East Industrial Drive and Sibley Road. There is currently a residence and the homeowner expressed concern about the property being zoned industrial. Drolett said the proposed zoning for that parcel is single-family residential, based on the homeowner's request and the potential for additional residential development nearby.

Other parcels that will be affected by the proposed zoning include a parcel near Interstate 94, where the park-and-ride lot is located, three residential lots on Old Manchester Road, a strip of property behind Village Motors, several parcels on Old US-12 by Pierce Lake, and a 24-acre parcel on Werker Road.

Zoning for a parcel on Freer Road near Trinkle Road is expected to go from township agricultural zoning to single-family residential. Several parcels north of Sibley Road, surrounding the water treatment plant, also would be changed to single-family residential under the proposed zoning.

Drolett said the zoning will not have a big impact on those properties.

"The one thing we don't want to do is make anybody nonconforming," he said. "The impact on these parcels is minimal."

Following the public hearing, the Planning Commission is expected to make a recommendation on the zoning to the city council.

Staff Writer Jennifer McArdle can be reached at 475-1371 or jmcardle@heritaget.com.

STRAIGHT FACTS

No matter how hard we try to avoid mistakes, sometimes they happen anyway. When that occurs, we rely on our readers to let us know about them. So, please help. To request a correction, e-mail Editor Michelle Rogers at editor@chelseastandard.com or call 475-1371.

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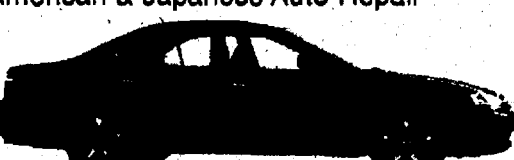
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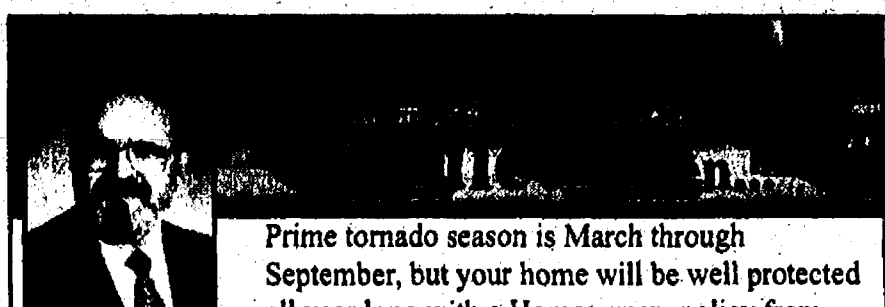
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CHELSEA SCHOOLS

High school concert set March 18

Highly anticipated musical event features local performers

By Sheila Pursglove
Special Writer

Chelsea residents are in for a treat when the Chelsea High School Music Boosters present a "A Little Night Music: A Faculty & Friends Concert" 7 p.m. March 18 at the Chelsea High School auditorium.

An afterglow reception will follow the program.

The performers may be anyone affiliated with the Chelsea School District, from

teachers, custodians and bus drivers to principals and secretaries.

This year's lineup includes Dave Brinklow, Eric Smith, Andrea Miller, John Zainea, the Hohnke family, Joel Cook, Greg Cook, Coconut Radio, Barb Locks and Craig Houle, along with music teachers Steve Hinz, Rick Catherman, Jed Fritzmeier, Jim Otto and Nathan Peters.

"The teachers really seem to love being out there - out of their classrooms," said Chelsea High School Music Boosters organizer Yvonne Hopp, who has a son playing percussion in the high school's wind symphony and a daughter playing violin in

the concert orchestra.

"Some of the staff performers are more nervous than others, but they all relish the chance to do something out of their real life," she said.

"All the performers are outstanding, but there's always some surprise that just wows the crowd, something that always has people talking. The first year it was Kris and Bill Hohnke doing their "Sonny and Cher" impression, and last year it was Eric Swager and his brothers singing a capella - who knew?"

Swager teaches physics at the high school, and also coaches the boys' cross country team. Kris Hohnke works

in the Community Education office.

"Her entire family is uber-talented - sing, dance, instruments, comedy - over the top," said music booster parent Shawn Personke. "Last year, they did 'The Time in de Coconut.' This year, I heard they're doing something with 'The Name Game.' And with the Hohnkes, you just never know what that 'something' will be."

Personke, whose son plays cello in the high school's symphony orchestra and whose daughter was in concert choir and show choir, got the event rolling three years ago while serving as music

See CONCERT - Page 9-A

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CLOSING

Continued from Page 1-A

students are removed from many of the resources, specialty classes, and other positive influences. Many students were enrolled in both schools this year for this reason.

Corbett also noted that an increasing number of students who attend CAHS are eligible for special education services. Federal law requires schools to provide the least restrictive environment for each student.

"The State of Michigan has changed the rules regarding who can teach at an alternative high school and what is to be taught. Both changes make it difficult for alternative high schools around the state to function," Corbett said.

But the impact on at-risk students currently enrolled in the alternative school will vary. Seniors will not be impacted at all and will graduate as planned. Freshman, sophomores and juniors will be impacted to varying degrees, according to Corbett.

"The counselors, students and staff are meeting individually and analyzing the specific needs of each student. This information will be used to prepare for next year, both by scheduling the student into appropriate classes and making adaptations as needed," Corbett said.

"Our responsibility is to program appropriately for all students. By bringing the majority of the supports to the

high school, we feel we will be able to better meet their needs," Corbett said, noting the move will create a number of benefits for the alternative high school students.

"Moving the students back to CHS puts students in the same building as our best services. Being a satellite program has removed the students from some services in the past," Corbett said.

She said moving the students back to CHS will allow them to take advantage of a wider range of elective classes without changing buildings. In addition, CHS will program specifically for the needs of the students who are currently underclassmen at the alternative high school.

"This move will compel CHS to rethink how at-risk students are systematically programmed for in terms of staffing and curriculum," Corbett said.

Corbett said closing the alternative program will also save the district money.

The program currently has three fulltime teachers and several parttime support staff. Two fulltime teachers will be reassigned within the district, and the third teacher will be reassigned to the high school to provide support for the impacted students, as well as other students who may have additional needs. The part time support staff will also be reassigned to the high school for student support.

Corbett said the student teacher ratio no longer warrants the staffing, resulting in a reduction in staffing and a

savings of approximately \$105,000.

But some residents are concerned about the closure of the alternative school.

Maureen Perdomo's son was enrolled in the alternative education program, but had a hard time dealing with stricter rules this year. He now attends the Center for Occupational and Personalized Education (COPE), a program administered by the Ann Arbor and Ypsilanti school districts. Perdomo believes the school needs to focus more on curbing the drop-out rate among at-risk students.

"I think the big question is what's going to be done to address the drop out rate," Perdomo said.

Senior Tara Murillo, who is currently enrolled at the alternative high school and will graduate this year, believes the closure of the school will have a negative impact.

"I think a lot of people are going to drop out. A lot have said they're going to," Murillo said. "It's not going to affect me, but I'm still really angry about it."

Marcia Hawker, who had two sons attend the alternative school, is also sad to see the school closed. "I think it's just a shame that it's closing. These kids need a place to go to school. They don't all fit into a square peg," Hawker said.

Staff Writer Jennifer McArdle can be reached at 475-1371 or jmcardle@heritaget.com.

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PROJECT

Continued from Page 1-A

exceeding our goal," said CCA Executive Director Jennifer Goulet.

The CCA is partnering with the Chelsea District Library, the Chelsea Area Chamber of Commerce, Chelsea Lumber, Sleeping Bear Press, River Gallery, and Edgar Norman Creative for the project, which is expected to be exhibited from Aug. 10 through September.

At the conclusion of the exhibit, the doors will be auctioned off, with proceeds supporting public art at the library and CCA programs.

Goulet said a call for artists will be issued this week and approximately 20 artists will

be selected through a juried process by the library's public art committee. Those artists will be responsible for participating in a community workshop, where they may choose to demonstrate a technique or share their skills in some other way.

Community groups such as the Chelsea Painters, Kiwanis Club, Rotary Club and others will also be invited to participate, as will the general community. Goulet also said a number of workshops will be held through the summer to help residents get involved in the project.

If the CCA is awarded the implementation grant, a local match will be required.

Those matching funds may come from community donations and in-kind support.

The CCA will also be issuing a call for doors to be donated to the project.

The Chelsea Center for the Arts was awarded a Community PARTners Artist in Residence (CPAIR) planning grant of \$500 from the MACAA. The grant is in conjunction with the Michigan Council for the Arts and Cultural Affairs (MCACA) to support the community public art project for 2006.

Staff Writer Jennifer McArdle can be reached at 475-1371 or jmcardle@heritaget.com.

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LIVING

THURSDAY, MARCH 9, 2006

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WASHTENAW COUNTY

University of Michigan building new hospital

The University of Michigan Board of Regents recently approved a schematic design for a new U of M C.S. Mott Children's and Women's Hospital, which will replace the existing facilities.

The University of Michigan Health System also received approval for a revised project scope, from 1 million square feet to 1.1 million square feet, as well as a budget of \$523 million.

Designed with the future in mind, the facility will span the length of two football fields, and include 284 private patient rooms with wireless computer access and family areas. They also will offer a dedicated pediatric emergency and urgent care center, space to accommodate an estimated 4,500 births each year, and an outdoor garden park.

The project, designed by HKS Architects, will be funded through philanthropy and hospital reserves, and is scheduled to open in spring 2011.

U of M has raised \$46 million toward the new hospital building project, including a \$25 million grant from the Flint-based C.S. Mott Foundation. The hospital will continue its fund-raising campaign, led by U of M

Regent David Brandon and his wife, Jan, and U of M head football coach Lloyd Carr and his wife, Laurie, for the duration of the building project.

"We've designed a magnificent state-of-the-art facility that will be a warm and compassionate environment for our patients and their families to receive care, as well as provide us with the space and flexibility for future medical advancements," said Dr. Robert Kelch, executive vice president for medical affairs at the U of M Health System.

"We're proud that the facility's design will enable us to provide the highest standard of care to our patients for many more years to come, and maintain our longstanding commitment to environmental stewardship."

Located on the terrace site of the medical campus, the facility will consist of two conjoined towers that will bridge inpatient and outpatient services within the same medical disciplines to create a programmatic approach to patient care on each floor.

For example, the obstetric and gynecological clinics will be linked to the Women's Hospital Birth Center, and the world-renowned Michigan Congenital Heart

Center will reside on its own floor in the facility.

Prominent in both size and scope, the facility will host wide spans of glass to bring natural lighting into the facility, and will provide inpatient rooms with scenic views of the Nichols Arboretum and Huron River.

The design also will incorporate curved forms and building insets that relate to the arboretum, humanizing the scale of the hospital. A sky-lit canopy will greet patients and guests while a two-story lobby and waiting area overlooking outdoor courtyards will create an inviting entry into the facility.

Within the 1.1 million-square-foot facility, 855,000 square feet will be designated for inpatient space and 245,000 square feet will be devoted to clinic and office space, which includes about 180,000 square feet of shell space for future growth and expansion.

Plans for the facility include 16 pediatric operating rooms, four pediatric surgical procedure rooms, four cesarean section suites, 20 rooms for antepartum or postpartum care, and 264 private inpatient beds upon opening with capacity for an additional 84 beds in the future.

The 264-bed count will consist of 30 for women's birthing, 26 adult and 28 pediatric for bone marrow transplants, 46 for pediatric intensive care and pediatric cardio-thoracic, and 40 for neonatal intensive care. In addition, all inpatient rooms will be equipped with special Hepa filtering air handling.

"In our current facility, it has become a challenge for us to keep up with increasing patient demand and make room for current advances in medical technology and treatment," said Patricia Warner, associate hospital director for children's and women's services. "That's why we've designed this new facility with the future in mind to not only fit today's medicine, but also tomorrow's innovations."

The facility also will be home to numerous pediatric specialty clinics, including psychology, autism, and orthopaedics; all within the U of M Department of Pediatrics and Communicable Diseases. There will be a committed area for both adult and pediatric bone marrow transplant patients and pediatric non-cancer infusion, too, with a dedicated infusion pharmacy on the floor.

Once this building project is complete, the existing hospital will be used to benefit the entire health system, primarily adult services.

To learn more about the fund-raising campaign and the new building project, visit the Web site www.med.umich.edu/mott.

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WASHTENAW COUNTY
Local home improvement show set

The Home Builders Association of Washtenaw County will hold its 16th annual Builders Home & Improvement Show March 17 through 19 at the Washtenaw Farm Council Grounds, 5055 Ann Arbor-Saline Road, in Saline.

Nearly 200 exhibitors, including kitchen and bath experts, window and door suppliers, custom builders, remodelers, landscape architects and handyman service specialists will be at the show.

The event, which will fill seven buildings with displays, will feature one entire building devoted to outdoor living, including landscaping designs, play structures, pools and spas.

"It's one-stop shopping for anyone who is interested in building, remodeling or improving their home," Maureen Sloan, Home Builders Association of Washtenaw County CEO, said in a press statement.

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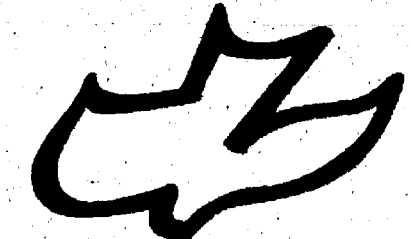
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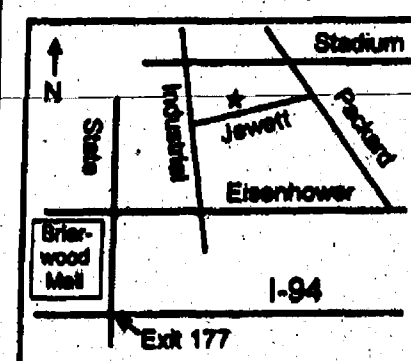
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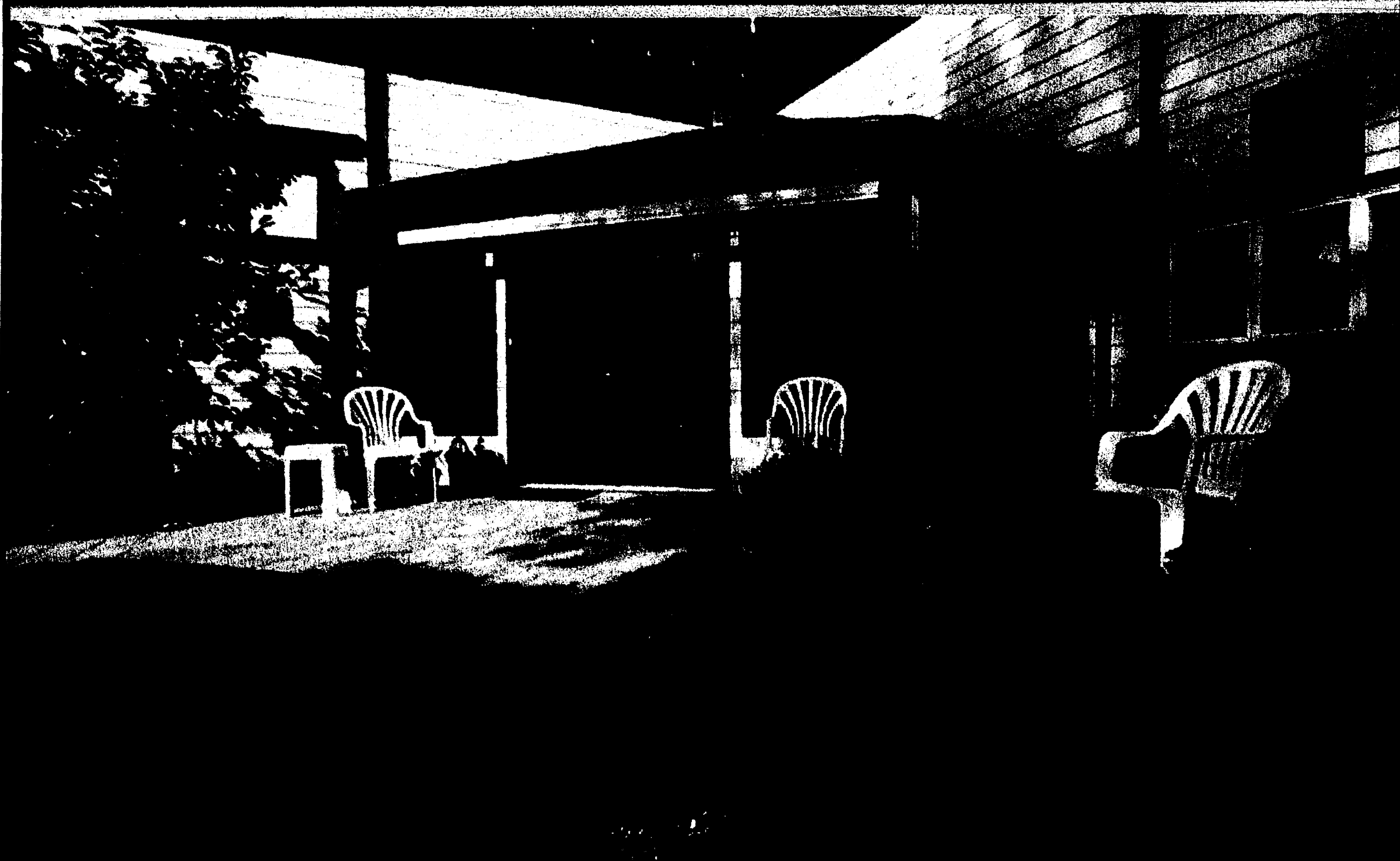
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ANN ARBOR NEWS



LaSalle Bank



— LEARNING ABOUT HISTORY —



Mary Pachella (left) and Helen Lease look at a gown with Helen Welford, an instructor at the Adult Learners Institute. Welford is teaching "History of Women's Dress." The vintage dress is from the instructor's private collection. For more information about classes at the Adult Learners Institute, call the Chelsea Senior Center at 475-9242.

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RIVER RAP

Strange spot for nest

One pleasant afternoon, while walking along a narrow path near the Huron River at Fuller field, I was startled by a sharp animal's call. It was even more startling to look down and see that I had nearly stepped on a bird. She stood her ground, pulled her wings back and shrieked at me.

She was, no less, a killdeer, a kind of plover named for its call: killdeer, killdeer. They're often seen in open fields close to water, like this soccer field by the Huron River.

"What's with you?" I said. "You're supposed to pretend to have a broken wing, and then lead me away from your nest."

Then it dawned on me that it was too late for that; she was sitting right on her nest.

At the time, I couldn't see the precious contents of the nest; instead, I inferred their presence from her shrieking and her body language. I backed away and she settled down.

We eyed each other warily for a moment. Then I heard a lawn mower. I surveyed the area, and estimated that the mower would arrive in about 20 minutes. What to do? I had passed the operators on the way in, and they were speaking Spanish to each other, a language I ought to speak but, alas, do not.

But wait, broken Spanish is better than no Spanish at all.



TUI MINDERHOUT

So, I thought of the words I would need as I walked over to call the operator. He cut the engine and greeted me with a friendly smile. I pointed to where the bird was on the path: "Sendero," I said, remembering Sendero luminoso, the "shining path" guerillas, who were active in Peru in the 1970s and '80s.

Then I said, "Aviano," my best guess for "bird." I flapped my wings to help make the point. The next word was easy: "huevos." Huevos rancheros, fried eggs with tortillas and refried beans, were on the menu at every Spanish restaurant. The last word was easy, too: "Atencion!"

Later, in an English-Spanish dictionary, I found senda for "path" and ave for "bird." But I seemed to have gotten through because the operator did not give me a quizzical look, but rather nodded in understanding before restarting his motor, still smiling. But was this enough? The bird was hard to see.

Fortunately there was no shortage of goose feathers. I gathered as many as I could and stuck the quills in the ground around the nest to mark a circle with a diameter of about 15 feet. The mother bird watched the construction, but made no more noise and did not fly off.

My frequent walks along the Huron have taken me back to the location of the

nest a couple of times now, and "feather-henge" is still there. Once the mother was away, getting a drink, and I went in close to see the nest, a minimal structure, with a clutch of three speckled eggs. She came toward me yelling and I retreated. The other times she was on the nest, and I just looked from a distance.

Killdeer have a 20- to 30-day incubation, and then another 20 days before fledging. And all on the ground in the open. What a bold way to start life.

Tui Minderhout is a member of the Huron River Writers. She can be reached at btsema@hotmail.com.

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The Chelsea Standard

COMMENTARY

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THURSDAY, MARCH 9, 2006

OTHER VOICES

McNamara left legacy

Edward McNamara, one of the state's most powerful leaders in the past quarter century, finally found a battle he couldn't overcome Feb. 19, when cancer claimed his life. He was 79 years old, and leaves a political legacy that will not be replicated in the near future.

Born poor to an Irish immigrant janitor in pre-Depression era Detroit, McNamara's beginnings were not unlike many others of America's "Greatest Generation." He served in World War II, married his high school sweetheart in 1948 and eventually fathered five children.

McNamara began to separate himself from the crowd as a local Livonia political leader in the 1960s. He served as a city councilman for eight years (1962-70) before holding the mayor's post for 16 years. Under his guidance, Livonia became one of suburban Detroit's jewels, a middle-class prototype of clean, beautiful homes on tree-lined streets with excellent schools and prominent recreation facilities.

In 1987, he took over deficit-riddled Wayne County as county executive. McNamara erased the county's \$135 million deficit; his administration recorded 16 consecutive balanced budgets.

McNamara's achievements while in county office helped shape southeastern Michigan. His administration planned and completed a \$1.6 billion expansion of Wayne County's Detroit Metropolitan Airport, taking it from one of the nation's worst facilities to what it is today. It also formed the Detroit Wayne County Stadium Authority, paving the way for the building of Comerica Park and Ford Field.

His administration also built the Dickerson jail in Hamtramck, the Wayne County Juvenile Detention Facility and a new Medical Examiner's Office. And also upgraded the slowly deteriorating county parks system.

One of McNamara's most inventive programs was pioneering cost-effective health



KARL ZIOMEK

care for the county's indigent and working poor.

Along the way, McNamara became Michigan's foremost political kingmaker. While personally survived by his wife, Lucille, five children and five grandchildren, his political legacy lies elsewhere.

Big Ed's machine helped create and/or position some of Michigan's key leaders: Gov. Jennifer Granholm, Sheriff Warren Evans, Detroit Medical Center CEO

Michael Duggan and Detroit Mayor Kwame Kilpatrick.

Ed McNamara's long reign as a political figure was not without controversy. As he exited office in 2003, FBI agents raided county offices. They sought documentation of campaigns being done on county time and links between private contractors and campaign contributions. A former deputy county executive and his wife were convicted of taking bribes from contractors, but McNamara was never charged with any crime.

Like many other well-heeled, powerful political figures who held office for lengthy periods (Chicago's Richard Daley, Dearborn's Orville Hubbard or Detroit's Coleman Young, for example), the public perception of their tenure often becomes somewhat muddled over time.

In McNamara's case, what is not jumbled is the fact that his political legacy survives and prospers in so many ways, from a prideful suburban community in Livonia to the bricks and mortar of the airport in Romulus and the stadiums downtown, and finally to his political proteges in office across the state.

When all is said and done, Edward McNamara remains one of Michigan's most influential figures of the past quarter century, a man known and respected for both his political and personal accomplishments.

Karl Ziomek is managing editor of The News-Herald. He can be reached at 1-734-246-0801 or kziomek@heritage.com.

OTHER VOICES

Quit playing games

Despite much bravado and fanfare, recent announcements from two of Oakland County's most noteworthy leaders did not make the Earth move. In fact, the Richter scale did not budge an inch.

Sorry, Mr. Oakland County Executive and Mr. House Speaker, your suggestions to revamp Michigan's ugly economy looked nice and felt good, but do we need another study and another ballot proposal to get anything done around here?

Last time anyone checked, we had a Legislature and a governor who are paid big bucks to lead on this issue.

L. Brooks Patterson concludes they are not. So he wants a statewide vote to blow up the state's hugely unpopular single business tax. To hear some of the media accounts of this proposal, you would have thought he had invented a cure for cancer.

The county executive grabbed the headlines, but conveniently left out any plans to refill the \$2 billion hole his single business tax repeal would create. He did hint that maybe some of that money would be needed to pay for essential state services, but he wasn't going to suggest any alternatives.

Not to be outdone, Speaker Craig DeRoche dazzled everyone with his not-so-original call for a "study to rank Michigan's competitiveness."

Stop the presses. We don't already know how bad off we are? Please.



TIM SKUBICK

But wait, the speaker has more: "This study will not be an indictment of any political party or branch of state government."

Ah, that must have been reassuring to the economic nervous Nellies in Gov. Jennifer Granholm's administration.

With a straight face, DeRoche also boldly suggests that once this beast is compiled, Michigan's business community should demand action from "the state's political leaders" to push the state into the Top 10 of everything.

Why should the state wait? Those demands are very audible right now.

Where were Patterson and DeRoche three years ago when the state's economy was tanking? They, along with the governor, were hoping against hope that Michigan would be the comeback state sooner than later.

But later is here and there is no comeback. These guys are fiddling while the state burns. Instead of a petition drive, Patterson should just tell his GOP buddies who control the House of Representatives and the Senate to get off their studies and just do it.

Some say that leadership means doing what you think is right and not worrying about the next election.

If that was being practiced in the Capitol, all the glorious rhetoric about studies, petition drives, task forces and God only knows what other delaying tactics would be

See GAMES — Page 9-A

STREET TALK

By Jennifer Sinkwits

What is the first thing you are going to do when the weather breaks?



"I am going to get a cup of coffee and head to the lake so I can feed the ducks."

Patricia Thomas
Chelsea



"I am going to plant my vegetable garden."

Karin Rettig
Lima Township



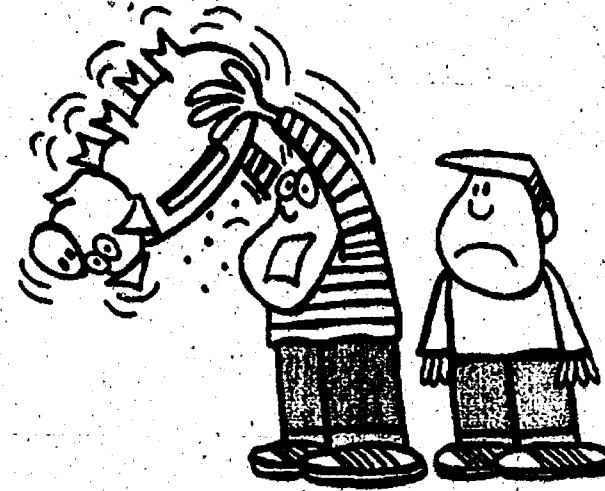
"Spend as much time outside."

Sarah Smashey
Lyndon Township



"I want to go golfing with my dad at Inverness Country Club."

Harvey Rauch
Dexter Township



DANIEL FENECH
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"UNFORTUNATELY, I LEARNED MY MONEY MANAGEMENT SKILLS FROM MY PARENTS."

OTHER VOICES

Forgive me, Father

Forgive me, Father, for I have sinned. It had been two years since my last visit to White Castle.

It's a blessing, I suppose, that the royal burger haven has no locations in Pennsylvania. But that's what makes the trips to New York so beneficial to my much-improved appetite.

It pays to have an Italian girlfriend from Long Island who has a similar affinity for greasy, should-be-disgusting-but-aren't burgers. (Seriously, 49 cents each. That's just asking for trouble.)

But I've been doing better, Father. Really I have. Check this out - you'll be proud. For about two months now, I've been going to a gym. Yes, a gym. Treadmill, exer-cycle and some big muscle machine that Chuck Norris promotes on TV. I haven't faltered yet. I get points for persistence, right?

But then, White Castle, I know. And it all gets shot to you-know-where. They're so small and slimy. But full of flavor and grilled to perfection, or as close as possible. Have you tried them? Let me tell you some more before laying down your judgment.

Remember my Taco Bell addiction? Sure you do. During my last confession, you sneered at the nacho cheese stain left on the kneeler. (Technically, you never saw me eating and, technically, there's no sign in here that says "No food or beverage.")

Anyway, the Bell has become much more controlled. Jan. 27 - that was my last time. And it had been weeks before that. And after all this good behavior, White Castle. A tray of 20 little burgers really only boils down to a small, regular-sized meal. Ask anyone. It's more of an experience than a sit-down meal.

Let me offer some more good highlights, though. I

can sense you need more convincing.

My typical dinners have improved by leaps and bounds.

Not just leaps, mind you. Bounds aren't anything to sneeze at. I'm eating salmon, lean turkey, brown rice, more vegetables, less beer, more water, less soda. Leaving off the mayo on tuna subs, and I can't tell you the last time I had a hot dog. I'll wait for some applause.

Now you knew me a few years ago. Remember when they came out with smoked SPAM? Stick the word "hick-

ory" or "mesquite" on anything and all of a sudden it becomes a delicacy. Well, it worked with me. When company was coming over, I'd scrape that pink goo that's glazed over the SPAM and spread it on crackers for appetizers. I rarely had company after that. Still don't get many visitors to this day. But that's OK because I'm at the gym, remember?

See, Father, that's the whole point of this confession. Not to show off my new sculpted physique or brag!

See FORGIVE — Page 8-A



CHRIS BARNES

See FORGIVE — Page 8-A

See FORGIVE — Page 8-A

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Periodical postage paid at Chelsea, MI 48118

ISSN # 1524-3486

Office hours: Monday through Friday 8:30 a.m. to 5 p.m.

World Wide Web: www.heritage.com

The Chelsea Standard is published every Thursday by

Heritage Newspapers

A Journal Register Company Newspaper

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ROBOT

Continued from Page 1-A

with the team," he said, noting that some students did their homework during the work sessions and they helped each other with their studies.

The team is made up of 20 students: president Josh Riley, vice president Jeremy Richardson, Erin Bergman, Anna Brieland-Schultz, Brian Clark, Joel Dyerly, Jillian Fischer, Joey Hansen, Zach Hellie, Jacob Kitchens, Mandy McClung, Lucas Kizer, Amy McClung, Corey Robertson, Adam Rogacki, Ryan Schroeder, Liz Spencer, Jake Vogt, Alex Wood, Nick Worthington, Heather Zamenski, Amelia Raines, Warren Dyerly and Stephen Patrias.

Kizer said interest in the program has grown since its first year.

"Last year, we had 15 students, so we've definitely increased," Kizer said.

Students learn management skills, as well as how to work together efficiently and to be better team players. On the technical side, they also gain hands-on experience with mechanics and fabrication, along with electronics, pneumatics and programming.

"They're all going to walk away with something from this program," Kizer said. "We are giving kids an experience that they can't get anywhere else."

Kizer said the level of support the team receives from the community is wonderful. "The community support has been fantastic. I think we got some momentum going here," he said.

Much of that support comes in the form of mentors, who assist the team by providing various levels of expertise.

"I found it to be just the most incredible experience ever," Kizer said. "I don't know how to emphasize how amazing this program is."

In addition to Kizer, other mentors include Scott Allen, Kelly Butcher, Chris Bergman, Craig Butcher, Rich Fortson, Dale Grover, Donald Locker, Keith McClary, Jerry McClung, Chris Rill, Steve Robertson, Michelle Schroeder and Ryan Shutes.

"The team wouldn't be able to do it without them," Bentley said of the mentors.

But the mentors don't do the work for the team.

"This is all done by the students. They think it up and the mentors help it happen," Kizer said.

The team participates in the robotics competition with the help of its sponsors. Chelsea's DaimlerChrysler Proving Grounds provided the primary funding for the team, as well as the opportunity to participate in the national competition.

In its rookie year, the team received \$30,000 from the Chelsea Proving Grounds and this year the company donated \$35,000 to the team,

as well as an additional \$10,000 to send them to nationals.

"We feel very fortunate to have Chrysler," Kizer said, thanking DaimlerChrysler AG employees Jane Morse, Kipp Owen, Bob Guysky, and Larry Baume, who assisted the team.

Several other local businesses have also contributed to the success of the team. Chelsea Comfort Inn and Conference Center donated a room for Bentley, who lives out of town, on many occasions when the team was working late nights to complete the robot.

Other sponsors that donated financially or contributed parts, equipment and support included Ann Arbor Machine, Advanced Technology and Testing, Bulldog Computers, Carter Lumber, Chelsea Lumber, Chelsea Milling Co., ACTI, Dyntek, Mike's Home Repair, Pinnacle, Putterz and Solidica.

A \$6,000 grant from NASA helped cover the cost of the

basic robotics kit for the team, as well as the entry fee for regional competition. As part of the grant, the team also applied for the Chairman's Award, which required the students to submit a 30-second 3-D animation, 3-D computer animated draft of the robot, a written explanation of the project, and an interview with the judges.

"There's a lot more to this than just trying to design and build a robot in six weeks," Kizer said.

The team's rookie year was 2005. In their first year, the team won the Rookie Inspiration Award at the Great Lakes Regional Competition, which is the second highest award at regionals. They were also the only rookie team chosen for the semi-finals at the Boilermaker Regional, and they won the Rookie Highest Seed Award at the Boilermaker event for scoring the most number of points for a rookie team.

Following the regional competition in Ypsilanti this week, the team will travel to Purdue, where they will be among 29 teams competing at the Boilermaker Regional event March 16 through 18.

The team also will travel to the 2006 Championship Event, which will be held at the Georgia Dome in Atlanta. The championship is the final and largest event of the robotics competition. There are currently 230 teams registered for the championship, which will take place April 27 through 29.

Kizer said several slots are available to second-year rookie teams at the national competition, and the Chelsea team was lucky enough to be one of them.

"It would be nice to win our way down there, but we're going to get to go down there and see the best of the best competing," he said.

Staff Writer Jennifer McArdle can be reached at 475-1371 or jmcardle@heritaget.com.

CONCERT

Continued from Page 4-A

boosters president.

"A parent who had moved from the East Coast said her old booster group had put this type of concert on," Personke said. "I thought it was a great idea."

"As Yvonne and I have worked on a million projects together over the year, I knew she was the perfect person to approach. She said yes, and now we're in our third year."

Chelsea High School Principal Ron Mead will serve as master of cere-

monies.

"Ron brings his inside knowledge of the staff and wonderfully dry sense of humor to the stage," Personke said. "He hosted the inaugural event. Principals Andy Ingall and Julie Deppner filled in last year and even showcased their stand-up comedy routines."

Mead said he is always surprised at the unexpected and diverse talents of his staff.

"All these years I thought Eric Smith was just into science and Dave Brinklow into swimming," he said.

But the biggest surprise has come from his peers,

Mead said.

"Who would have thought that administrators could sing," he said.

Mead encourages families to come and enjoy the show.

"It's really a lot of fun and it's great for students to see that there's a lot more to their teachers than homework."

Tickets for assigned seats are on sale at the Chelsea Pharmacy, with general admission at the door. Tickets are \$8 for adults, and \$5 for students and senior citizens.

Sheila Pursglove is a freelance writer. She can be reached at bingley51@yahoo.com.

GAMES

Continued from Page 8-A

chucked out the window.

What we have instead is a political game of chicken. The governor says she offered a single business tax plan last year and the GOP rejected it. Fine, then come up with something else.

Likewise, the GOP

Legislature handed the governor a 21st century jobs program, which is a major plank in her re-election effort. The GOP candidate for governor, Dick DeVos, was not pleased. So now, Republicans are loath to come up with anything else on the single business tax that makes the competition look good in an election year.

Instead of action, we get

this claptrap about a study and a petition drive, which will simply eat up more time until after the election.

Then, when everyone can breathe a sigh of relief, something might be done.

Maybe.

Tim Skubick is the host of the public TV show "Off the Record" and also provides regular commentary for WWJ-AM Radio 950.

FORGIVE

Continued from Page 8-A

about this Hollywood-style diet. I'm coming clean to you that I messed up. But it wasn't my fault. White Castle was on the way to a beautiful baptism. And that's an act of God, right? One shouldn't go to such an event hungry. And at 49 cents a pop, plus onion rings (at a perfect crispness), I slightly slipped off the wagon. Twenty burgers, onion rings and a few Cokes. I'm not a proud man, Father. I'm ashamed. I've failed you, myself and Chuck Norris.

Let me suggest my own penance. Double-time on the treadmill, more water than sugar drinks and no more desperation late-night pizza. I'll stick to this. But, we may

be meeting again sometime soon. My calendar shows a wedding in about 10 months. Shall we set a time to meet now?

Amén.

Chris Barnes is the editor of The Free Press and The Saucen News, part of the Journal Register Co. He can be reached at tfp@berksmont-news.com.

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NOW AVAILABLE IN UNITED STATES

Product used in Japan for 71 years relieves pain in 10 minutes without taking dangerous drugs

Cuts pain relief costs up to 90%

Relieves pain from arthritis, back, carpal tunnel, joint pain, sprains, strains and more

By John Whithead, Media Services

A product that relieves pain in 10 minutes without taking dangerous drugs has been used safely in Japan for 71 years. It is now available in the United States.

This product is a patch that contains ingredients that not only relieve pain quickly, but, also help remove toxins from the damaged area.

It can cut your pain relief costs up to 90% less than taking pain relief drugs.

This product is being offered in the United States by BioTech Research under its brand name of PainNOT™ Patches.

PainNOT™ Patches relieve pain from arthritis, back, carpal tunnel, joint pain, sprains, strains, sports injuries and more. It relieves pain for 8 hours for each patch application.

PainNOT™ Patches are super easy and convenient to use. They do not have the mess, odors, and stain problems of pain relief creams. The patch contains the ingredients in layers of fiber. When applied to the skin, the ingredients then penetrate deeply through the skin to the source of the pain and muscle, joints and bones. The patches come in a variety of sizes.

Therefore, you can put the PainNOT™ Patches on large areas such as your back, or on small areas such as fingers and toes. The patch is also thin and lightweight unlike the big bulky pain relief wraps that are on the market.

For more details on the PainNOT™ Patches here is my educational interview with John Whitake, Chief of Staff, Product Development for BioTech Research.

Q. How did this pain relief method used in the PainNOT™ Patch originate?

A. Its origin is in ancient Oriental medicine. It is now well known to science that there are many remedies from Oriental medicine are now proving to be very effective in clinical studies.

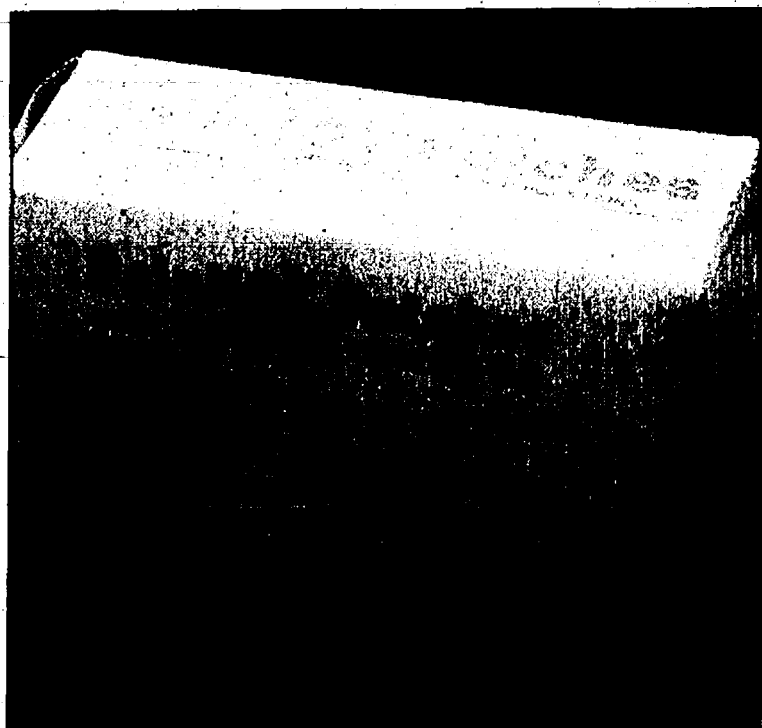
This particular Oriental pain relief method was brought to market commercially by a Japanese pharmaceutical company in 1934. But they took it a step further. They took the ingredients that brought the pain relief from the Oriental medicine remedies and put them in a remarkable patch. This patch has the ingredients in very advanced forms of fiber. When the patch is applied, the ingredients are released over a long period of time through the skin deeply into the muscles, bones and joints to the source of the pain.

There are many benefits to a pain relief remedy that goes directly to the source of the pain.

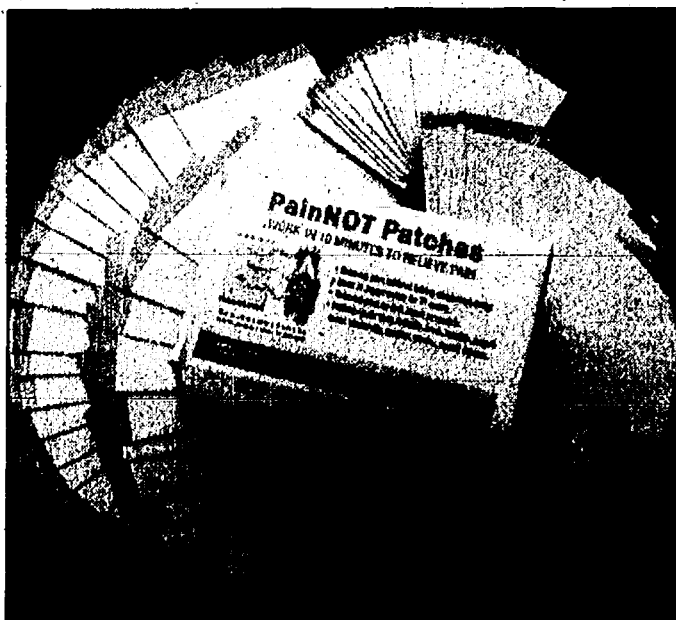
Q. What are the benefits derived by going directly to the source of the pain?

A. First of all, the pain relief is faster. You don't have to wait for the digestive process to get results. Pain relief with these patches start in 10 minutes.

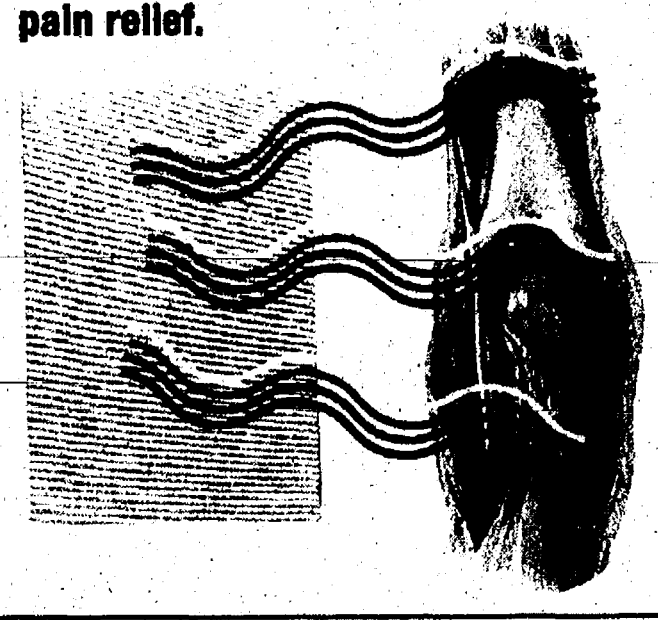
Going directly to the pain source also has this major health benefit. You are not putting pain relief substances all through your body in places where they are not needed, but, rather you concentrate the substances at the



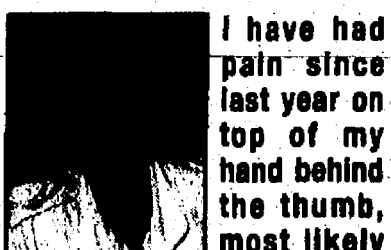
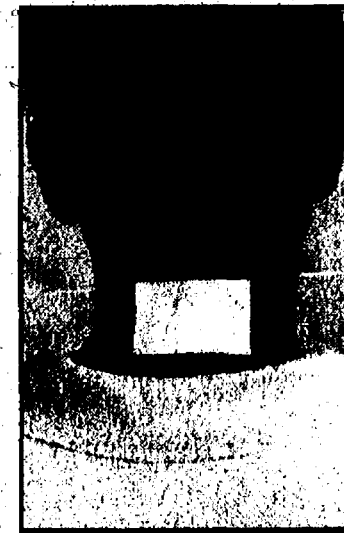
Each container has both small and large patches.



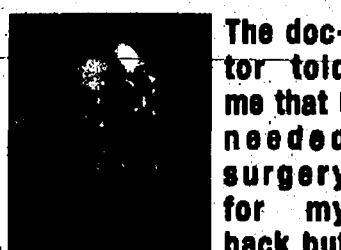
Ingredients in the patches penetrate to the muscle, joints and bones for pain relief.



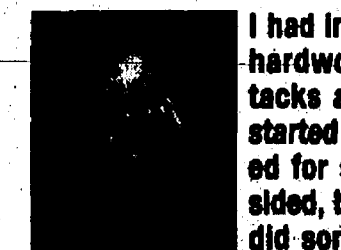
Simply peel patch from backing and apply.



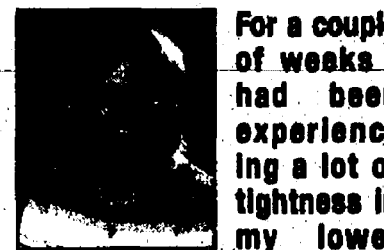
I have had pain since last year on top of my hand behind the thumb, most likely caused from golf plus bone inflammation or arthritis. It gets worse whenever I play golf. Up until now, I've only used Naproxen. PainNOT Patch has worked great for me. I wear the PainNOT patch when I play golf, and it stays on very well, especially as my skin gets warmer. I really love using them. Shirley Pruett



The doctor told me that I needed surgery for my back but I did not want to go through that. Now when I feel pain in my back I use the PainNOT Patch. In 10 minutes I start experiencing movement in my back again and even the next day my back feels wonderful. Your product is incredible and I'm glad that I used the PainNOT Patch. Mike Blubaugh



I had injured my elbow awhile ago when I refinished my hardwood floors. After all of the sanding and pulling tacks and staples that were embedded in the wood, I started getting a very sharp pain in my elbow which lasted for several months. The worst of it eventually subsided, but it still gets aggravated with overuse. I recently did some heavy gardening, and the pain and stiffness came back again. I applied the PainNOT patches to my elbow. I honestly did not expect much in the way of results, because I had already tried sports creams and also an elbow sleeve that has a sports cream in the sleeve. Neither worked at all. That's why I was surprised when the PainNOT patch actually took the pain away! They worked so well that I almost forgot I had been in pain. I also tried the patches on my back after I was feeling some stiffness. I just love these patches - they've worked for me where other medication has failed. I also love how the medicine is applied on the patch. You can cut them to any size and they will still stick to your skin. I'm going to make sure I keep a supply of PainNOT Patches in my medicine cabinet from now on because they work so well on those aches and pains I always seem to have. Laura Palka



For a couple of weeks I had been experiencing a lot of tightness in my lower back. I had tried pain relievers and medicated creams and I just couldn't get relief. I tried the PainNOT Patch and it started to soothe my back almost immediately. The patch is very thin and discreet so I didn't worry about people asking me what I had on my back. Soon after applying the patch my lower back felt great. Audra Boone

point of the pain.

Also, you are not putting pain relief substances through the liver, which is one of the main causes of side effects of ingestible pain relief remedies.

Not only is the PainNOT Patch safe to use, but, it also helps the body carry toxins away from the damaged area causing the pain.

Q. So there are no side effects such as all the problems with the many pain relief drugs causing heart attacks and strokes?

A. No, there are not. This product has one of the longest records of real life safety measurement. It has been used safely for 71 years.

Q. How long does the pain relief last?

A. Each patch application relieves pain for up to 8 hours.

Q. Why do many of the pain relief drugs cause heart attacks and strokes?

A. The main mechanism of action of these synthetic drugs is COX-2 Inhibition. The COX-2 enzyme causes inflammation by stimulating the bad prostaglandins which are hormone-like substances in the body.

But, these synthetic drugs can produce bad side effects because the COX-2 enzyme is also necessary for cardiovascular health. Therefore, by eliminating it completely or limiting COX-2 too much,

adverse cardiovascular effects can occur, as you have seen in media reports and the recall of a number of these synthetic pain relief drugs.

Q. How do the PainNOT™ Patches work to relieve pain?

A. The ingredients cool and reduce inflammation. Then the ingredients gently warm the damaged area deep to muscles, joints and bones.

The natural response of the body to the increased temperature is to try to maintain a condition of homeostasis. That means that the body automatically tries to lower the temperature in the area. Therefore, it expands blood vessels to increase blood flow.

When the PainNOT™ Patch delivers heat to the tissues, the blood vessels actually increase in diameter via a change called vasodilation. Then oxygen and nutrients in the bloodstream are able to pass through the walls of the blood vessels more easily and carry toxins away from the damaged tissue.

In addition, toxic substances causing inflammation and pain in the damaged cells can then pass back into the bloodstream much more easily. The toxins are then filtered and eliminated by organs such as the kidneys, the lungs, and the digestive tract. As the damaged, inflamed areas receive the increased supply of blood,

the cells are nourished and cleansed and inflammation is reduced. A person then experiences pain relief.

The heat also relaxes muscles and expands other tissue to relieve tension and pressure on nerves.

Also, the patches are made with cloth fabric which breathes. Typical patches are made of rubber which cause perspiring.

Q. How do readers get the PainNOT™ Patch?

A. They will not be in stores for an extended period. In the mean time, readers can order directly from BioTech Research.

End of interview.

PainNOT™ Patches come in a giant size box of 60 patches (30 large patches and 30 small patches) for \$49 plus \$3.95 shipping and handling. Readers who want to obtain PainNOT™ Patches can get a \$20 discount plus free shipping and handling if they order in the next 10 days and get the patches for only \$29 a box delivered. There is a strict limit of 3 boxes at the discount price - no exceptions please. Please see the Special Readers Discount Coupon on this page. Those readers ordering after 10 days from the date of this publication must pay regular price.

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WASHTENAW COUNTY

Local students earn honors

Many local students recently received college honors.

Meredith Ingram of Dexter graduated in fall 2005 from Baker College in Jackson with an associate's degree in business administration.

Marcia Ottoman, Debbie Marsh and Kevin Riddle of Chelsea, and Samantha Stoll of Dexter, made the dean's list at Baker College during the fall 2005 semester.

Lake Superior State University's dean's list for the fall 2005 semester included senior Adam Schmid of Chelsea, who is majoring in fire science, and senior Chelsea Sparrow of Dexter, who is majoring in athletic training.

Kathleen Personke, daughter of William and Shawn Personke of Chelsea, made the dean's list at Ohio Wesleyan University for the fall 2005 semester.

Ferris State University Academic Honors List December 2005 included Jennifer Adams, Glen Hillaker, Ashley Houle, Kaylyn Rohkohl and Melaney Truesdell, all of Chelsea, and Kathy Lewis of Dexter.

Brandon Fitzsimmons was named to the fall 2005 dean's list at Taylor University in Upland, Ind. He is a freshman majoring in English education. The son of Michael and Sharon Fitzsimmons of Gregory, he is a Chelsea High School graduate.

Kelly Jackson, a Chelsea High School graduate, made the dean's list at Adrian College for the fall 2005 semester. She is a junior majoring in communication-argumentation advocacy.

Elin Ridenour of Dexter made the dean's list at Spring Arbor University for the 2005 fall semester. She is a freshman majoring in biology.

Joan Snyder of Dexter, daughter of Arthur and Janet Snyder, made the dean's list at Spring Arbor University for the fall 2005 semester. She is a junior majoring in business administration.

Central Michigan University's 2005 fall semester honors list included junior Christopher Bauer, senior Tara Koch, senior Adam Montero, junior Heather Tanner and junior Jennifer Wright, all of Chelsea.

Senior Michael Drexler, junior Joel Gray, freshman Daniel Monson, senior Melissa Nadeau and senior Kathleen Walsh, all of Dexter, were also in the list.

Sarah Brigham has been named to the dean's list for the fall 2005 semester at Albion College. She is a junior majoring in political science. Brigham is hoping to be an intern in Washington, D.C., this coming summer. She is a 2003 graduate of Chelsea High School, and the daughter of Michael and Kathleen Brigham of Chelsea.

Joyce Lewis of Chelsea made the dean's list for the fall 2005 semester at Aquinas College.

Grand Valley State University fall 2005 dean's list included Kelsey Benton, John Callery, Kathrine Hardcastle, Elizabeth Hungerford, Keith Nadolny, Kirra Sheremet, Tracy Stetson, Trisha Terns and Evan Wilkey, all of Chelsea.

Courtney Johnston, Amanda Pettit, and Meredith Stilwell, all of Dexter, were also on the list.

David Ganzhorn, a senior majoring in computer science at the University of Rochester, has been named to the dean's list for academic achievement during the fall 2005 semester. Ganzhorn, a resident of Dexter, is the son of Robert and Ruth Ganzhorn, and a graduate of Dexter High School.

Denison University Dean's List for the fall 2005 semester included Anne Rogers, daughter of David and Patricia Rogers of Ann Arbor, a 2002 graduate of Dexter High School. She is a senior majoring in environmental studies.

Leigh Rogers, daughter of David and Patricia Rogers of Ann Arbor, a 2002 graduate of Dexter High School, is also on the list. She is a senior majoring in religion.

Margery Evans, daughter of Rawden and Cynthia Evans of Ann Arbor, a 2003 graduate of Dexter High School, also received the honor. She is a senior majoring in biochemistry.

Brian Bailey of Dexter made the dean's list for the January session at University of Northwestern Ohio College of Technologies.

Nathan Hinderer of Chelsea made the dean's honor roll for the fall 2005 semester at Lawrence Technological University.

Casey Johnson of Chelsea graduated from Ferris State University in December 2005 with a bachelor's degree in marketing.

Kate Steele of Chelsea graduated from National

Louis University's National College of Education in August 2005 with a master's degree in technology education.

Michalak Christopher of Chelsea graduated in December from Kettering University.

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WASHTENAW COUNTY

Science fair Saturday

For the 19th consecutive year, the Southeastern Michigan Science Fair returns Saturday to Washtenaw Community College.

Now in its 48th year, the fair was organized to spark student interest in scientific projects. The remarkable array of experiments, models, collections and senior exhibits in six categories will be on display in the WCC Morris Lawrence Building and open to the public from noon to 4 p.m.

The fair, which is run by WCC and the University of Michigan office of Women in Science and Engineering, is supported by a major grant from Pfizer Inc. Pfizer scientists also help with the judging.

The fair is open to public, private and parochial schools in Hillsdale, Lenawee, Livingston, Monroe and Washtenaw counties.

Competitions are separated into two divisions, middle and high school. Sixth-, seventh- and eighth-graders are eligible for the Middle School Division, and are encouraged to exhibit exper-

iments, models, and collections.

Student teams of up to three members will again be allowed to enter and be judged in a separate category. The purpose of this category is to encourage cooperation and teamwork in approaches to science exploration.

Students or teams in the High School Division, grades nine through 12, submit exhibits in biology, chemistry, physics/engineering, mathematics, Earth science and science and society. The top 10 award winners are eligible to attend the Michigan Science and Engineering Fair in Detroit in April.

Exhibits are evaluated by judges. First- and second-place Grand Award winners are invited to attend the International Science Fair in May, all expenses paid.

Following judging, the fair will be open for public viewing from noon to 4 p.m.

For more information, contact Fair Director Cinda-Sue Davis at csdavis@umich.edu or call 1-734-615-4455.

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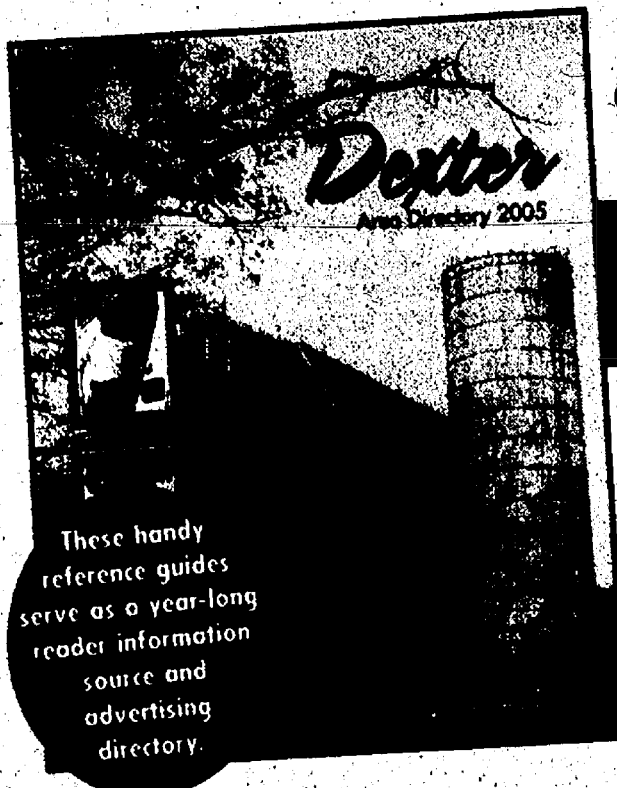


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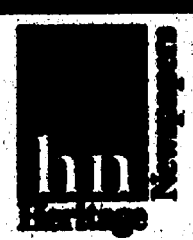
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CHELSEA LANES

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CALL 734-475-8141

LOCAL COMPANY—GIVING \$1 MILLION TO SUPPORT LOCAL NON-PROFITS

■ From the small community of Hamburg, Michigan comes a landscaping company with a big heart. Todd's Services, Inc. (TSI) was started by what many in the community still refer to as two young local boys, brothers Todd and Kurt LaButte. They have grown their business from a single lawn mower and rake, to the largest residential landscaping company in Michigan. TSI is celebrating 28 years of business and continues to grow.

In 2004 and 2005, TSI experienced record sales growth. This is amazing considering the economy in southeast Michigan is not the most robust. This unprecedented growth is the main reason why TSI developed the *Give Back to the Community* program with a commitment to give one-million dollars to local, non-profit organizations over the next couple years. Owner Todd LaButte states, "local fund raising groups and non-profit organizations are in need. We thought this would be the perfect way to thank our customers and reward their favorite local organization." Through the *Give Back to the Community* program, TSI donated tens of thousands of dollars to local organizations last year. They are on pace to give back one-million dollars over the next couple years. "We



Todd's Services, Inc. has been transforming landscapes in and around the community for over 28 years, everything from design to implementation

feel strongly that the community has supported us and we want to return the favor," says Sherry LaButte-Birk / Office Manager. "After all, the quality of this community is why we all chose to live

here and we want to do what we can to help support it."

This is how their *Give Back to the Community* program works. When TSI landscapes your project, they will donate 3% of the

job total to the local non-profit organization of your choice. Local non-profit organizations qualify, including: fund-raisers, churches, schools, sports teams, subdivisions, and many more.

To date, Todd's Services, Inc. has donated \$125,000+ and is on pace to "Give-Back" \$1,000,000 to the community over next couple of years.

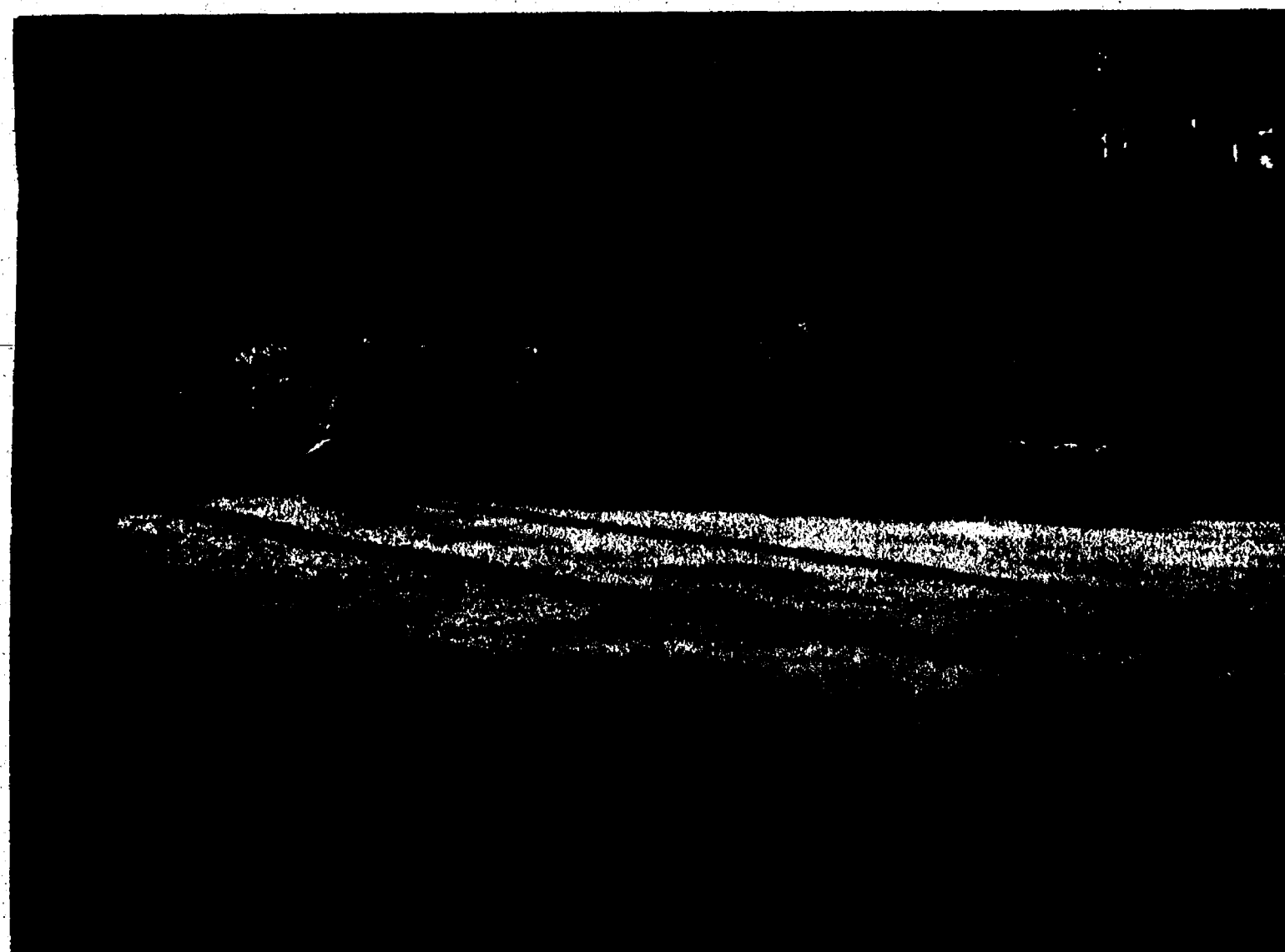
TSI Donates to the Coach Carr Cancer Fund for the U of M Cancer Center

With deep appreciation we thank Todd's Services, Inc. for joining our extended team in the quest for the cure. Through their continued generosity to the Coach Carr Cancer Fund the faculty and staff of the U-M Comprehensive Cancer Center will be assisted in providing vital patient care programs for cancer survivors and their extended families through one of life's most difficult journeys.

Laurie and Lloyd H. Carr,
U-M Head Football Coach &
Max Wicha, M.D., Director, U-M
Comprehensive Cancer Center

Following is a short list of organizations that have been added to the program;

- Coach Carr Cancer Fund
- Hamburg Family Fun Fest
- St. Joseph Parish of Dexter
- Thin Blue Line of Michigan
- Fowlerville Rotary
- Hilton Elementary School
- Howell Nature Center
- Meals On Wheels
- Pinckney Varsity Football
- Prairie View Hills Homeowners Assoc.
- Dawn Farm
- Church of the Holy Family
- Fowlerville Rotary
- Horning Elementary PTO
- Boy Scouts of America
- United We Serve Hospitality House



Todd's Services Guaranteed!

A major factor to TSI's success can be explained by the introduction of a new price guarantee program. "We made the bold statement that we guarantee TSI will be a customer's best value, or we will give the customer 10% of our bid in cash," said Todd. "With our 10% price guarantee program, we had many more opportunities to make contact with homeowners a second time. "This has allowed us to help the customer compare apples to apples," commented Kurt LaButte, owner. "Landscaping can be expensive, and we want the customer to get the most for their money."

The price guarantee is simple; TSI will be a customer's best value on landscaping, if they are not, they will give the customer 10% of their bid in cash. In addition to being the customer's best value on landscaping, they will donate 3% of the job total to the local non-profit organization of the customer's choice.

Kurt, Todd, Sherry and all the staff at Todd's Services, Inc. would also like to thank the public for voting them the best landscaping company 6 years in a row!

TSI still offers all of the services as in the past, including full color landscape designs, lawn installation, retaining walls, trees, shrubs, ponds and water features, sprinkler systems, decks and outdoor structures, brick pavers, concrete, sea walls, and much more. Various financing programs are available including up to 12 months same as cash with no interest or 8.9% financing with a monthly payment.

If you are involved with a non-profit organization and would like your group to receive money, or if you want TSI to be your best value on landscaping, contact Todd's Services for details: 1 800 HYDROSEED, (810) 231-2778 or visit them on their website at www.ToddsServices.com.

\$1,000,000

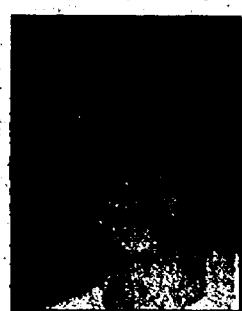
GIVE BACK TO THE	\$975,000	COMMUNITY PROGRAM
	\$950,000	
	\$925,000	
	\$900,000	
	\$875,000	
	\$850,000	
	\$825,000	
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	\$25,000	

COMMUNITY

THURSDAY, MARCH 9, 2006

PAGE 1-B

YOUR HEALTH

PAULA
HERZOG

Pick good food choices

Step up to nutritional health. Doesn't that sound like good advice?

Well, it is National Nutrition Month and this is the theme for 2006.

You might not focus your attention to all of the various monthly health themes, but why not use March to "step it up"? You may find the tips here useful and we will try to make them fit into busy lifestyles.

For a start, what could be better than stepping up breakfast? Future columns will focus on lunch and supper.

First, get to the grocery store. Tell your family that you're looking for meal ideas to get them off to an even better start each day and that this month you want to experiment. This creates an environment of interest and gives meaning to the changes you make.

Second, remind them of the major nutrition categories, or the four basic food groups. Even a 4-year-old can remember a fruit and vegetable group, a grain group, a meat or meat substitute group and a dairy group.

Each meal needs all four groups to be balanced. When you tell them this, it will give them the "why" behind excluding just milk and cereal as a meal option, or toaster pastries alone. When the kids know what you are up to, they may have ideas of their own.

Third, use these ideas as starters:

BREAKFAST BURRITO

- 1 tortilla (grain)
- 1 cheese slice (dairy)
- 2 T salsa (fruit/vegetable)
- 1 egg, scrambled (meat sub)
- Tomato juice or orange juice

SWEET 'N' YUMMY

- 1 muffin, any flavor but only 2 oz. (grain)
- 2 T peanut butter (meat sub)
- 1 T honey or cinnamon sugar
- 1/2 banana, sliced (fruit/veg)
- Cocoa (dairy)

See FOOD — Page 3-B

Along with learning good manners, how to tie one's shoes and hand washing, children should learn nutritional skills at a young age, says Paula Herzog, who is offering her help.

Eating right boils down to making good food choices, says Herzog, a registered dietician who will begin writing a column for The Chelsea Standard and The Dexter Leader.

Nationally certified in weight management, sports nutrition and diabetes education, Herzog has spent most of her career dealing with proper nutrition related to teens and young adults.

She said nutritional health problems of those 14- to 24 years old are dramatic, but she is optimistic that learning good nutritional health earlier in life will make a difference in the future.

"There is reason to take the early habits with food much more seriously," she said. "There is a 600 percent increase in diabetes in the young and this age group is morbidly overweight enough that insurance companies are approving gastric bypass surgery in an effort to keep the gaining."

For a decade, Herzog served as nutrition specialist for all 22 University of Michigan athletic teams and the 10 U of M residence halls.

"That's the cool job that lured me away from my teaching post at Purdue University, where I taught pre-med and nursing students," she said.



Photo by Rita Fischer

D.J. Fischer makes wrap sandwiches in Paula Herzog's teaching kitchen. Herzog, a registered dietician, will write a newspaper column and teach classes through Chelsea Community Education.

Herzog then worked with Shape Down, a program run out of St. Joseph Mercy Hospital that addresses family concerns related to overweight children.

Now, she wants to reach younger children and parents in western Washtenaw County.

"I will feel successful if I help kids feel confident that they know how to eat well and they feel motivated to do so," she said.

"I look forward to seeing how I can help some of the local pediatricians and family practice physicians."

Herzog is available to work

with children, groups and individuals at home. In addition, she will be teaching classes through Chelsea Community Education. She can be reached at 1-734-945-4609 or via e-mail at paula8well@yahoo.com.

March is National Nutrition Month and this

year's theme is "Step Up to Nutrition and Health." With this in mind, Herzog offers these tips:

• **Colorful Plate:** By adding sweet potatoes, blueberries, carrots, peas, apricots and tomatoes to your meals, you're adding fruits and veg-

See ADVICE — Page 3-B

Teams prepare for event

Jazzercise team receives Diamond Award for fund-raising efforts

By Rita Fischer
Special Writer

No one has to remind Juli Huddleston that this year's Western Washtenaw Relay for Life will be held in April instead of June.

She has her calendar marked for April 29 and 30.

Huddleston, captain of the Jazzercise team, is already rallying the troops, who received a boost Feb. 13 at the Western Washtenaw Relay for Life Kick-Off event when members received the Diamond Award for their fund-raising efforts. The award recognizes teams that raise more than \$10,000.

Huddleston got involved in the relay five years ago by leading Jazzercise routines for participants the morning following the first leg of the 24-hour relay, and for the last four years has brought a team to raise money and participate.

"It looked like such fun that I decided we should start a team the next year," she said.

Huddleston's team raises money throughout the year. Last year, members held two rummage sales at Huddleston's Jazzercise Center in Dexter. This year, they have hosted an auction and another is planned next

month just before the relay. They will sell bracelets that say "4 the Fight" and "Hope." In addition, teammates are working on a cookbook.

They also have several corporate sponsors. For a \$50 donation, sponsors are listed on the back of the team T-shirt.

Last year, Huddleston's team raised more than \$17,000. The goal this year is to collect \$20,000.

Huddleston said what drives many members of the team to help every year is that they have been touched by cancer in some way.

"All of us have friends or families that have been touched by cancer," she said. "We're all hoping that one day a cure will be found so no one has to have it again."

Amy Baker of Chelsea participates with Relay for Life because she has friends and family affected by cancer.

"I walk in support of them and the many others fighting this disease. If there's a possibility of a cure, I want to aid in finding it," she said.

Roxanna Miller of Dexter, a nurse clinician in gynecological oncology, said she joined as a way to find hope for her patients.

"I am privileged that these women allow me to be part of such an intimate part of their lives — their battle with cancer," she said. "I sincerely hope that someday my job will be

See EVENT — Page 3-B



Juli Huddleston's Jazzercise team will be among the participants April 29 and 30 at this year's Western Washtenaw Relay for Life. They were recognized Feb. 13 at the Western Washtenaw Relay for Life Kick-Off event when members received the Diamond Award for their fund-raising efforts. Pictured, in front, are Becky Laymen (left), Divot the dog, Sam Huddleston, Emily Gordon, Kait Peilham and Dana Mikula; center row Diane Cuff (left), Roy Massoudi, Carolyn Whitaker and Jennifer Peilham; third row, Judy Murray, Kim Lomax, Jason Lomax, Helen Wolford, Teana Gordon, Juli Huddleston, Nathan Vleck, Susan Whitaker, Emily Huddleston and Kait Mikula.

COMMUNITY CALENDAR

CHELSEA

Friday, March 10

Chelsea Reads Together will present the film "Wage Slaves: Not Getting by in America" 7 p.m. at Cranesbill Books, 108 E. Middle St. The event is free. For more information, call 475-8732.

Pre-registration deadline for the "How to Build Your Own Home" seminar is today with payment. Call 433-2206 to register. The seminar will be held from 6 to 10 p.m. Tuesdays and Thursdays March 14 through 23 at the Washington Street Education Center, 500 Washington St., in Chelsea.

Saturday, March 11

Spring craft show, presented by the Chelsea Senior Center, will be held from 9 a.m. to 3 p.m. at Pierce Lake Elementary School, 275 N. Freer Road, in Chelsea. The craft show is a free event and open to the public. For more information, call 475-9242.

A used book sale will be held from 10 a.m. to 3 p.m. at the Chelsea District Library meeting room, 500 Washington St. The event is sponsored by Friends of the Chelsea District Library.

Keith Parmentier will perform from 10:30 a.m. to 12:30 p.m. at Pierce's Pastries Plus, 103 W. Middle St., in Chelsea. Morning mochas and melodies is a free event. For more information, call 475-6081.

Maple syrup making program will be held 1:30 p.m. at Eddy Discovery Center, 17030 Bush Road, in Chelsea. Reservations are required. Call 475-3170.

Sunday, March 12

The Chelsea Chamber Players annual concert "Children and Families" will be held 3 p.m. at the Chelsea Depot, 125 Jackson St., in Chelsea. The concert is a free event.

Monday, March 13

6-11 Club "Kites and Other Cool Paper Projects" will be held from 4 to 5 p.m. at the Chelsea District Library, 500 Washington St. Registration is requested. Snacks will be provided. Call 475-8732.

Ticket sales end today for the 2006 Agricultural Banquet being held March 23 at Chelsea High School. Tickets are available from Dairy and Livestock Council members or at McCalla Feeds, Dexter Mill and Wacker's General Store.

Thursday, March 16

Chelsea Area AARP group will meet 1 p.m. at the Washington Street Education Board Room, 500 Washington St. Lunch will be available at noon, so pre-registration is requested by calling 475-9242.

Resume writing workshop will be held from 6 to 8 p.m. at the Chelsea District Library, 500 Washington St. as part of the Chelsea Reads Together program. Participants should bring a copy of their resume. Registration is required. Call 475-8732.

CHELSEA

MISCELLANEOUS

Thursday

Alzheimer's Association Family Caregiver Support

Group meets from 2 to 3:30 p.m. the third Thursday of the month at the Chelsea Retirement Community. Call 1-800-337-3827.

Books & Banter Group meets 1:30 p.m. the third Thursday of each month at the Chelsea District Library, 500 Washington St. Copies of the books are available for registered readers. Call 475-8732.

Friends of Chelsea District Library meets on a regular basis. For more information, call Marie Brooks at 475-8732 or Jennifer Kundak at 475-2424.

Mastering Motherhood group meets every Thursday during the school year from 9:15 to 11 a.m. at Chelsea Free Methodist Church, 7665 Werkner Road. For more information, call 475-1391.

Senior Nutrition Program meets noon every Thursday for dinner at the Waterloo Township Hall, 8061 Washington St., in Waterloo. For reservations, call 475-7439.

Friday

Al-Anon meets 12:30 p.m. every Friday at Chelsea Community Hospital, 775 S. Main St., in the White Oak Center Great Room. Call 475-1462.

Bingo is held 6:30 p.m. every Friday night at Chelsea Rod and Gun Club, 7103 Lingane Road, in Chelsea. Call 475-7910.

Step aerobics are held from 9 to 10 a.m. at Chelsea Free Methodist Church, 7665 Werkner Road. For more information, call 475-1391.

Saturday

Hope Clinic, for people with no health insurance, is held 9 a.m. to noon on the second Saturday of the month at Faith in Action, 775 S. Main St. Call 475-3305.

Western Washtenaw Republicans meets from 9:30 to 11 a.m. the second Saturday of the month at Cleary's Pub, 113 S. Main St. Call 996-9467.

German Social Club meets 1 p.m. the last Saturday of the month at Wolverine restaurant, 20460 Old US-12. Call 475-1583.

Prayerful Hands Group meets monthly at Our Savior Lutheran Church, 1515 S. Main St., in Chelsea. The group knits, crochets, sews and quilts for those in need. For more information, call the church at 475-1404 or 475-1295.

Sunday

The Parkinson Education and Support Group of Washtenaw County meets from 1:30 to 4 p.m. the second Sunday of the month. Call 1-800-852-9781.

Monday

Al-Anon meets 7:30 p.m. every Monday at Chelsea Community Hospital, 775 S. Main St. Call 475-1462.

Chelsea AA group meetings are held 8:30 p.m. Monday, 8 p.m. Thursday, 7 p.m. Saturday and Sunday at the Chelsea hospital dining room, and noon on Tuesday and Wednesday at First Congregational Church, 121 E. Middle St.

Chelsea Area Garden Club meets noon the second Monday of the month at First United Methodist Church, 128 Park St.

Call 475-1493.

Chelsea Kiwanis Club meets 6:15 p.m. every Monday at Chelsea Community Hospital, 775 S. Main St. Call 475-6128.

Circuit training classes are held from 6:30 to 7:30 p.m. every Monday and Thursday at Chelsea Free Methodist Church, 7665 Werkner Road. For more information, call 475-1391.

Masonic Lodge 156 of Chelsea meets 7:30 p.m. the second Monday of the month at 113 W. Middle St. Call 433-1452.

Mystery Book Club meets 7:30 p.m. the second Monday of the month at the Washington Street Education Center, 500 Washington St.

Overeaters Anonymous meets from 6 to 7 p.m. every Monday at the Covenant Church, 50 N. Freer Road. For more information, call 995-1835.

Step aerobics are held from 9 to 10 a.m. every Monday, Tuesday, Wednesday and Friday at Chelsea Free Methodist Church, 7665 Werkner Road. For more information, call 475-1391.

Taste of Home Café serves lunch at noon Monday through Friday at the Washington Street Education Center, 500 Washington St. It's open to the public with a \$2.50 donation for senior citizens 60 years or older, and \$5 for all others. Reservations are required one day in advance. For information or reservations, call 475-9242.

Tuesday

Chelsea Lions Club meets 6:45 p.m. on the first and third Tuesdays of the month at Chelsea Community Hospital, 775 S. Main St.

Chelsea Rotary Club meets 12:30 p.m. every Tuesday at the Common Grill, 112 S. Main St.

Euchre Party is held 7 p.m. every Tuesday at the Chelsea Senior Citizen Center, 512 E. Washington St. Call 475-9242.

Grandparents as Parents program is held 12:30 p.m. the

second and fourth Tuesdays of the month at First United Methodist Church, 128 Park St. Call 712-3625.

"Senior Computing: One to One" workshop is held from 10 a.m. to noon the first and third Tuesdays each month at the Chelsea District Library, 500 Washington St. There is no charge, but registration is required. To register or for more information, call 475-8732.

Senior Nutrition Program meets noon every Tuesday for dinner at the Waterloo Township Hall, 8061 Washington St., in Waterloo. Call 475-7439.

Silver Sneakers workout classes are held from 8 to 8:45 a.m. every Tuesday and Thursday at Chelsea Free Methodist Church, 7665 Werkner Road. For more information, call 475-1391.

Woman's Club of Chelsea meets 1 p.m. the fourth Tuesday of the month at The Pines, 325 Wilkinson St. For information, call Marjorie Hepburn at 475-8971.

DEXTER

Friday, March 10

"Lift of Irish Laughter" storytelling program will be held 11 a.m. at the Dexter District Library, 8040 Fourth St. Yvonne Healy will perform in the free program, which is open to the public. For more information, call 426-4477.

Dexter Knights of Columbus is serving an all-you-can-eat fish and salad bar from 4:30 to 7:30 p.m. at 8265 Dexter-Chelsea Road every Friday through April 14. The cost is \$9 for adults, \$8.50 for senior citizens, \$4.50 for children ages 5 to 12, and \$8 for take-out. For more information, call 426-5558.

St. Mary Men's Club will serve a fish dinner from 4:30 to 7 p.m. at 10601 Dexter-Pinckney Road in Pinckney every Friday through April 7. The cost is \$8 for adults, \$7 for senior citizens, and \$5 for children 12 and younger. Take-out is also available.

Saturday, March 11

"Under the Worm Moon" hike will be held from 7 to 9 p.m. at Independence Lake, 3200 Jennings Road, in Webster Township. After the hike, drinks will be provided around a fire. Park entry fee is required. For more information, call 971-6337, ext. 318.

DEXTER

MISCELLANEOUS

Thursday

Dexter AA group meets 7:30 p.m. every Thursday at St. Joseph's Parish Hall in the education building, 3470 Dover St., in Dexter.

Dexter American Legion meets 8 p.m. the first Thursday of the month at the American Legion Post, 8225 Dexter-Chelsea Road. Call 426-3112.

Dexter Community Band meets from 7 to 9 p.m. every Thursday at the Dexter High School band room, 2200 N. Parker Road. Call 426-2734.

Dexter Historical Society meets 7:30 p.m. the first Thursday of the month at the Dexter Area Museum, 3443 Inverness St., in Dexter.

Dexter Rotary Club meets

7:30 to 8:30 a.m. every Thursday at Creekside Intermediate School, 2615 Baker Road.

Dexter Downtown Development Authority meets 7:30 p.m. the second Thursday of the month at the Copeland Administration Building, 7714 Ann Arbor St., in Dexter.

Dexter Lions Club meets 6:45 p.m. on the first and third Thursdays at DAPCO Industries, 2500 Bishop Circle East, in Dexter. Call 426-8549.

Girlfriends Inc. is for women of all ages. The group meets 6:30 p.m. the second and fourth Thursday of the month. Call 424-3404.

Friday

Friends of Dexter District Library meets 10 a.m. the second Friday of the month at the Dexter District Library, 8040 Fourth St. Call 426-4477.

Saturday

Monthly Book Sale by the Friends of the Dexter District Library will be held from 10 a.m. to 3 p.m. the first Saturday of each month through June at the library, 8040 Fourth St.



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Order Deadline: March 21

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- Bird Nest Boxes & More!

Catalogs available at the Washtenaw County Conservation District
7203 Jackson Road, Ann Arbor
Phone: (734) 761-6721 x5
Also available on-line at www.washtenawcd.org

LOVING HOMES NEEDED

RUDY is a very fun and energetic dog. He loves to run and play. He's great with kids over 10. He is about 1 year old and 15 pounds. Rudy also walks well on a leash.

WALTER'S previous owner had allergies and had to give him up. He's 1 year old, and he's pretty timid, so we think an indoor only home without kids, dogs or other cats would be best for Walter. He gives head butts and is very loving. He would make a great lapcat!

GRINDLE'S owner was moving and couldn't take her along. She's 4 and weighs 68 pounds. Grindle is a smart dog who knows sit, down, and shake. She likes other dogs, she's housetrained and spayed, and she is ready to be yours forever! She's a good girl with a very sweet face.

IF YOU'RE INTERESTED IN ADOPTING A PET, PLEASE CONTACT THE SHELTER AT 962-5585 OR COME VISIT US AT 3100 CHERRY HILL, ANN ARBOR.

Humane Society OF HURON VALLEY
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www.hsv.org

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TRINITY PRESCHOOL
A non-profit, non denominational Christian School

Trinity Preschool Open House
Thursday, March 16 at 6:30 p.m.

The Trinity Preschool will host an open house for the 2006-2007 school year. This is a wonderful opportunity to learn more about the daily activities and facilities of our comprehensive Preschool. Please inform your friends, neighbors and family members.

Trinity Lutheran Preschool
Monday-Wednesday-Friday 9:00 a.m. - 1:30 p.m.
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734-662-4419 www.trinityaa.org

We offer a 10% sibling discount and parent assistant credits

Trinity Lutheran Preschool is a non-profit, non-denominational Christian school sponsored by Trinity Evangelical Lutheran Church as a community service and Christian outreach. We accept children of all faiths. Our objective is to provide a Christian program where three, four and five year old children can grow socially, intellectually, physically and spiritually in a happy, secure setting. Our school is theme-oriented and is licensed by the State of Michigan.

Our Teaching staff members are certified with at least a Bachelor's degree in education. All of our teachers and staff are experienced in early childhood education. We have on-going staff training with CPR, staff seminars and conferences.

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ENGAGEMENTS



Tandy, Powell to wed next year

Meghan Tandy of Chelsea, daughter of John and Diane Tandy of Chelsea, and Lorn Powell of Ann Arbor, son of Arthur and Kathy Powell of Ann Arbor, are engaged and planning a summer 2007 wedding.

The future bride is a 2002 graduate of Chelsea High

School, and expects to earn a bachelor's degree in psychology May 13 from Adrian College.

The future groom is a 1998 graduate of Dexter High School. He is a franchise partner of the business 1-800GOTJUNK? in Boulder, Colo.



Rogers, Schecher to exchange vows

Hannah Rodgers of Wheaton, Ill., daughter of Jonathan and Anala Rodgers of Ann Arbor, and Alan Schecher of Wheaton, Ill., son of Frederick and Mary Schecher of Milwaukee, are engaged and planning a July 8 wedding at Gary Memorial United Methodist Church in Wheaton, Ill.

The future bride graduated from Dexter High School. She received a bachelor's degree in biology from the University of Michigan and a master's

degree in educational leadership from Aurora University in Aurora, Ill. She is employed at West Aurora High School as a biology and chemistry teacher.

The future groom graduated from Marquette High School in Milwaukee. He received a bachelor's degree in mathematics from Michigan Tech University and a master's degree in actuarial science from the University of Wisconsin. He is employed at Allstate Financial, Actuary.



Pastorino, Beranek plan to wed

Susan Pastorino of Dexter and James Beranek of Pinckney are engaged and planning a Sept. 2 wedding at Dexter United Methodist Church.

The future bride is the daughter of Kathy and Joel Morrison, and Steve and Cindy Pastorino of Ann Arbor. She is a graduate of Dexter High School and Miss Katie's Plymouth Beauty College. She is a cosmetolo-

gist at Van Buren's Salon.

The future groom is the son of Pat and Tom Beranek of Pinckney. He is a graduate of Pinckney High School, and from Northwestern College in Ohio. He is a manager at Belmark Lanes.

FOOD

Continued from Page 1-B

BREAKFAST COOKIE

Mix together: 1/2 c. oil, 1/2 c. honey, 1/2 c. raisins, 1/2 c. nuts, 1/2 c. wheat germ, one egg, one c. rolled oats, 1/2 c. wheat flour, 1/8 t. baking powder.

Add a bit of water if need to make into sticky mixture. Drop 1/6 onto greased baking sheet. Bake in pre-heated oven at 325 degrees for 16 minutes.

Makes six.

Paula Herzig is a registered dietitian and childhood weight control expert. She can be reached at PaulaHerzig@yahoo.com.

ADVICE

Continued from Page 1-B

etables, the most under-eaten food your kids need.

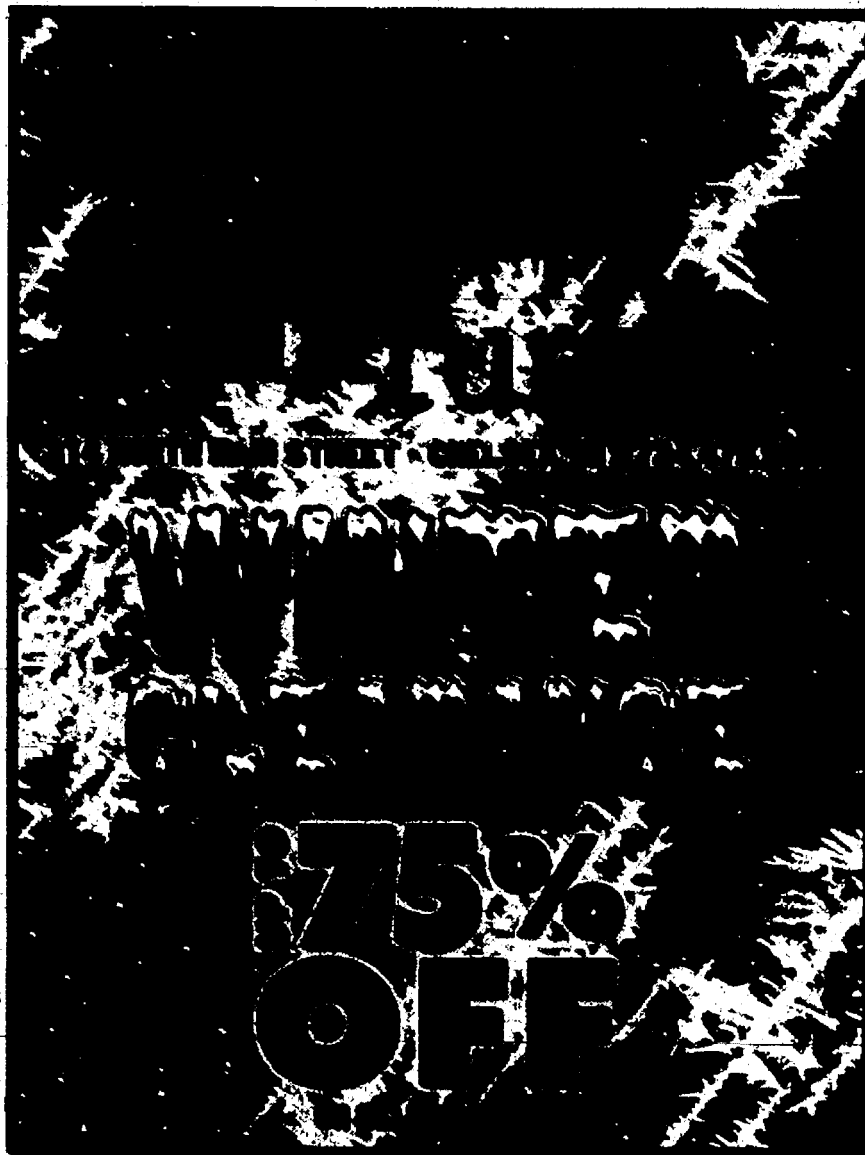
•Seconds, Please: Get into the habit of only offering fruits and vegetables as second helpings to the "still hungry" child.


•Snack Attack: How creative can you be in making fruits and vegetables the only snack at your house? Try

fruit kabobs, applesauce Popsicles flavored with Jell-O or orange juice-banana smoothies for starters.

•Fresh Air: A walk after a meal really does aid in digestion and helps burn those calories before they have a chance to get stored. Do you have 10 minutes to show your child you are serious about health?

Rita Fischer is a freelance writer. She can be reached at rita.fischer@yahoo.com.





Two Big Bears!

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Saturday, March 18 at the Dexter Pioneer Arts Fair

Creskide Intermediate School, 2615 Baker Road

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Free with paid admission to the Fair!

-A Rainbow Players Production

EVENT

Continued from Page 1-B

obsolete and that a cure will be found. So, I walk for every one of my patients—those in treatment, those in remission, those in hospice, those who passed on. I walk in their memory; I walk in their honor."

Diane Cuff of Saline participated in her first Relay for Life last year with the Dexter Jazzercise team.

"I have to say that the entire event was a very moving experience, especially when we had the Luminaria ceremony," said Cuff, who lost one grandmother to stomach cancer and another to lymphoma.

Last year, Cuff found out a friend and colleague had been diagnosed with Stage 3 ovarian cancer, so she made it her mission to raise as much money as possible in hopes of finding a cure.

"With the support of my family, friends and co-workers, I was able to raise \$3,950 last year and I hope to raise as much money or more this year," she said.

The Jazzercise team typically sees 25 people participate, and members are from throughout western Washtenaw County.

This year's event will be held on a Saturday morning into Sunday at the Chelsea Fairgrounds, a change from the traditional June event that kicked off on a Friday evening and was held at the Chelsea High School track.

Help is still needed for this year's relay. There are openings on the planning, food and entertainment committees, as well as many other volunteer opportunities.

Rita Fischer is a freelance writer. She can be reached at rita.fischer@yahoo.com.

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FUNDING Preschool



Trisha Bowman plays with a parachute during the auction.

Briana Hay takes a snack during the auction, which raised \$5,300 for Chelsea Community Education Preschool.



Many families with children in Chelsea Community Education Preschool bid on items recently in support of the preschool at the school's third annual auction. Proceeds raised from the auction will

benefit the preschool program. The event also included children's activities. The auctioneer was Joseph Martel, who directed bidding wars among parents. A total of \$5,300 was raised.



Michelle Babin and auctioneer Joseph Martel auction off artwork and other items at the preschool auction.



Megan Bibe colors during the auction.

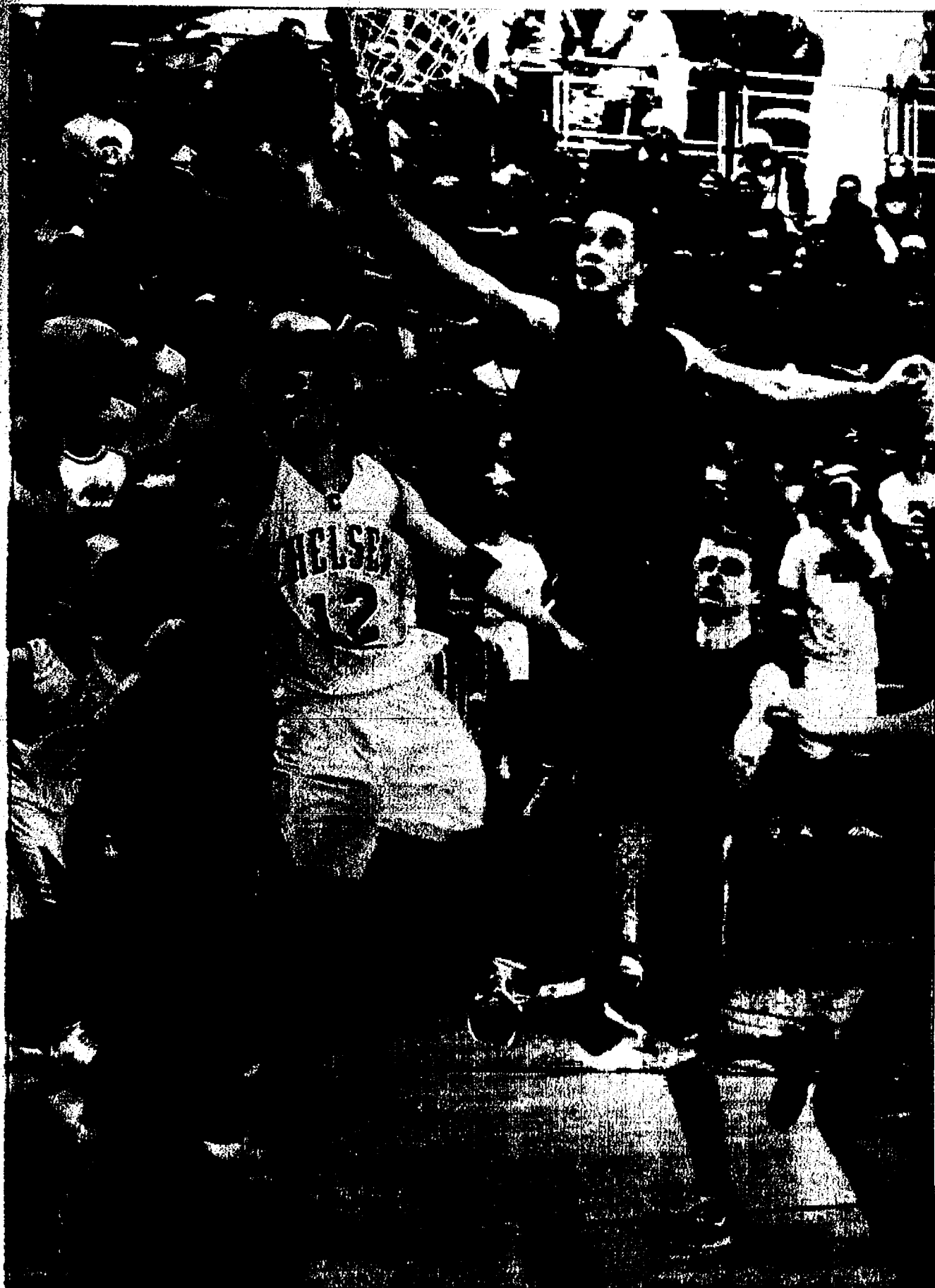
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Photos by Rita Fischer
...

SPORTS

THURSDAY, MARCH 9, 2006

PAGE 1-C

Rivalry Week!



Chelsea junior guard Nate Schwarze scoops a shot up and under the outstretched wingspan of Dexter's 6-foot-6 swing player senior Jeff Ziegler, in last Friday's county hardwood rivalry contest. The Bulldogs bested their rivals 68-33 in the regular season finale for both clubs. Chelsea also topped East Jackson in its district opener last Monday.

BASKETBALL

Chelsea battles Dexter, East Jackson on court

Schwarze leads Bulldogs with season-high 24 points

By Don Richter
Sports Editor

Chelsea basketball defeated host East Jackson 60-36 in a first round Class B state district game last Monday.

The Bulldogs (17-4) raced out to a 24-7 first quarter lead.

"We wanted to establish the tempo defensively," said Chelsea coach Robin Raymond. "We were able to force six turnovers in the first quarter."

At halftime, Chelsea increased its advantage to a commanding 48-16.

Entering the fourth quarter, the Bulldogs led 68-32.

In the fourth frame, Chelsea netted 17 points, while the Trojans (16-4) scored four points for the night's ending tally.

"Our overall depth was a key," Raymond said. "We don't have a let up. We have good balance off the bench. We even become quicker. Great balance has been our trademark all season. Robbie Moffett, Mike Sauers and Adam Connell gave us energy off the bench."

Thirteen out of 14 players scored for the Bulldogs.

Junior point guard Nate Schwarze led the way, with 13 points, five assists and four steals for Chelsea.

Senior forward John Mantel and Connell each fin-



Bulldog senior forward John Mantel splits the Dexter defense, for two of his 13 points, in last Friday's rivalry game against the Dreadnaughts.

ished with 10 points. Mantel had seven rebounds, while Connell had four boards. Senior forward Matt Weber and Sauers each had eight points, while Moffett had seven points for the Bulldogs.

Junior swing player Micah Hudson had six points and eight rebounds, while senior center Cam Hawkins had five points and junior center Benny Johnson four points. Junior guard Jon Seelbach and sophomore guard Elliot

Marshall each had three points for Chelsea.

Senior forward Jesse Freeman ended up with two points, while sophomore center Dean Roberts also had two points for the Bulldogs.

Chelsea was 32-of-38 from the floor for 82 percent, while East Jackson was 15-of-48 for 31 percent. At the line, the Bulldogs were 10-of-12 for 83 percent, while the Trojans were 5-of-9 for 56 percent.

See BATTLES — Page 4-C



Chelsea senior defenseman Matt Perry (left) fights for position with Dexter senior forward Chad Green near the Bulldog goal, in last week's Division III state pre-regional clash at the Arctic Coliseum. Chelsea defeated the Dreadnaughts 3-2 in overtime.

HOCKEY

Bulldogs reach state regional final game

Chelsea also skates to overtime against Dreadnaughts

By Don Richter
Sports Editor

Chelsea hockey bowed out of the Division III state playoffs, losing to perennial powerhouse Dearborn Divine Child 4-1 last Friday.

"It was frustrating," said Chelsea coach Don Wright. "It's tough to lose. I'm really proud of the team. It certainly wasn't a 4-1 game."

The final score wasn't indicative of how close the contest was.

The Falcons, who have eliminated the Bulldogs (17-7-3) every year in the playoffs, opened the scoring on a power play at 8:05, on a goal by Ryan O'Dowd.

Chelsea answered, with a power play goal of its own, as senior defenseman Matt Perry scored off an assist from senior forward Eric Cremer at the 14:14 mark of the first period, tying the contest at 1-1.

In the second period, Divine Child's Brandon Ronchetto scored on a power play, giving the Falcons a 2-1 advantage at 3:03 of the frame.

Three minutes later, Ronchetto scored his second goal of the night, upping Divine Child's lead to 3-1.

Just prior to the end of the second period, officials, in a controversial call, waved off an apparent goal by Bulldog senior forward Luc Daniels.

"That was unfortunate," Wright said. "That would have given us momentum heading into the third period. Those things happen, however, and you have to find a way to work through it."

In the third period, with



Chelsea senior Luc Daniels (21) and Dexter junior Bryan Staton crash the net, during last week's Division III state pre-regional final. Bulldog junior Schyler Williams (17) swoops in looking for a loose puck.

Chelsea pressing the action, O'Dowd scored on a break-away at the 5:29 mark for the game's final margin.

Shots on goal were equal, with both clubs recording 20. Despite the season-ending loss, Wright remained upbeat.

"It was a great year," he said. "We have a great group of players, who worked extremely hard. We had excellent chemistry in the locker room. We accomplished a lot."

Chelsea defeated visiting county rival Dexter 3-2 in overtime, in the Division III state pre-regional final March 1.

In front of a packed, and boisterous crowd, filled with Bulldog and Dreadnaught supporters, both teams fought tooth and nail for every loose puck and for every inch of ice.

"They always play their hearts out against us," said Cremer. "And it seems like every year, we have trouble beating them. But, we got it done this year, three times."

Dexter junior Alex Johnston opened the scoring, with a power play goal, off an assist from seniors Chad Green and Neil Rion. Johnston gathered a loose puck in Chelsea's zone, and snapped a wrist shot past Bulldog net minder Josh Cottrell, giving the Dreadnaughts a 1-0 lead at the 11:01 mark of the first period.

Trailing, Chelsea picked up its intensity, pressuring the Dexter goal. Two times midway through the opening period, the Bulldogs whiffed on open net attempts, as the puck bounced like a rubber ball through the Dreadnaught crease.

Despite playing the majority of the first period in Dexter's zone, Chelsea was unable to crack the Dreadnaught defense.

In the second period, the Bulldogs continued pressuring Dexter, so much so, that the Dreadnaughts were forced to ice the puck three times in the first four minutes.

See REGIONAL — Page 3-C

To report scores,
call 475-1371 or fax
475-1413 or e-mail
drichter@heritage.com



Chelsea's Rick Kinsey has qualified for the Division II state meet, tomorrow and Saturday at Eastern Michigan University, in the 200 freestyle and 500 freestyle.

SWIMMING AND DIVING

Tankers ready for state

Well rested Bulldogs prepare for season's last challenge

By Don Richter
Sports Editor

This is the time of year when history is made, and local legends are born.

It's state finals weekend for boys' swimming and diving. Chelsea should have a strong contingent competing at the Division II championship, slated for noon tomorrow and Saturday at Eastern Michigan University.

"We are ready for the state championships this weekend," said Chelsea coach Dave Jolly. "The key now is really about resting. All the work is done. We have come so far, in such a short amount of time."

Despite a dual meet record of 5-9 this season, Jolly said his squad improved as the year winded down.

"We really showed some promise at our conference meet last weekend," he said. "On Thursday last week, we went to a last chance meet at Battle Creek Lakeview. We made some major strides toward placing at the state meet this year."

"What is really awesome, is the fact that we have someone in every event, except the 200 IM (individual medley) this coming weekend."

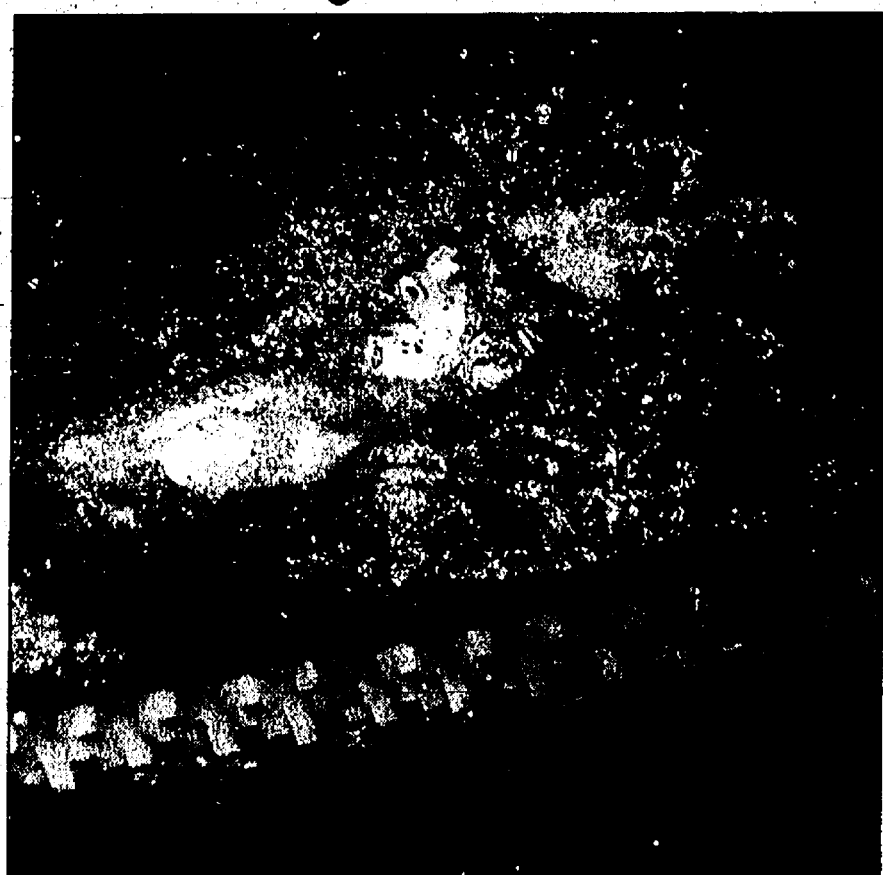
Jolly said numerous Chelsea swimmers have a chance of making an impact at the state meet.

"All three of our relays have an excellent chance of placing, with all three ranked in the top 16," he said. "Rick Kinsey is ranked as well in both of his individual events. Nick Armstrong should make a strong showing, as well."

Kinsey will participate in the 200 freestyle and 500 freestyle, while Armstrong will compete in the 50 freestyle and 100 freestyle.

Another Bulldog looking to crack the state's top 10 is diver Sean Cleary, who finished 11th last season in the one-meter event, with 324.75 points.

"Sean is ranked amongst the top divers in the entire state, and really looks good,"



Bulldog Jordan Skidmore will compete in the 100 backstroke and in three relays at the Division II state meet, tomorrow and Saturday at Eastern Michigan University.

Jolly said.

Jolly also said swimmers Jordan Skidmore, Andrew Ballow and Benji Kellogg should make a splash, as well, at the state meet.

"Jordan will be outstanding in the 100 backstroke, as well as competing in all three relays," Jolly said. "Andrew will be a key to our success in all three relays, as well as competing in the 100 freestyle. Benji will be on the 200 medley relay and compete in the 100 breaststroke."

Last season, Birmingham Groves captured the Division II state title, with 272 points.

Birmingham Seaholm was second, with 218 points, while Midland Dow was third, with 209 points, Dexter fourth, with 142 points and Bloomfield Hills Andover fifth, with 141 points.

The Bulldogs ended up

18th last year, with 40 points.

Tickets for this season's finals are \$6 for tomorrow's preliminaries, and \$7 for Saturday's final.

There are no advanced ticket sales.

Since 2000, Chelsea has finished in the state's top 10 four out of the last six years.

In 2000, the Bulldogs placed fourth overall, with 98 points. In 2001, Chelsea was fourth, with 139 points. In 2002, the Dawgs were ninth, with 69 points, followed by a 10th-place finish in 2003, with 90 points, and a 21st spot in 2004, with 25 points.

Jolly said he's looking forward to tomorrow and Saturday.

"It should be a great weekend," he said.

Sports Editor Don Richter can be reached at 475-1371 or at drichter@heritage.com.

VOLLEYBALL

Dawgs win district crown

Iverson, Dusbiber pace Chelsea versus Fowlerville

By Don Richter
Sports Editor

For the third time since 2002, Chelsea volleyball has captured a district championship.

Last Saturday, the Bulldogs defeated Fowlerville 25-10, 25-16, 25-22, to win the Class B state district title at Brooklyn Columbia Central.

"It was a very exciting match for the team as they maintained their pace and level of play throughout the whole match," said Chelsea coach Laura Cleveland. "I was very excited also for our seniors to win a district title their senior year."

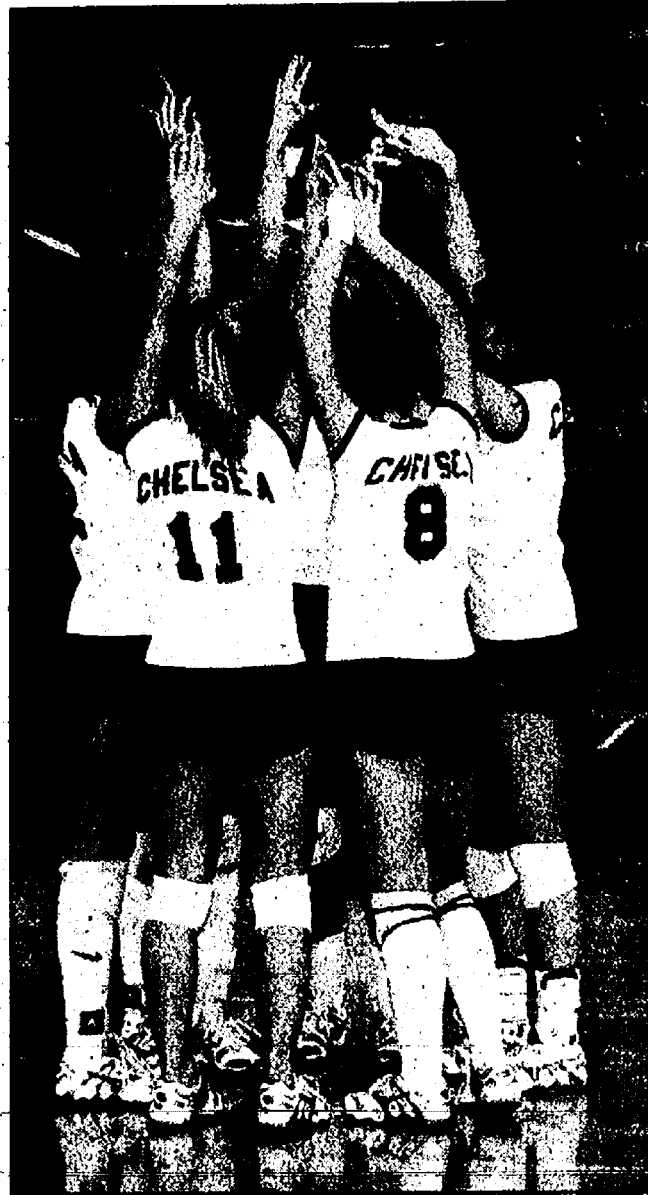
Cleveland said she was proud of her squad's effort in the district championship.

"The girls played the best match of the season in the finals," she said. "They came out with a lot of energy and were able to execute offensively. We played well at the net, and were able to shut their hitters down. Our passing and digging was at its best all season. We were able to run all of our offense at a high level."

Individually, senior Sarah Iverson led Chelsea, with 40 kills.

Junior Ann Kendzicky added 23 kills, while senior Kaly Coburn had a team-high 32 digs.

Senior setter Maggie Dusbiber finished with 86 assists for the Bulldogs.



Chelsea volleyball captured a Class B district championship last Saturday, defeating Fowlerville 25-10, 25-16, 25-22. The district title was the Bulldogs' third since 2002.

Photo courtesy of Burrill Strong

In the district semifinals, Chelsea beat Brooklyn Columbia Central, in a four-game marathon, 23-25, 25-23, 28-25, 25-19.

In the district's opening match, the Bulldogs defeated East Jackson 25-10, 25-12, 25-12.

Chelsea next squares off against Coldwater 10 a.m. Saturday in a state regional semifinal at Hillsdale.

Chelsea's Beach Middle School seventh-grade Gold volleyball team concluded

its season, defeating host Ypsilanti Lincoln 25-20, 21-25, 25-16 Feb. 27.

The Bulldogs ended the year, with a 3-9 overall record.

Playing strong, all around games for Beach were Elle Stoffer, Claudia Birgy and Alexis Barber.

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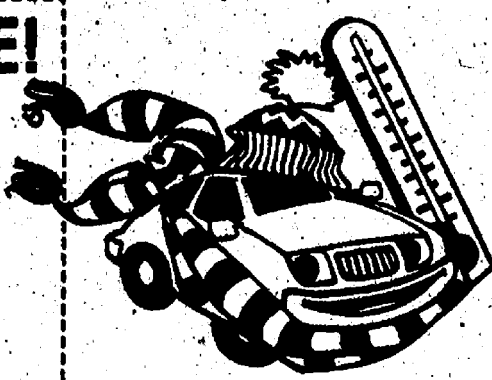
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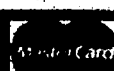
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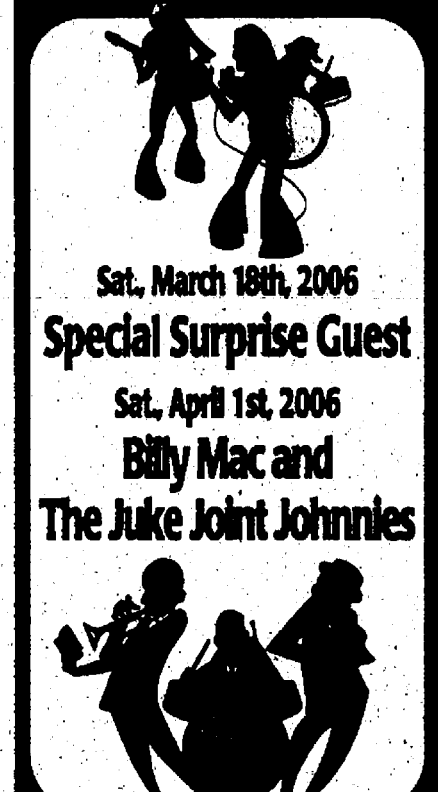
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REGIONAL

Continued from Page 1-C

At 8:08 of the second stanza, however, Cremer redirected a shot from junior defenseman Jake Vaughan, deflecting it into the net, and tying the game at 1-1.

Perry and Vaughan recorded assists on the play for Chelsea.

With the game deadlocked, Dexter cranked up its intensity, turning the tables on the Bulldogs, and forcing the action.

At the 1:53 mark of the second period, Chelsea junior forward Schyler Williams scored off an assist from senior defenseman Jason Aguirre and Perry, giving the Bulldogs a 2-1 advantage heading into the third stanza.

"I got the puck, made a move, then made another move (past a defender), then I picked a corner and put it (puck) right there and it went in," Williams said.

The Dreadnaughts responded just before the end of the second period, as Johnston stole the puck and skated in on a breakaway, before being checked from behind and getting off a weak shot, which Cottrell gobbled up as time wound down.

Early in the third period, Dexter junior J.P. Ledwidge scored off a face-off in the Bulldog zone, tying the contest at 2-2, at the 10:51 mark. Juniors Justin Jack and Alex Demetriou assisted on the goal for the Dreadnaughts.

With the season on the line, both teams cranked it up even higher, with numerous players sacrificing their bodies to block shots, and diving for pucks.

With 1:01 left in regulation, Dexter senior goaltender Cole McNabb made a terrific save on a screened shot during a scrum in front of the net. His effort brought the Dreadnaught faithful to their feet and pad taps from Dexter teammates.

With the clock striking zero and a loud ovation from the crowd both clubs left the ice and prepared for overtime. The winner moves on in the state playoffs, the loser ends its season.

Halfway through the eight-minute overtime, Cremer blasted a rebound past McNabb and into the back of the net, giving the Bulldogs a hard earned 3-2 victory, with 4:46 left in the extra session.

"The puck was bouncing all over the place, but I shot it in," Cremer said.

Cottrell recorded the win in net for Chelsea.

The Bulldogs out-shot the Dreadnaughts 35-18 for the game.

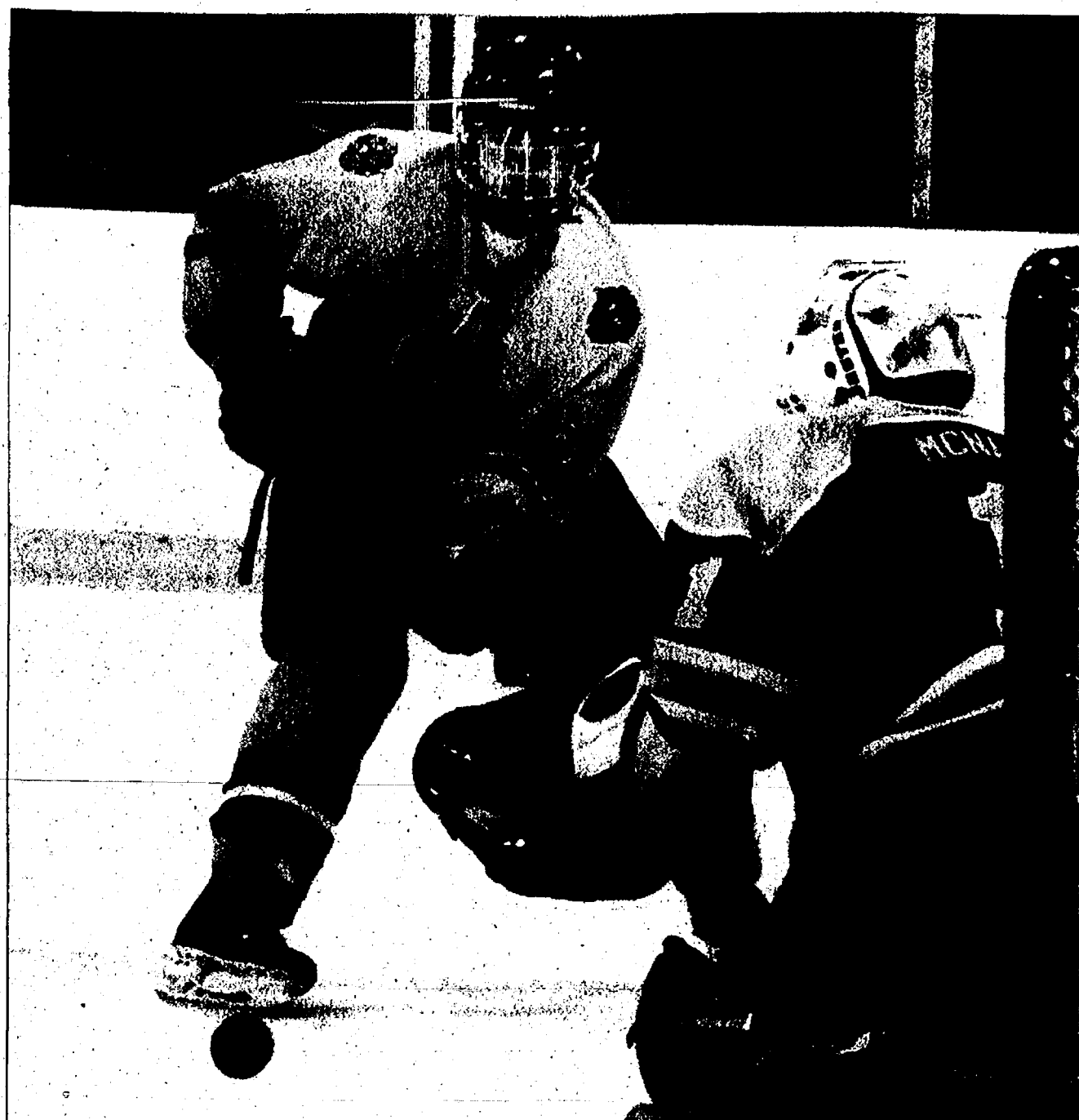
Wright said the Bulldogs let early opportunities slip through their fingers.

"We didn't finish," he said. "If we would have done better with that earlier, it would have been a different game."

Despite earlier wins against Dexter this season, Wright said he anticipated a tougher contest this time around.

"In the playoffs, I don't care who you're playing, everybody knows it's their last game if they don't win," he said. "We had confidence going into overtime. We were playing well. There was no need to panic."

Wright said his club didn't



Bulldog players and fans celebrate Chelsea's 3-2 overtime victory last week against rival Dexter.

think about the potential season-ending consequences during overtime.

"You really can't think about that," he said. "We had to think about what we were trying to do out there (on ice)."

That was the important thing. When you start worrying about the other things, that's when you're going to lose."

Sports Editor Don Richter can be reached at 475-1371 or at drichter@heritage.com.

Chelsea senior C.J. Cogswell skates in alone against Dexter goaltender Cole McNabb, during last week's Division III pre-regional final. The Bulldogs prevailed 3-2 in overtime over the Dreadnaughts.

Photos courtesy of Burrill Strong

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D & D Trim	143.5	126.5	D & D Trim	168.5	131.5
Chelsea Lanes	127.5	142.5	Chelsea Lanes	147	153
White Division			White Division		
Herrst Construction	150.5	119.5	Herrst Construction	169.5	130.5
Mark IV Lounge	130.5	139.5	Mark IV Lounge	149	151
Cleary's Pub	126.5	143.5	Cleary's Pub	135.5	164.5
CFM	108.5	161.5	CFM	133.5	166.5
Blue Division			Blue Division		
Government Cheese Film	140	130	Government Cheese Film	158	142
La Jolla Shoppe	125	145	La Jolla Shoppe	135.5	164.5
Norm's Body Shop	114.5	155.5	Norm's Body Shop	118.5	181.5
Steele's Heating & Cooling	94	176	Steele's Heating & Cooling	99	201
Gold Division			Gold Division		
Seltz's Tavern	174.5	95.5	Manchester Chiropractic	181	119
Manchester Chiropractic	160	110	Seltz's Tavern	179.5	120.5
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BATTLES

Continued from Page 1-C

Chelsea faced Ida last Wednesday in a district semi-final match-up. Results were unavailable because of press deadlines. If successful against the Bluestreaks, the Bulldogs would play the winner of Milan-Dundee in the district final 7 p.m. tomorrow at East Jackson.

Last Friday, in front of an overflow crowd, Chelsea's boys' basketball team defeated visiting county rival Dexter 63-53, in the regular season finale for both clubs.

"It's always a big game," Raymond said. "It's an important game for both of us."

The Bulldogs shot the ball well, finishing the game 22-of-37 for 59 percent from the floor. Chelsea was 6-of-14 from beyond the arc, for 43 percent. In contrast, the Dreadnaughts ended up 16-of-36 for 44 percent from the field. From the line, Dexter was 4-of-12 for 33 percent.

With the intensity high from the get-go and the crowd at a fever pitch in anticipation of an exciting rivalry contest, it was Bulldog fans who celebrated most early on, as Chelsea raced out to a 9-1 first quarter lead, as four different Bulldogs scored. With Mantel's jumper from the baseline, the Dreadnaughts were forced to call a timeout, down by eight points.

"We wanted to establish tempo defensively," Raymond said. "That set the tone for us."

Off the stoppage in play, Dexter regrouped, outscoring Chelsea 9-6 the rest of the first quarter, with Dreadnaught senior forward Matt Gucker (6-foot-2) scoring eight of his team's points during the comeback.

Entering the second quarter, the Bulldogs led 15-10.

To begin the second stanza, Chelsea, once again, went on a run, outscoring Dexter 6-0 to open the quarter. With Weber's spinning lay-up, Chelsea increased its advantage to 21-10, forcing a second Dreadnaught timeout, with 5:16 remaining in the half.

With 1:00 left on the first half clock, Dexter senior center Rob Zalucki (6-7) canned two free throws, trimming the Bulldogs' lead to 25-18.

Chelsea's Schwarze (5-10) ended the first half with a flurry, however, scoring a basket with 20 seconds left, followed by a buzzer-beating three-pointer, upping the Bulldogs' advantage to 30-18 as the two teams headed to the locker room.

"That was a big momentum

boost for us heading into half-time," Raymond said. "That capped a good first half for Nate. His energy on the court got the rest of our team moving."

To begin the third quarter, Schwarze continued his hot streak, draining a triple, giving Chelsea a 33-18 lead. Mantel followed Schwarze's three-pointer, with a triple of his own, for a 36-20 Bulldog lead.

A three-pointer from the top of the key by Hudson (6-2), gave the Bulldogs their largest lead of the night, at 43-25, with 1:45 remaining in the third quarter.

As it did to end the first half, Chelsea scored as time expired in the third quarter, as Roberts (6-3, 260) converted a lay-up, giving Dexter a 47-29 lead entering the fourth stanza.

In the fourth quarter, the Dreadnaughts rallied, outscoring the Bulldogs 11-4, cutting Chelsea's lead to 51-42, with 4:11 left in the game.

Senior swing player Jeff Ziegler (6-6) came alive early in the final frame, hitting two free throws and a triple, while Zalucki had two free throws and a bucket down low. Sandwiched in between Ziegler's and Zalucki's baskets was a steal and lay-up by Dexter junior point guard Johnny Benjamin.

With the lead cut to nine points, the Dreadnaught crowd rose to its feet. Ziegler then drove to the basket and was fouled, sending the visiting crowd into a tizzy. He sank the ensuing free throw, closing the gap to 52-45, with 3:27 left on the clock.

With the Chelsea gymnasium reverberating with cheers from both sides, Mantel brought the house down on the Bulldogs' next possession, using all of his 6-8 frame to slam dunk over Zalucki, in a battle of two inside titans.

"That was a nice dish from Nate (Schwarze)," Raymond said. "It took the momentum back from Dexter."

In the excitement afterward, the Bulldogs were called for a celebration technical foul.

Zalucki came right back for Dexter, powering up an inside bucket, making the score 59-48, with 1:25 left in the contest.

A triple by Ziegler from the left wing, with a defender draped all over him, cut the Chelsea lead to 59-51, with 1:08 remaining.

It was as close as the Dreadnaughts would get, however, as the Bulldogs closed out the game at the free throw line, for the night's final margin.

Despite the emotion and passion of the rivalry game, the respect each program has for the other was shown clearly, as Ziegler and Schwarze, who was dribbling out the final seconds, shook hands and hugged as the buzzer sounded. The rest of the players and coaches from both squads followed suit, congratulating one another as the two teams headed for their respective locker rooms.

Schwarze led the Bulldogs, with a season-high 24 points, including three triples, five steals and four assists.

Mantel finished with 13 points and seven rebounds, while Hawkins, Weber and Hudson each added six points. Hawkins hauled down seven boards, while Hudson had five rebounds.

Moffett, Sauer, Connell and Roberts each netted two points for the Bulldogs.

Zalucki paced Dexter, with 19 points, while Ziegler had 15 points, including two triples.

Gucker chipped in 11 points, while Benjamin had four points.

Senior guard Justin Maksym ended up with three points, while junior forward Rob Kuzon had one point for the Dreadnaughts.

Chelsea out-rebounded Dexter 24-18 for the game.

The Dreadnaughts committed 12 turnovers, while the Bulldogs had 11.

On Feb. 28, the visiting Bulldogs defeated Jackson Northwest 84-57.

Five Chelsea players scored in double figures in the contest.

Leading the Bulldogs was Hudson, with 24 points, including four three-pointers. He also had nine rebounds, five steals and five assists.

Seelbach, Mantel and Sauer each added 11 points. Mantel also had six boards and four blocked shots.

Connell finished with 10 points, four rebounds and



Chelsea cheerleaders fire up the Bulldog crowd during a break in the action, in last Friday's basketball game versus Dexter. The Bulldogs defeated the Dreadnaughts 63-53.

three assists, while Weber had nine points, five rebounds and two assists.

Moffett ended up with six points and four assists, while Freeman (6-4) had two points for the Bulldogs.

Chelsea finished the game 31-of-55 from the floor for 56 percent. From beyond the arc, the Bulldogs were 10-of-18 for 56 percent. Conversely, the Mounties were 21-of-49 from the field for 43 percent.

At the foul line, Chelsea was 12-of-14 for 86 percent, while Northwest was 11-of-14 for 79 percent.

On the boards, the Bulldogs out-rebounded the Mounties, 23-21.

Chelsea had 13 turnovers, while Northwest had 19.

Freshman Basketball

Chelsea's freshman boys' basketball team defeated visiting rival Dexter 57-45 last Friday in the final regular season game for both squads.

Michael Roberts led the Bulldogs (11-9), with 21 points. Michael Stratman added 12 points for Chelsea.

The Bulldogs held a 26-17 advantage at the break.

"We had three starters get into foul trouble in the first half," said Chelsea coach Jason Morris.

"Travis Johnson, Dakota Risner, Matt McCalla, Aaron Gates and Michael Cooper gave us some key minutes off the bench and allowed us to keep our lead."

Entering the fourth quarter, the Dreadnaughts had trimmed the Bulldog lead to four points, at 35-31.

Chelsea exploded for a 7-0 run late in the game, securing its victory.

"We knew they (Dexter) would keep competing," Morris said. "I was proud of how we handled the adversity and kept responding to

their comebacks. Brett Everding was outstanding rebounding the ball and gave us multiple second chances on the offensive end. Overall, I thought we worked real hard on both ends of the floor throughout the game."

Morris said this season's squad improved throughout the year.

"It was a great group of young men to be around," he said. "I look forward to watching them grow and improve even more in the future."

Sports Editor Don Richter can be reached at 475-1371 or at drichter@heritage.com.

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ENTERTAINMENT

THURSDAY, MARCH 9, 2006

PAGE 7-C

CHELSEA

Lenten fish fry has record turnout

Blessed Louis Guanella Council No. 3092 of the Chelsea Knights of Columbus were both pleased and overwhelmed with the turnout of supporters last Friday for the first Lenten Fish Fry of the season at St. Mary Catholic Church.

An annual tradition for Christians who abstain from meat during the seven Fridays of Lent, the Knights

of Columbus Fish Fry in Chelsea has developed a reputation for serving one of the best fish dinners in the area.

Kenneth VanGolen, Chair of the Knight's Fish Fry Committee, announced this week that a new attendance record was broken last Friday night.

"We were pleasantly surprised by the huge turnout that we had last week," he

said. "We were only expecting to serve 550 dinners, and we wound up setting a new record by serving 682 dinners. We can't thank the community enough for their great support. Our profits will all go back into the community through the many charitable works that we perform during the year."

One issue that needs to be addressed is the back-up that occurred through an

equipment failure resulting in a long wait during the peak serving period.

"We want to assure our supporters that we will be taking measures to correct last week's problems," said VanGolen. "We will be returning to our previous method of taking orders first, and then seating our guests at open tables. We will also start the cooking process sooner to make sure that we

are able to cover the first rush much more efficiently.

"We want to apologize to our friends who may have been uncomfortable by the long lines last week, and we promise to try to move things along more effectively this Friday night."

The Knights of Columbus

Fish Fry at St. Mary occurs every Friday during Lent, and runs from 5 p.m. to 8 p.m. Prices are \$9 for adults, \$7.50 for seniors, and \$5 for children under 12 years of age.

For more information, contact the parish office at St. Mary at 734-475-7561.

DEATHS

Continued from Page 6-C

JOANNE E. DILS

Clayton, Ohio

Joann E. Dils, 70, of Clayton, Ohio, died March 5, 2006 at Hospice of Dayton.

She was born May 18, 1935 in Cincinnati, Ohio, to Everett and Martha (Simpson) Milburn. She graduated from Trotwood-Madison High School in 1953 and later worked at the Montgomery County Transportation Department as an aid for the last 14 years. She loved gardening, working on her homes, traveling, Sunday drives, being with family, friends and new experiences.

She is preceded in death by her parents.

Survivors include her devoted family: son, Jeffery E. (Lynn) Dils of Chelsea; daughter, Sandra J. Dils of Englewood, Ohio; sister, Connie (Mark) Guess of Jamestown, Ohio; grandchildren, Sooner Brooke-Heath and Crystal Bohse; and great grandchildren, Tyler, Austin and Collin.

A memorial service was held Wednesday at Rogers' Funeral Home in Trotwood, Ohio.

Memorial contributions may be made to PanCAN, 2141 Rosecans Ave., Suite 7000, El Segundo, CA 90245. 1-877-272-8226, www.pan-can.org/Donate/how.html or to Hospice of Dayton, 324 Willington Ave., Dayton, OH 45420, 1-800-653-4490.

JOHANNA H. WARREN

Grand Rapids

Johanna H. Warren (nee Brueckner), 88, of Grand Rapids died March 3, 2006.

As the oldest daughter of the Rev. Moritz Brueckner and his wife Martha, she was actively involved in

the life of his congregations. After graduating from Chelsea High School, she attended Robinwood School of Nursing in Toledo, Ohio. She earned her RN and worked actively in nursing most of her life. She also taught nursing.

She married Robert R. Warren in 1939. Johanna and Bob gave their children a wide appreciation of life and learning. She was widowed in 1975.

Music was an important part of her life. She sang with the choirs of almost all the churches to which she belonged and also played the organ.

She played piano for a dance band and sang with Sweet Adelines; singing together was an important part of gatherings.

In addition to her husband, she was preceded in death by her parents; her sister, Irma Schaeffer; and her brothers, Bruno and Moritz Brueckner. She is survived by her children, John and Beverly Warren of Hastings, Eric and Sally Warren of Rockford, Christine Smith of Cape Coral, Fla., and Fred Warren of N. Muskegon; 10 grandchildren; 12 great grandchildren; a sister, Esther Hunter of DeMolines, Wash.; a brother,

Ted (Doris) Brueckner of Mill Creek, Wash.; and many nieces and nephews.

A funeral service was held Monday at the Pederson Funeral Home in Rockford with the Rev. Marcie Miller officiating. Interment was at Toledo Memorial Gardens.

Those planning an expression of sympathy are asked to consider Ascension Lutheran Church.

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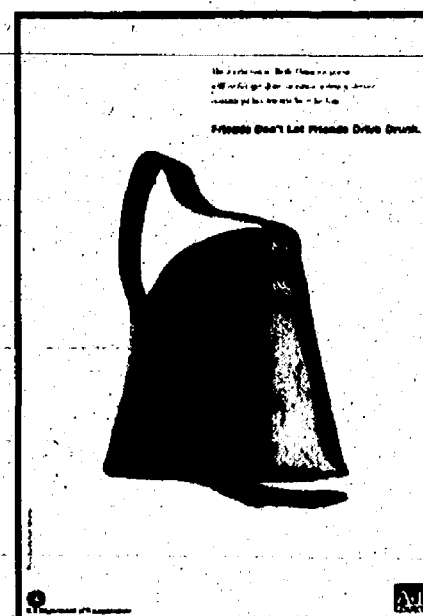
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COLLEGE ATHLETICS

Former Bulldog Mann named first team All-MAC



Former Chelsea standout Allison Mann was selected earlier this week to the Mid-American Conference's first team women's basketball squad. The 6-foot-1 junior forward leads Bowling Green State University, which is ranked No. 24 in the nation, with a 14.7 scoring average.

Chelsea's Taylor sets CMU record in weight throw

By Don Richter
Sports Editor

Chelsea athletes continue to excel at the Division I collegiate level.

Last Monday, former Bulldog Allison Mann was named first team All-Mid-American Conference in women's basketball for Bowling Green State University.

The junior tri-captain is the first Falcon named to the league's first team since the 1999-2000 season. League head coaches selected the All-MAC squad.

Mann, a 6-foot-1 forward, leads Bowling Green in scoring, with 14.7 points per game. She's second on the squad in rebounding, with 7.3 boards per contest. She's scored in double figures in 23 of the Falcons' 27 games, including five games of 20 points or more.

Behind Mann, Bowling Green is ranked No. 24 in the nation by the Associated Press. The Falcons have a 25-2 overall record, and a 16-0

conference mark.

For her career, Mann is 11th on Bowling Green's all-time scoring list, with 1,227 points. She is the fourth fastest player in Falcon history to reach 1,000 points.

Last season, she was named second team All-MAC and the team's co-Player of the Year. In her first year, she was selected the MAC's Freshman of the Year, and earned honorable mention All-Conference.

At Eastern Michigan University, Chelsea senior third baseman Matt Moffett has started 10 games for the 4-7 Eagles. For the season, he's batting .242, with eight hits, two RBIs and one double, as EMU's clean-up hitter.

At Central Michigan University, former Bulldog Stephanie Crews is the starting shortstop for the Chippewa softball team.

Last Sunday, Crews, a 5-9 senior, helped lead CMU (4-6) to a 4-3 victory over Seton Hall, at the Cox Communications Classic in Gainesville, Fla. She had a walk in two at-bats. Last season, Crews started every game but one at shortstop for the Chippewas.

Also at Central Michigan,

Chelsea's Kari Taylor set the Chippewa school record in the weight throw, with a heave of 60-feet, 6 1/2 inches, Feb. 17.

On March 2, Taylor, a senior track and field standout, placed sixth, in the weight throw, with a mark of 58-10, at the MAC indoor championship meet.

Taylor competes in all five throws for CMU, including hammer throw, shot put, discus, javelin and weight throw.

At Western Michigan University, Connie Kolokithas had a single in the Broncos' 4-3 softball victory over Maryland at the Sunshine State Tournament last Saturday.

For the season, Kolokithas, a 5-8 senior centerfielder, has a .222 batting average, with eight hits and four runs scored. She has started all 13 games this year for WMU. Last season, she started all 48 games in centerfield for the Broncos.

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Top Books for Young Readers

Children who are avid readers obtain many benefits from their literary prowess. Through reading, vocabulary is expanded and an understanding of grammar and word usage is learned, among other educational lessons. Reading also opens children's minds to imagination, travel, different cultures, and a variety of ideas beyond their own little worlds.

Experts encourage parents and caregivers to read to their children as early as possible to foster a love of literature at an early age. It is not uncommon for a mother-to-be to read to her child while the baby is in utero and continue to do so as her baby ages from infant to toddler to early student. The more exposure a child has to books and reading, the more likely he or she will develop an affinity for enjoying a good book — and continue devouring literature throughout life. By reading aloud to their young children, parents can help them acquire the prerequisite skills they will need to learn to read in school. Being read to has been identified as a source of children's early literacy development, including knowledge about the alphabet, print and characteristics of written language. In addition, shared parent-child book reading during children's preschool years leads to higher reading achievement in elementary school, according to the published study, Review of Educational Research.

Part of encouraging children to read involves exposing them to a variety of books. Here's a list of just a few popular children's books good for young readers ages 4 and up (although you can enjoy them with younger or much older children as well).

"Where the Wild Things Are" by Maurice Sendak. This Caldecott Medal-winning picture book is about a boy who becomes angry and goes to "where the wild things are."

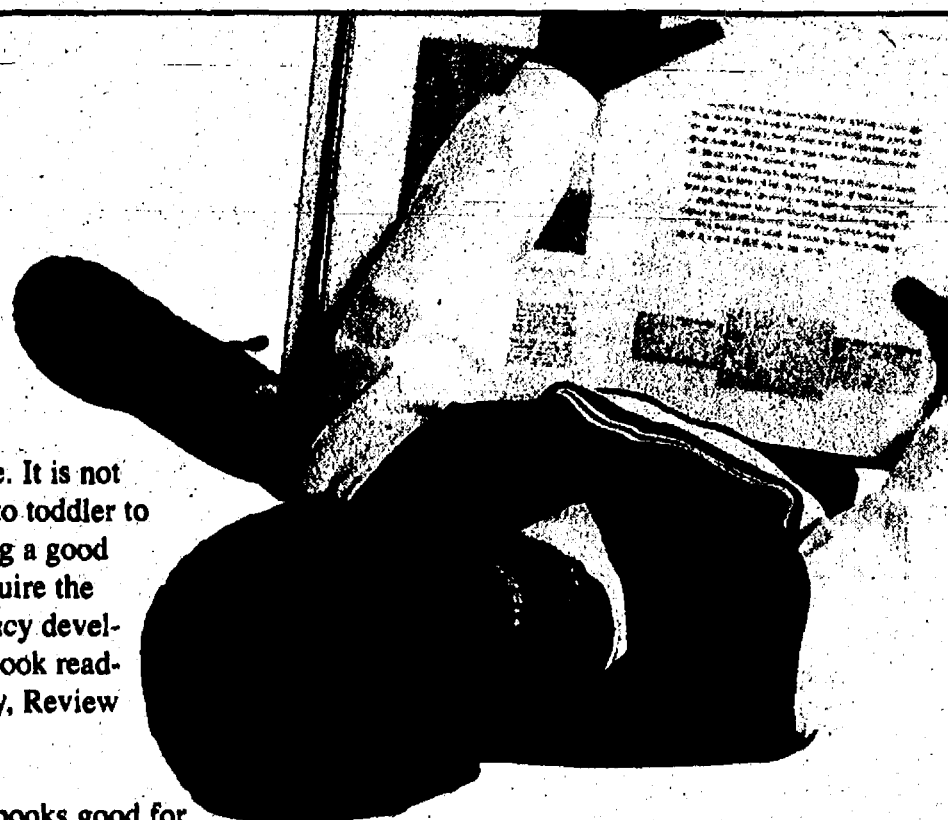
"Miss Nelson is Missing" by Harry Allard. Miss Nelson's class misbehaves constantly. That all changes when a substitute teacher, Ms. Viola Swamp, scares them into being model students.

"Green Eggs and Ham" by Dr. Seuss. While just about all of Dr. Seuss' whimsical rhymes can entertain, this classic about Sam-I-Am and his taste for green eggs and ham is definitely a winner.

"Where the Sidewalk Ends" by Shel Silverstein. Poet, songwriter and artist, Silverstein presents a collection of quirky observations and clever poetry that will capture the imaginations of little readers everywhere.

"Cloudy With a Chance of Meatballs" by Judi Barrett. Children will laugh out loud from this tale of a tiny town called Chewandswallow, where it rains a variety of foods three times a day.

"The Velveteen Rabbit" by Margery Williams Bianco. An enchanting tale of the love between a child and his stuffed rabbit, who magically comes to life.



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DEATHS

PAUL KOCH SR.

Dexter

Paul Ronald Koch Sr., 64, of Dexter died peacefully in his sleep Feb. 22, 2006, at his home. He was born July 11, 1941, in Wayne, the son of Wilma D. and the late Arthur G. Koch Sr.

He was a 1959 graduate of Lincoln High School. On Nov. 21, 1959, he married Wanda Williamson.

Mr. Koch was self-employed in Dexter and the surrounding areas, where his motto was "Ron's Repair, I can fix anything but a broken heart."

Survivors include two daughters, Rhonda Hall of Dexter and Wendy (Larry) Woodward of Munnith; two sons, Ronald Paul II (Cynthia) Koch of Savannah, Ga., and Donald James Koch of Stockbridge; six grandchildren, Maria (Bryan) Moss, Tara-Sky (Matt) Alford, Bruce Woodward, Jessica and Robert Hall and Joshua Koch; two sisters, Janice Jones and Arlene (Richard) Cochenour; and three brothers, Lester (Megana) Koch, Kenneth (Bonnie) Koch and Arthur G. (Sandra) Koch II.

In addition to his father, he was preceded

by Warner Stiers; a brother-in-law, James Jones; and a granddaughter, Jamie Nicole Proctor.

Services were held Feb. 27 at Hosmer-Muehlhag Funeral Chapel in Dexter. Cremation has taken place.

GERALD EDGAR BURNS

Dexter

Gerald Edgar Burns (Jerry) died March 4, 2006 in his home, attended by his wife and brother.

Born Oct. 29, 1922 in Port Huron, he spent most of his childhood in River Rouge, graduating from River

entered the University of Michigan Engineering School in 1940, where he ran track. His various weekend running companions included Forest Evashevski, Tom Hamon and Bob Ufer. In 1943 he left his chemical engineering studies and went into the Navy V-12 program. He was involved in many of the major theatres in the South Pacific as a fire controlman on an LST.

After leaving the Navy in April 1946, he married Irma Dee Lyle on June 29, 1946. She survives along with their five children, David Burns, Candice Burns (Brian Malville),

Burns (Lotta Jarnefelt), and Bart Burns (Lori); and 12 grandchildren, Ami, Alison, Burns, Jonathan, Joseph, Lauren, Marguerite, Paul, Rudl, Sessie, Wilder, and Zak. His brother and best friend, Larry, also survives.

After marriage, Jerry went to work for Great Lakes Steel. As the head of the Safety Committee for Local 1299, he served two terms on the Public Safety Commission for Michigan at the request of Governor G. Mennen Williams. He also ran Burns Tax Service in River Rouge and Dexter. He believed in active

He loved numbers, gardening, getting the most out of a dollar, and having his family around. He retired from Great Lakes in 1987 and moved to the Dexter area. He only had three regrets in his life: the 2000 Presidential election, the 2004 Presidential election, and the fact that U of M lost to Indiana in basketball on the day of his death.

A memorial service will take place 1 p.m. March 11 at Dexter United Methodist Church.

Contributions can be made in his name to the Democratic National Committee or Arbor Hospice.

See DEATHS

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Dexter, MI
(734) 426-5115
The Rev. LaVerne Gill

SUNDAY:
Holy Communion 8:00 a.m.
Church School, 9:15 a.m.
Worship, 10:30 a.m.

First United Methodist Church

129 Park Street, Chelsea, MI
734-475-8119

Sunday Worship: 8:30 & 11:00 a.m.
Sunday School: 9:45 a.m.
Wednesday Nights Meal: 5:30 p.m.
Youth Groups & Programs for All Ages 6:15 p.m.
The Rev. Joy Barrett
The Rev. Barbara Lewis-Lakin
www.chelseaumc.org

Join us this Sunday... Our Savior Lutheran

8:15am Heritage Service
9:30am Sunday School & Education Hour
10:30am Celebration Service & Kids Praise

1515 South M-52 - Chelsea
(Next to McDonald's)
734.475.1404
www.oursaviorchelsea.com

Fire Mountain Worship Center

Pierce Lake School
275 N. Freer, Chelsea
Sunday Worship Service:
10 a.m.
Pastors John & Sarah Groesser
(734) 475-7379
"Come to the mountain and touch the fire!"

Dexter Gospel

2253 Baker Road, Dexter
(734) 426-4915

John O'Dell, Pastor

Sunday: Sunday school, 9:30 a.m.;
Worship 10:30 a.m., 6 p.m.

Independent Fundamental Baptist
Wednesdays, 6:30 p.m.:
Awana September till May

PEACE Lutheran Church

8260 Jackson Rd.,
(Corner of Jackson & Parker Rds.)
SUNDAY SERVICES
8:30 a.m. & 11:00 a.m.

Sunday School & Bible Study 9:45 a.m.
Wednesday Evening Lenten Services at 7:00 p.m.

Pastor Larry Courson
(734) 424-0899
e-mail: peace.lutheran@cuaa.edu

Chelsea Church of Christ

13661 East
Old US-12
Chelsea, MI 48118
(734) 475-8458

Chris Dawson, Preacher
Sunday School 8:30 am
Sunday Morning Service 10:30 am
Sunday Evening Service 6 pm
Wednesday Bible Class 7 p.m.

St. Andrew's United Church of Christ

7610 Ann Arbor St.
Dexter, Michigan
734-426-8610

Sunday Services
9:00a.m. & 10:15 a.m.
"A Place for Everyone"

WATERLOO VILLAGE UNITED METHODIST CHURCH

8110 Washington St.
Service:
Sunday 11:00 a.m.
(734) 475-1171

Breakfast-2nd Sunday
Sept. to May

Chelsea Free Methodist

Traditional Worship 8:30 am
At 7665 Werkner Rd.

Contemporary Worship 11:00
At Washington Street
Education Center

A different kind of church for the 21st Century
475-1391

Faith Lutheran Church

9575 N. Territorial Rd.,
1/4 mi. W. of Dexter-Pinckney
Mark Porinsky, Pastor
(734) 426-4302

Sunday School 9:00 a.m.
Sunday Worship 10:00 a.m.

"We're in your neighborhood"

Immanuel Bible Church

145 E. Summit St.
(734) 475-8936

Dominic Aquilino, Pastor
Sunday School 9:00 a.m.
Worship Service . . . 10:00 a.m.
Sunday Evening . . . 6:00 p.m.
Wed. Prayer Meeting 7:00 p.m.
AWANA Club . 5:30 p.m. Sundays

www.immanuelbiblechurch.net

CHELSEA NAZARENE

12126 Jackson Rd.
Exit 162 off I-94
(734) 475-2526

Sunday: Worship Services,
11:00 a.m.

Dexter UMC

on the Huron River
7645 Huron River Drive
Dexter, MI 48130-0221
734.426.8480

9 AM Traditional Service
10:30 AM Contemporary Service
Open for prayer 11:30-1:30, M-F

Dr. Matt Hook, pastor
Rev. Steve Bringardner, pastor
www.dexterumc.org

Chelsea Christian Fellowship

337 Wilkinson St.
Chelsea, MI
475-8305

John Dambacher, Pastor
Sunday School 9:00 a.m.
Sunday Worship 10:00 a.m.
Wed. Bible Study 7:00 p.m.

FAITH BAPTIST CHURCH

4030 Kalmbach Rd.
(exit 156 and I-94)

10 am Sunday School
11am Morning Service
6 pm Evening Service
Wednesday Mid-week Service

Pastor Jack T. Story
Call 734-433-1356 for details.

Be Our Guest at St. Paul Lutheran Church - LCMS

7701 E. M-36 in Hamburg
SUNDAY WORSHIP SERVICES
8:00 am & 9:30 am

11:00 am Contemporary Service
Education Hour for all ages: 8:15 am

40 DAYS OF PURPOSE:
Feb. 26-Apr. 9
Call 810-231-1033
www.stpaulhamburg.com
Take U.S.-23 to East M-36.
St. Paul is located on the right side of M-36 before Hamburg.

St. Barnabas Episcopal Church

Sunday Service 10:00 a.m.
Sunday School 10:00 a.m.

Join us this Sunday!
20500 Old U.S. 12
Chelsea, MI 48118
(across from Chelsea Fairgrounds)
734-475-8818

St. John's United Church of Christ

Rev. Dr. Nancy M. Doty, Pastor
12316 Waters Road
in Freedom Township

Sunday Worship
9:30 a.m.
Sunday School
9:15 a.m.

Office Phone (313) 986-7661

Fellowship Bible Church

2775 Bedford Rd.
Ann Arbor, MI 48104
www.fellowshipbiblechurch.org

"If it's Bible you want, come to Fellowship Bible."

Sunday 9:30am - S.S. for all ages
10:45am - Worship
6:00pm - Bible Study
Wednesday 6:30pm - Prayer Meeting, Awana, Teen, Journey
Saturday 7:30am - Men's Prayer Fellowship

Dr. Raymond E. Scott, Pastor
Dr. Matthew A. Penick, Assistant Pastor

Baha'i Faith

"So powerful is the light of unity that it can illuminate the whole earth." Baha'u'llah

Weekly devotions, study, and children's classes
All are welcome!

Please call for more information:
(734)475-2718 • 1-800-22-UNITE
www.bahai.us

First Congregational (United Church of Christ)

121 East Middle Street
Chelsea, MI
(734) 475-1844

Sunday School for all ages 9am
Worship Service 10:00 a.m.
Rev. Barbara Wright, Pastor

NORTH LAKE UNITED METHODIST CHURCH

14111 N. Territorial Rd.
Chelsea, MI (734) 475-7569

SUNDAY WORSHIP
9:00 & 10:45 a.m. Services
Child Care Provided
CO.O.L.J. Sunday School 9 a.m.
(Children of our Lord on a journey)

Classes for all ages
Alice Sheffield, Pastor

St. Paul United Church of Christ

14600 Old U.S.12
Chelsea

Karen Schulte, Pastor
475-2545

Church service begins at 10:00 am
Third Sunday
Morning Praise Service
We'd love to have you join us!

Zion Lutheran Church (ELCA)

3450 S. Fletcher Rd., Chelsea
(734) 475-8064

Preparing Christ's Disciples & Sharing God's Love

Pastor Doris Sparks
Sunday School: 9:15 a.m.
Sunday Worship: 10:30 a.m. & 7:00 p.m.

St. James' Episcopal Church

3279 Broad St., Dexter
Phone: 426-8247
www.stjamesdexter.org

Holy Eucharist 8:00 am & 10:00 am on Sundays
Sunday School at 10:00 am

Rector: The Rev. Cynthia Gottschalk

DEXTER CHURCH OF CHRIST

734-945-6539
"We Care About You"

Family Friendly-Bible Based Christianity
Sunday Morning: Bible School 9:30 AM
Worship 10:30 AM

Wed. Evening 7:00 PM Devotion & Bible Study
We meet at: MILL CREEK MIDDLE SCHOOL, 7300 Dexter Ann Arbor Road, Dexter, MI

First Assembly of God of Chelsea

The Truth is here
Come, you'll never be the same

475-2615

across from old Pelly's
Sunday Service 11am & 6pm
14900 Old US 12
Chelsea, MI 48118

The Chelsea and Dexter Area Church Calendar is Co-Sponsored by

Advertise Your Church Service

Call Michelle at 734-429-7380

Only \$7.50 per week

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CHELSEA MILLING COMPANY

CHELSEA, MICHIGAN 48118

* Page 8

FIXED HARDWOODS
Seasoned split, 4x8
x16 to 18, \$65 delivered. Ann Arbor, Saline, Manchester, etc. 517-456-7884

Posters
POSTER, cherry finish, set, condition w/hood/feet boards, slats/rails \$275. 734-283-9593

DINING ROOM SET
Dining room set, pedestal table 4 chairs, china cabinet \$2,400 o/b 734-281-3696

BEDROOM SET
Child's, Oak veneer 5 pieces, good condition \$350 o/b 734-287-3684

Black wrought iron & glass dining room set, \$250 o/b. Armoro, \$150. 734-782-0071

KID'S BUNKBED
metal head-foot boards, \$60. SOLD!!

LIVING ROOM set blue tones, clean, very good condition. \$400. 734-284-3326

Fast Cash Sell Classified

OAK ENTERTAINMENT
center TV opening 30", overall size 70" wide, 70" high. \$75 734-284-3326

TANLEY DINNING
room set. Rectangular table w/2 leafs, 4 chairs, china cabinet and a server. Good condition. \$1200/best 313-561-4760

WIN SYSTEM wireless water bed, includes oak headboard, \$95. SOLD!!

Handwritten Lyrics
Handwritten Lyrics

ROCKY MOUNTAIN
HUGE scrapbooking & stamping sale Sat. 3/31/11 10:00am to 4:00pm Our Father's House Of Downriver 2265 Sibley Rd.

Handwritten Lyrics
Handwritten Lyrics

Free
board
se for less
under \$100)
Press & Guide
(Yellow)
set of ad by mail.
are prohibited.
Zip
te, MI 48195

	8	9	10
4			
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	25	26	27
6			
	47	48	49
5			
8			
	61		

Performance Science workshop
What "octo-" means
Winter forecast
Yule
Modeling material
Base runner's goal
"Wham!"
"The - Daba Honeycomb"
Charged bit
GI entertainers

King Crossword

1	2	3		4	5	6		7	8	9	10
11			12		13			14			
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56					57			58			
59					60				61		

ACROSS

1 Honest politician

4 Ninny

7 October birthstone

11 Interoffice note

13 Comprehend

14 Comic Jay

15 "You've Got -"

16 Listening device

17 Plumbing problem

18 Surpass

20 Pinball no-no

22 Wray of "King Kong"

24 Whom Simple Simon met

28 Iguanas and geckos

32 Grammarian's concern

33 Raw rocks

34 Sample the sherry

36 Authentic

37 High-ranking Turk

39 At ease

41 Lure

43 Shriver of tennis fame

44 He gave us a lift

46 Dugout seating

50 Analgesic target

53 Wildebeest

55 - contenders

56 Reed instrument

57 Bk. after Dan.

58 Squad

59 Maestro's handful

60 Cube root of 42-Down

61 Caustic solution

DOWN

1 Bullets

2 Boyfriend

3 Send forth

4 Candle count

5 Membership

6 Divest

7 Unfused to find

8 Apiece

9 Blackbird

10 Prune

12 Passé

19 Rowing tool

21 Actress Lucy

23 Gridiron meas.

25 "Animal Crackers" surname

26 Malaria symptom

27 Requirement

28 Easy stride

29 Persia, now

30 Piquancy

31 Knight's address

35 Edema

38 Performance

40 Science workshop

42 What "octo-" means

45 Winter forecast

47 Yule

48 Modeling material

49 Base runner's goal

50 "Wham!"

51 "The - Daba Honeymoon"

52 Charged bit

54 GI entertainers

ANNOUNCEMENTS
 1010 Adoptions
 1020 Celebrations
 1025 Card of Thanks
 1030 Legal Notices
 1035 Lost
 1040 Found
 1045 Personal/Announcements

MERCHANDISE
 2010 Antiques
 2020 Appliances
 2030 Arts/Crafts/Bazaar
 2040 Auction/Estate Sale
 2050 Bargains
 2060 Building Supplies
 2070 Business/Office Equipment
 2080 Cemetery Lots
 2090 Collectibles/Hobbies
 2100 Computers
 2110 Electronics
 2115 Farm Equipment
 2120 Farm Produce/Flowers/Plants
 2130 Lawn/Garden
 2140 Firewood/Fuel
 2145 Bargain Hunter
 2150 Furniture
 2160 Garage/Runnag Sales
 2170 Jewelry & Apparel
 2180 Machinery & Tools
 2190 Miscellaneous for Sale
 2200 Miscellaneous Wanted
 2210 Musical Instruments
 2220 Pools/Spas/Hot Tubs
 2230 Seasonal Items
 2240 Sporting Goods

ANIMALS
 3010 Horses/Livestock
 3020 Pets
 3030 Pet Services/Supplies

EMPLOYMENT
 4010 Accounting/Finance
 4020 Automotive Employment
 4030 Business Opportunity
 4033 Computers/IT
 4036 Dental
 4040 Domestic
 4050 Drivers
 4060 Education/Training
 4070 Employment Services
 4075 Engineering/Design
 4080 General Employment
 4090 Health Care
 4100 Nursing
 4110 Office/Clerical
 4120 Professional/Management
 4130 Restaurant/Hotel
 4135 Retail
 4140 Sales/Marketing
 4150 Skilled/Technical
 4160 Situations Wanted
 4170 Job Fairs

REAL ESTATE FOR RENT
 5010 Apartments/Flats
 5020 Commercial/Industrial For Rent
 5030 Condos/Townhouses/Duplexes
 5040 Houses For Rent
 5045 Land for Lease
 5050 Living Quarters to Share/Rooms
 5060 Manufactured/Mobile Homes
 5070 Resort/Vacation Homes For Rent
 5080 Wanted To Rent

REAL ESTATE FOR SALE
 5510 Open Houses
 5520 Genesee County
 5530 Lapeer County
 5540 Livingston County
 5550 Macomb County
 5555 Monroe County

Oakland County
 St. Clair County
 Washtenaw County
 Wayne County
 Wayne County For Sale By Owner
 Mid-Michigan
 Northern Property
 Thumb Area
 Upper Peninsula
 Waterfront
 Western Michigan
 Out of State
 Commercial/Industrial
 Condos/Townhouses/Duplexes
 Income Property
 Manufactured/Mobile Homes
 Loans/Mortgages
 Real Estate Wanted
 Lots/Vacant Land

TRANSPORTATION
 6005 Auto Auctions
 6010 Automobile Financing
 6020 Autos for Sale
 6030 Autos Wanted
 6040 Aviation
 6050 Boats/Watercrafts
 6051 Dockage for Lease
 6053 "Budget Autos under \$2,000"
 6060 Classics/Hot Rods
 6070 Motorcycles/ATV
 6080 RVs & Accessories
 6090 Rvs/Trailers
 6100 Service/Repair
 6110 Snowmobiles
 6120 Sport Utility
 6130 Trucks
 6140 Vans/Mini

BUSINESS SERVICES
 7010 Accounting/Taxes

Alterations
 Animal/Pest Control
 Appliance Repair
 Asphalt/Seal Coating
 Attorneys/Legal
 Banquet Halls/Catering
 Basement Waterproofing
 Brick/Block
 Building/Construction
 Cement Work
 Ceramic Tile Installation
 Child Care
 Chimney
 Cleaning/Janitorial Services
 Clock Repair
 Computer/Internet Services
 Consoles/Adult Care
 Docks/Patio/Sunrooms
 Drywall/Plastering
 Education/Training
 Electrical
 Electronics Repair
 Entertainment
 Fences
 Flooring
 Florists
 Furniture Repair/Restoration
 Hair/Beauty Services
 Handyman
 Heating & Cooling
 Home Improvement
 Insurance
 Lawn Care/Landscaping
 Limousine
 Manufactured/Mobile Home Services
 Miscellaneous Services
 Moving & Storage
 Painting & Decorating
 Photography/Video Services
 Plumbing
 Pool/Spa Installation/Repair

Power Washing
 Roofing
 Security
 Septic Systems
 Service Directory
 Siding/Gutters
 Small Engine Repair
 Snow Removal
 Telephone Installation/Repair
 Towing
 Tree Service
 Trucking & Hauling
 Water/Well Drilling
 Health/Nutrition
 Welding
 Windows & Doors

PUBLISHER'S NOTE

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Heritage Newspapers assumes no responsibility for accuracy or content of voice mail messages.

DEARBORN HTS. Sat.
 March 18, 9-4
 Cherry Hill Baptist Church 1045 N. Guley Rd. Silent auction & bake sale: clothing, books, sporting goods, furniture, electronics, toys, housewares & more!

FAST CASH Sell Classified

CHLSEA OFFICE
 Space available now. Located at the corner of Main Street and Old US 12. 750 sq. ft. Utilities included. Only \$1250/month. Call Michelle at (734) 475-1371 for details

Lincoln Park Estate Sale
 1336 Marion
 Sat. Mar. 11th 9am-5pm
 Sun. Mar. 12th 10am-4pm
 Fort Street & Southfield off Southfield north at Caddess Dairy. Entire contents of a large 3 bedrm, full bath, 2 car attached garage home. This will be a very large sale with 2 dealerships. Large amount of antique furniture, tables, tiger oak china cabinet, sawing boxes, smoke stand, pictures, bear collection, Budweiser mugs, large cast iron bell & kettle, Christmas items, crocks, Easter items, fishing lures, jewelry, oak table with 6 chairs, oil lamps, spinning wheel, over 2,000 items priced to sell. For a more complete list and pictures of the sale items visit: www.michiganestate.com
 Owner Danny Borow
 Call 734-552-2538
 313-333-3413

Lincoln Park
 10-1245 N. Guley Rd. something for everyone. March 10, 11, 12 10-4pm. 3028 Ferris

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 Sell Classified!

RIVERVIEW MOVING
 SALE, from kid's stuff to tools & more. 14525 Pennsylvania Rd., S.W. 10-5.

ALWAYS BUYING
 old pocket watches, scrap gold & coins.
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Nothing will sell it faster than... Classified Ads

PLATINUM 3 stone
 ring, round, 123 center diamond, S11, F color, 2 round, 80 cabat blue sapphires. \$7,900 734-262-6284

BRICKHAVEN MANOR
 A Premier Retirement Community
 734-747-8800
 TTY: 800-989-1833

GOLF CARTS - Club
 Cars professionally maintained, 48V w/ battery chargers & windshields. 70 available from local country club. 97-98-2000-2002. Cars can be viewed online at ebay stores. JC's carts for more information or viewing call 7 days between 8-5 p.m. at 734-675-3866.

MAN. LIFT-Genie 1978
 34ft. lift, battery operated, new batteries, new bearings \$7K o/b 313-388-0047

POOL TABLE
 New in box, 8' 1" slate \$1250.
 734-732-9338

PROM GOWNS sizes 2 thru 24, very reasonable prices.
 734-782-0403

IT'S A SURE SALE
 In the Classified

SCHWIN CORVETTE
 Bike, like new, never ridden, sparkles! \$800
 (313) 274-8714

TRAILER & PARTS
 New & used enclosed cargo trailer. Many to choose from. Full line of gooseneck, utility, and horse trailers available. Axles, fenders, hubs, springs, lights, coupler, etc., in stock.
 Brown's Trailer, Inc.
 Three miles E. of Clinton on US-12
 517-456-4520

VALLEY 8FT. pool table w/ billiard accessories & 3/4 ton ball and condition!
 \$700. SOLD!!!!

WEATHER GUARD Steel
 Loaders (4) for 8' bed. \$75 each 313-363-6925

WEDDING DRESS
 new size 18 Ivory satin, beaded, strapless, w/accessories \$800 o/b
 313-445-0216

D.H. BALDWIN Baby
 Grand Piano, 5' 1", Ebony finish w/ matching bench, asking \$8000/best offer. Yamaha Clavinova CVP-50 Digital Piano w/ bench, \$500/best offer. 734-687-8171

IT'S A SURE SALE
 In the Classified

MUSICAL INSTRUMENTS
 WANTED, any condition. 248-842-5064

COMMERCIAL POOL
 table solid maple regularly \$5,999 ten in crate \$1,390 free set up, balls & cues 734-676-7295

HOTTUB 2005 Brand
 New, still in wrapper, seats 6 w/ lounge Recliners \$2,950. 734-732-9338

HERITAGE CLASSIFIEDS GET RESULTS RESULTS RESULTS
 1-877-888-3202

BOAT/MOTOR/trailer
 \$250, needs work, original design, older model, windshield & front console, Jim 734-362-1783 After 5

AKC BOXER Puppies
 tawn & brindle, 9 wks 2 males & 1 female. 734-624-1783

BEAGLE PUPPIES
 AKC, first shots, \$200 males \$250 females, parents on-site. SOLD

BOSTON TERRIERS
 CKC, 1st shots, adorable with beautiful markings, \$500-\$600 313-671-4000

CAIRN TERRIER
 puppies, adorable Toto's socialized, shots, papers, males \$650, females \$700 734-242-5370

CRIMHAWK POPPIE, 6 weeks.
 Female, \$300, 734-675-3407

COLLIE RESCUE
 See us Sat. Mar. 11th at Petco in Allen Park 877-299-7307
 www.collierescue.com

CONTROL FLEAS
 In the home without dangerous chemicals with the patented Happy Jack Flea Beacon. Results overnight. FARMERS SUPPLY (475-1777). www.e-shirk.com

GERMAN SHOT
 Haired Pointers, 9 mo. old, 1 female, 1 male, AKC registered \$100. 313-295-2358

GOLDEN DOODLE Puppies
 shot, wormed, guaranteed, home raised, low/no shed. 734-782-6983

GOLDEN RETRIEVER
 Pups, Home Raised AKC, Shots/Wormed, ready 3-1-08, \$450-\$500. 734-598-3940

IRISH SETTER pups, 5 weeks old, 3 male, 3 female, registered father, \$300. 734-506-2554

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 Weaned & Litter Trained, \$10. 734-502-2948

MINIATURE PINCHER
 female 1.5 yrs, never bred, make offer. Call between 9am-12pm 734-778-1906

MIXED TERRIER 2 yrs., female, \$75 w/ crate, good with kids. Call after 5 313-295-4230.

TOY FOX Terrier's
 UKC 7 to 10 lbs. grown, first shots & wormed \$350 734-790-0562

WANTED GERMAN
 Shepherd up to 1.5 years, more for the home. 313-388-9322

CHELSEA
 Spacious 1 bdrm. apartment, heat & water, furnished, \$500/month + dep. 734-475-8736

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- Driveways, roofs & parking lots installed, repaired & maintained
- Water / Sewer installations and repairs
- Landscaping, retaining walls & ponds
- Footings & block work
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- TOP QUALITY WORK AT AN AFFORDABLE RATE
- FAST FREE ESTIMATES
- SAVE \$\$\$
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 censed Day Care
 Openings for Full & PT. FIA Welcome
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 Brings buyers and sellers together. -Help families find new homes. Makes selling and shopping simple. Provide job seekers with career information.

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CLASSIFIED is one of the best single sources for selling items, seeking jobs, finding housing, meeting new people and more.

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 pair, many samples to choose from. 734-475-9241

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DAD'S SERVICE, LLC
 Local 734-395-8217
 Plumbing, screen, tile, electrical, carpentry

MYERS MAINTENANCE SERVICES
 Handyman specializing in small jobs. Plumbing, Electrical, Carpentry and more! Fully insured. 734-216-4381

EXPERT CONSTRUCTION
 Kitchen, Bath, Recreation rooms, Plumbing, Electrical, Handyman Services. Call 313-363-3558

NEED EXTRA CASH?
 Clean your basement, attic or garage and call HERITAGE CLASSIFIEDS. Our friendly advisors are ready to help you write an ad for best results. 1-877-888-3202

FINISHED CARPENTRY, Decks, remodeling and repairs. Licensed 30+ years. Ron 734-475-1080

KITCHEN, BATH, Basement, Plaster, Drywall, Paint. Bidder. License insured, 1st & senior citizen. 734-328-7385

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 Painting, Papering & Drywall Free est. 734-241-2389

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King Crossword
 Answers

Solution time: 21 mins.

ABE	ASS	OPAL
MEMO	GET	LENO
MAIL	EAR	DRIP
OUTDO	TILT	
FAY	PIEMAN	
LIZARDS	USAGE	
ORES	STP	TRUE
PASHA	RELAXED	
ENTICE	PAM	
OTIS	BENCH	
PAIN	GNU	NOLO
OBOE	HOS	TEAM
WAND	TWO	LVE

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REAL ESTATE

CHELSEA 2 bdrm. apt., close to town, country setting, utilities and cable included. \$439. 734-475-7139

CHELSEA APT. for rent, 1 bdrm., up stairs apt., on Main St., 700 sq. ft., \$625/month + utilities. Call Bill 734-475-9637

CHELSEA COUNTRY apt. no smoking or pets 734-260-4265

CHELSEA FOR RENT 2 Bdrm. Apt. Water, remodeled, sewage, heat, and basic cable included. \$720/Mo. \$500 Security dep. Bushnell Apartments 124 85 Wilkinson St. 734-260-3584

CHELSEA UPPER 1 bdrm. apt., plus study, washer/dryer, downtown, \$650/mo. + utilities. 734-216-4823

CHELSEA WARREN Apartments Privately owned & managed. No pets. 734-475-7418

DEARBORN E. 1 Bdrm. upper \$500 plus utilities. 313-441-6823

DEARBORN upper & lower, sep. utilities. 734-726-3111 313-602-6113

IN AN AN S295 Move In Specials PARKSIDE LANE APARTMENTS 1 & 2 BDRMS NEWLY REMODEL GREAT PLACE TO LIVE 734-439-7374

MANCHESTER 1 & 2 bdrm. for rent. 734-437-4246 or 734-428-376

MANCHESTER 1 bdrm., 2 bdrm., loft, free heat. 734-686-2836

MANCHESTER 2 bdrm., 1.5 bath, air apt. in 3 unit Victorian home. No pets. \$650. 734-999-0030

MANCHESTER Efficiency Apartment for rent in town. Call: 734-428-9202

MANCHESTER WOODHILL SENIOR APARTMENTS Accepting applications for 1 bdrm. apts. 62 yrs. or older disabled (regardless of age) rent starts at \$465. Barrier free available contact Char 734-428-0655 Equal Housing Opportunity TDD 800-649-3777

MILAN 1 bdrm. apt. \$450 - \$500 + electric. Long / Short Term. Stor. Apts. 734-439-4650

MILAN: 1 bdrm. apt. 500 sq. ft., 2nd floor. \$515/mo. includes satellite TV, utilities not included, deposit & references required. 734-216-9390

MILAN 1 bdrm. apt., trash, water & heat included, on-site laundry, 1 pet allowed. Half off 1st mo. rent. 734-439-7675

MILAN 3 bdrm., 1 bath washer/dryer hook up no smoking or pets \$850 utilities included 734-439-3141

MILAN: CAMFIELD Crossing 405 Central, has immediate openings for 2 bdrm. apt. Only a few left! Please call 734-439-7422 for an appointment. Applications are also available outside the office door. Rent is based on your income. For a limited time only, \$79 Moves You In!

SALINE 1 & 2 Bdrm. Apts. available. Please call 734-426-4022 or 734-944-3025

SALINE 2 Beautifully furnished 1 bdrm. apt. 750-850 sq. ft. in town, 3 bks. to hospital, 15 min. to Eastern U of M. Garage available. \$1250-\$1450. 734-327-4948

SALINE THORNCREST APARTMENTS Now accepting applications for one and two bedroom apartments. No pets. Call for our Specials 734-429-4459

TAYLOR 1 bedroom town homes, with separate entrance and bsm. Central air & heat included. Call 313-295-2001

WILLS HIDE remodeled 3 bdrm. apartments, available now 3 bdrm. \$900 mo. includes all utilities 734-439-9950

WYANDOTTE 2 bdrm. duplex, dining room, heat. \$439. 734-782-4542

WYANDOTTE 3 bdrm. duplex, dining room, bsm. \$600. 734-782-6542

WYANDOTTE, 500 Poplar, 1 bdrm up, non-smoker/no pets \$525 includes heat & water. 734-775-7492

TPSILANTI 3 bdrm., 2 bath, all appliances, incl. washer & dryer, \$720/mo. maximum income limits apply. Call (313) 732-8441 x715

GRASS LAKE Store front 900 sq. ft. excellent opportunity for retail or office space \$900 mo w/ water & sewer 517-822-4084

SALINE 450 E. Michigan Ave. 1765 sq. ft. Call Bob or Jerry 1-800-475-4854

SALINE PROFES- SIONAL bus. off. suite in historic area. Michigan Ave. frontage. Also secured garage storage. 734-428-3047

TRENTON OFFICE/ retail, newly remodeled located on West Rd. 734-671-1600

CHELSEA CONDO, 2 bdrm., 2 bath, only pet friendly, water & sewer included. \$1400/mo. + utilities. 734-363-0651

DEXTER CONVEN- IENT 2 Bdrm. Appliances, Washer/Dryer. \$700 mo., includes Water, Sewer, and Trash. 734-323-2717

DUNDEE, 425 Mason, 2 bdrm. new carpet large lot, all appliances. \$850. 734-646-9585

GRASS LAKE 2 bdrm. 1 bath \$750 per month 517-822-4125 517-522-5566

MILAN 2 bdrm., 1.5 bath, 1200 sq. ft. \$650 + utilities. 734-216-7389

MILAN 3875 Judd Rd. 2 bdrm. new carpet, private, near x-pressways 734-446-5585

MILAN 3 bdrm. duplex, 1.5 bath, fenced yard, walking distance from school. \$850. 734-828-7012

SALINE 2 bdrm. duplex, stove and refrigerator, full basement, attached garage, newly decorated. \$895/Mo. + dep. & utilities-254-0831 734-765-7884

SOUTHWICK SQUARE COOPERATIVE In Trenton. Now accepting applications to own 1, 2 & 3 bdrm. low income housing waiting list. Must qualify under Trenton Section 8 and HUD rules. 2 Bedrooms available. 1 to 4 bedrooms. Section 8 available. For more info, please call Alex. 734-676-6306

TAYLOR 3 bdrm., rent to own \$750/mo. (1st month) 248-475-5460

TRENTON 4 bdrm., new carpet & paint, bsm., privacy fence, \$975. 734-671-1495

WYANDOTTE 3 bdrm 1 bath upper \$800 mo 734-776-4572 845-992-1239

4 BDRM. 2 bath for-closure. Buy for only \$12,500! For listings 800-690-3990 x2250

CHELSEA Lease w/option to buy, 3 bdrm, large yard. 2.5 car garage, walk to downtown. \$1150/mth 734-475-0432

CHELSEA: RENT TO OWN New construction, 3/4 bdrm. \$1099/\$2299 mo. Call Mike @ 734-751-1624

Rembrandt **Crookston Court** - CHELSEA Open Sat, Sun & Wed 12-4pm or by appointment. Visit Facebook On Site. Priced from \$225,000-\$275,000 Located west of I-42 off Old US-12 to Gene Drive, just past Fairgrounds. Walking distance to historic downtown Chelsea. One-half acre lot. Choose from many floor plans, or bring your own. Will also build on your site. **READY FOR IMMEDIATE OCCUPANCY** Please Call Bob or Jerry 670 Crookston Court \$251,000 PLUS \$4,000 closing cost credit!

DEARBORN HTS. bdrm. \$800/mo. rent own or \$0 down purchase. 248-478-5660

DEARBORN, W. Monroe Outer Dr. 3 bdrm. bsm., garage, C/A, appliances, \$850. 313-917-2183

DEXTER AREA Open house Sunday 2 to 4 pm Brand new Ranch 734-320-3444

HUDI 3 bdrm. 2 bath buy only \$7500 Great Deal For listing 800-690-3990 x 6663

JOSLIN LAKE all sports 2 bdrm. w/tennis large lot w/wood \$750/mo. + utilities. Available now. 734-499-2183

LESS THAN PERFECT CREDIT? Refinance or purchase a home with \$0 down in any area! Short time on job ok. Approval not based on your credit scores. Call Todd Franklin: METRO FINANCE (248) 229-5182

MILAN SILVER Fox Condo. A Senior Development for active adults age 50 and better. Now has immediate occupancy. These newer 2 bdrm., ranch style units with all appliances, in-unit laundry and attached garage. Offer a secure and gentle lifestyle. \$800/mo. call Mary 734-476-7954 www.milanarea.com

TAYLOR 3 bdrm., rent to own \$750/mo. (1st month) 248-475-5460

TRENTON 4 bdrm., new carpet & paint, bsm., privacy fence, \$975. 734-671-1495

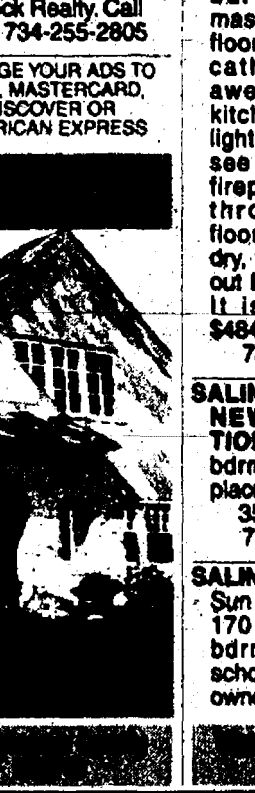
CANTON CONDO master room & bath, includes utilities. \$400/mo. Close to I-275. 734-394-0491

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FALL SPECIAL: ONE MONTH FREE \$299 moves you in 1 & 2 bedrooms June's Mobile Village 313-386-1570

DETER; LAKE across home, 3-4 bdrm., 2 full baths, 2 kitchens, 9475 Portage Lk. Ave. Open Sun. March 12, 1-4, Rock Realty. Call Audrey 734-255-2805

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the Korican team details, details, details. 734-429-9632 www.korican.com

OPEN HOUSE SUNDAY 2 TO 4 PM 9306 Willow, White. Looking for the ULTIMATE in privacy? Chisel in the woods of 14.50 acres! 50 x 110 pond. Beautifully maintained home, first floor master suite & private bath. Generous 2nd floor 2nd & 3rd bdrms. Door walk off dining area leads to decking overlooking pond and woods. 30 x 40 barn w/heated & insulated area. Horses welcome. w/2 pastures & 11 x 16 shed. Natural gas & public water. \$295,000 Patricia Korican 216-691-4 DIRECTIONS: Willow Rd. between Tuffert & Burton

NEW LISTINGS 1414 Wedgewood, Saline. Meticulous 4 bdrm/2.5 bath Saline Colonial - Warner Creek Sub. 2000 sq. ft. Open foyer, first floor study, family rm w/break fireplace. Master bdrm w/walk-in closet, trayed ceilings & private bath. Finished basement. New roof w/garage. Appliances included. Picturesque/colourful landscaping, play structure, dog run and sprinkler system. \$279,900 Patricia Korican 216-691-4

214 Winchester, Saline Spectacular 2000 sq. ft. 4 bedroom/2.5 bath in Hunters Ridge Development. Great floor plan offers formal living, dining, family room, breakfast room and first floor study. Vaulted cathedral ceilings offer expansive feeling throughout. Master suite features walk in closet & generous light filled bathroom suite. Neutral carpet and freshly painted. Newer pond and sprinkler system enhance the 1.20 acre setting. 2 car side entry garage & electric. \$429,900 Patricia Korican 216-691-4 Each Office Independently Owned and Operated.

BELLEVILLE: PRIME location deep within Victoria Commons Sub. Cathedral ceilings, 3 bdrm., 2.5 bath, crown moldings, built-in bookcases, finished walkout, beds to needs & conveniences. \$188,900. 574 Thornhill Ct., OPEN Sun, March 5th, 12-3. Professional Great Lakes. 338-747-7435

FAST CASH Sell Classified! In HERITAGE CLASSIFIEDS 1-877-888-3202

DEARBORN HTS. 3 bdrm. brick ranch, built, 1.5 car, 4 season room, updated kitchen w/ oak cabinets & built in/corner tile, hardwood floors, freshly painted. \$110,000. 313-282-4758

HUD HOME! 6 bdrm. 2 bath only \$7900! Must sell! For listing 800-690-3990 x 6662

LINCOLN PARK, 1431 Lincoln 3 bdrm., 2 bath, finished basement, double lot, \$143K, you can own this \$299,900. 313-328-1638 231-218-1341

MELVINDALE HUGE yard 3 bdrm. 2 full baths, finished bsm. 2.5 car garage, central air 313-500-4906

RIVER ROUGE 4 bdrms, 1.5 baths, Land Contract. \$59,500 734-771-7915

WYANDOTTE BEAU- TIFUL 3 bdrm. home on quiet corner. Spacious master suite, 2 full 2 half baths, extra deep 2 car garage & large back yard. Priced to move fast! \$225,000. 734-285-8157

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NEWPORT 1998 sq. ft., 4 bdrm., 2.5 bath, Marbled Solid Call for more info or preview @ 734-287-5762

BROWNSTOWN 24253 West Point, 3 bdrm., 1.5 bath, many updates, move in condition! Back to open bid. 734-791-8475

DEARBORN HTS. 3 bdrm. brick ranch, built, 1.5 car, 4 season room, updated kitchen w/ oak cabinets & built in/corner tile, hardwood floors, freshly painted. \$110,000. 313-282-4758

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REAL ESTATE

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Washington County
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CHEVROLET IMPALA 2004, 18K mi., dark gray, all power, cd, \$16,500. 734-283-6309

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CHEVY CAMARO 02 SS-35th Anniversary edition, conv. auto, silver, loaded, 35K miles, great condition \$21,500. 734-934-0024

CHEVY CAVALIER 1998 auto 2 door, red, exc. condition, \$2,450/best. 734-282-0292

CHEVY MONTE Carlo 1997 V6, all power, loaded, nice shape! \$3800. 734-782-4346

CHEVY SILVERADO 1988 Short bed, 4x4, runs and rides good, needs TLC. \$900. OBO. 313-4850373

CHRYSLER PT Cruiser Limited Edition 2003, 12,600 mi., 4 cyl., chrome wheels, Mint Condition, non smoker, Air, power windows, CD, very dependable. \$13,500. 313-215-0496

CORRA MUSTANG SVT 1999, Black, 17K mi., Show condition! Best! \$18,500. 734-676-3488

DODGE NEON SE 2002 Sedan, 4 cyl., 46K mi., all power, air, cd, rear spoiler, clean, \$7,400. 313-388-9489

FORD CROWN Vic-toria 1994 new tires, good condition, runs & looks exc. \$9,500. 313-382-2437

FORD F-250 '99 4 door, Super, Low miles \$10,000. Great shape. 734-580-3458

FORD FOCUS ZX3 2000 5 speed, great on gas, exc. condition. \$4,275 o/b. 734-428-8464

FORD MUSTANG 2003, convertible, 3.0L, 6 cyl., Immaculate! 13K mi., Alloy wheels, Jaguar green, top & leather! \$18,900. Call Fred @ 313-381-7009

FORDTAURUS XL 97, 115K miles, power windows & locks, air. \$2000/best. 313-570-9671

FORD TEMPO 1991 84K miles runs and drives great. \$1350. 313-410-7942

FORD THUNDER-BIRD 1995 3.8 LX, 75K actual mi., estate car, moonroof, loaded, \$3,300. 313-388-2127

FORD WINDSTAR SE Sport 2001, 54K, white w/gray interior, newer tires, professionally maintained, VA, CD many extras. \$10,400/best. 313-410-8101

EAST/WEST AUTO 50 Cars under \$1,500. Call 734-299-4014. 734-578-2486

NORTHSTAR CADILAC 1999, 4 dr., beautiful, low miles, sun roof, crimson red, \$15,000. 313-402-7078. 313-388-0118

OLDSMOBILE CIERA LS 1998 4 door auto air & power locks & radio. \$3,400. 734-282-1871. 734-282-1482

PONTIAC GRAND AM Coupe, '97, 2.4 cylinder, 5 speed, A/C, 58K miles, 3000/best. 734-231-3859

PONTIAC SUNFIRE 1997, 5 speed, new clutch/tires, CD, good condition. \$1900/best. 313-292-4287

MAXIM 2700 SCR 1999 9.6 ft. beam, heat, air, air cabin, GPS, full electronics, new cockpit vinyl, 454 Merc, Bravo II Outdrive, exc. condition. REDUCED \$16,500. 734-285-4027

CHEVY PRISM 1994, 4 door, 5 speed Looks & Runs good!! \$1130/best. 734-285-0321

FORD ECONOLINE 1993 \$750. 313-291-4804

FORD ECONOLINE 1994 \$750. 313-291-4804

FORD F150 1994, ext. cab, 4x4, 5.8L, minor rust runs great, must sell! \$2000. Call Josh. 313-304-3846

Bronco II rust free body & fender flares, early Bronco parts, lift kit, front axle and frame. 734-729-3536

FORD AEROSTAR Sport 1992 good motor, good trans. lots & lots of new parts. All or part. \$550. 313-299-0166

NEW 2000 V10 Ford Motor \$3,000. 1970 351 Cleveland 12K mi., \$500. Rebuilt 302 Ford 4 barrel \$500. Bean \$950. Toughless tire machine \$1,000. 734-942-1480

FRANKLIN DELUXE RV 1999 32 ft. On Lake Front property, Lake St. Clair, Can. \$10K. 313-928-7763

GULF STREAM Innsbruck 1994 travel trailer for sale 21 ft. shower, stove, air, microwave, refrigerator great shape beautifully appointed \$6,000. 313-278-4364

JEEP CHEROKEE 1994 SE 5 speed, inline 6 cyl., 2WD, 122K, runs & looks great. \$3,250/best. 734-675-6720 after 4p.m.

DODGE DAKOTA S1T 4x4 Quad Cab 2000, Power, heavy duty service/tow pkg., AM/FM/CD, green/silver, 65K, \$9500. 734-281-3328

DODGE RAM 1978 re-built 360, needs a little work, \$500. 734-915-1095

FORD F-150 1995, 163K, new cap, 6 cyl. stick, clean, runs great, work truck, \$2400/best. 313-475-8452

FORD F-150 1997 65K, loaded, 8ft. bed, tow pkg., CD changer, exc. condition, new tires great. \$11,600. 313-382-2437

FORD RANGER 1999 4 cyl., auto trans, fair condition, good tires, runs great. \$11,600. 313-382-2437

FORD RANGER XLT 1999 like new, remote start, bed liner cover \$4K o/b. 313-381-5270

DODGE 250 conversion van 1989, 318 engine runs good, great interior, tv/cvr, new exhaust. \$2000/best. 734-284-7271

DODGE GRAND Caravan 1999 V6, 3.3, all power, loaded, nice shape! \$3,950. 734-664-1823

DODGE MAXI van 1993, rear wheelchair lift, runs & looks good, \$2500/best. 313-274-1739

GMC CARGO 1999, 11 yr, shelves/bins, locking toolbox, exc. condition, 65K, re-tired \$4500. 734-475-5433

MERCURY VILLAGER 1997, auto, air, cruise, CD, clean, no rust, new tires & brakes. \$3600/best. 313-461-4114

FORD EXPLORER 2000, 7 pass, 78K, Exc. condition! Must sell! \$3800/best. 734-771-4651

FORD EXPLORER 4x4 95', loaded, extra clean, red/tan, senior owner, \$3,850. 734-697-6348

FORD EXPLORER XLT 4x4 1998, 76K mi., auto, start, exc. condition! \$4500. 734-752-2440

FORD F350 supercab dually 1996 black, new tires, strong truck runs good. \$5200. 734-735-7776

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Bellevue Cozy ranch on large country 1.2 acre site. Lots of updates so you can move right in. Minutes from shopping and freeways, yet very rural feel. Perfect 1st home. \$193,000. Stephen Wickland 734-747-7777, eves 734-669-5845. #2602150

Bellevue First floor master suite enhances this sharp home. 2205sq. 4 bedrooms, 2 1/2 baths. Finished basement has study, rec room and 1/2 bath. Well landscaped yard. \$309,900. Sue Rushlow 734-429-9449, eves 734-216-1161. #2602858

Bellevue Secluded lodge style home in wooded setting just W. of Chelsea. 2 large bedrooms, large great room w/bau-tiful fireplace, full walkout. On 8+ acres. \$480,000. Bill Darwin 734-475-9600, eves 734-475-9771. #2403087

Bellevue 6866 Sydney. Impeccable, all brick, 4 bedroom + study, 4 1/2 bath, European floor, maple cabinets & floors, granite counters, marble foyer, 6+ car garage. \$775,000. Deborah Engelbert 734-475-9600, eves 734-369-3683. #2512285

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Bellevue Wooded 3 1/2 ac. enhances this updated, handicap accessible 4 bedroom, 3.5 bath, 3000sq. wrap-around porch, 3-car gar. + 15x32 workshop. 1yr home warranty. \$379,900. Sue Rushlow 734-429-9449, eves 734-216-1161. #2601292

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Bellevue 5477 Bethel Church. Beautiful setting on 5 rolling acres surrounded by trees. Custom 3500sq. incl. walkout, 5 bedroom, 4.5 bath, study. Near town yet peaceful & quiet. \$459,900. Elizabeth Brien 734-665-0300, eves 734-645-4444. #2601323

Pot Village Belvoir 5 specs. avail. or custom build. Only 17, 1+ acre wooded sites left! Low \$400's. Model hrs. open 12-5pm every day except Thursday. Model 734-425-2638. Elizabeth Brien 734-665-0300, eves 734-645-4444.

Bellevue 5477 Bethel Church. Beautiful setting on 5 rolling acres surrounded by trees. Custom 3500sq. incl. walkout, 5 bedroom, 4.5 bath, study. Near town yet peaceful & quiet. \$459,900. Elizabeth Brien 734-665-0300, eves 734-645-4444. #2601323

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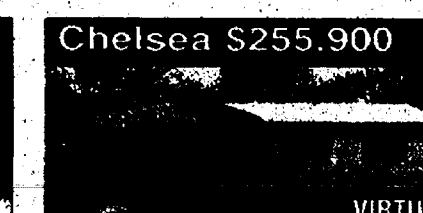
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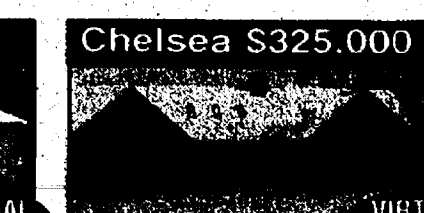
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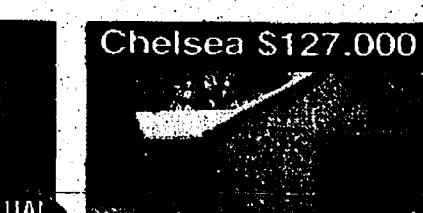
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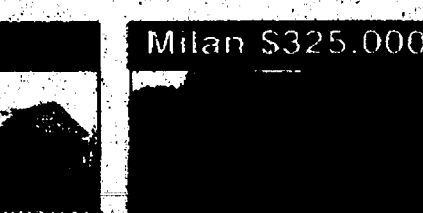
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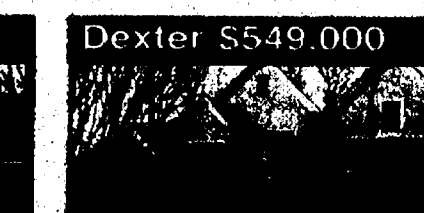
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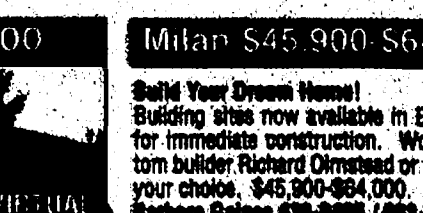
Dexter \$549,000
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TASTE

THURSDAY, MARCH 9, 2006

PAGE 1-D



Corned Beef Brisket With Roasted Vegetables & Lemon-Mustard Sauce

Total preparation and cooking time:
3 hours to 3 hours and 40 minutes

- 3-1/2 to 4 pounds boneless corned beef brisket with seasoning packet
6 medium cloves garlic, peeled
2 tablespoons whole black peppercorns
2 cups water
1 pound carrots, cut into 2-1/2 x 1/2-inch pieces
1 pound parsnips, cut into 2-1/2 x 1/2-inch pieces
1 pound savory or green cabbage, cut into 4 wedges
2 tablespoons olive oil
1/2 teaspoon salt
1/4 teaspoon ground black pepper
Lemon-Mustard Sauce (recipe follows)

- Position oven racks in upper and lower thirds of oven. Heat oven to 350°F.
- Place corned beef brisket in roasting pan; sprinkle garlic, contents of seasoning packet and peppercorns around brisket. Add water; cover tightly with aluminum foil. Braise in upper third of 350°F oven 3 to 3-1/2 hours or until brisket is fork-tender.
- Meanwhile place carrots, parsnips and cabbage on rimmed baking sheet. Drizzle with oil and toss gently to coat. Season with salt and ground pepper. Cover with aluminum foil. Roast in lower third of 350°F oven with brisket 55 minutes. Uncover; continue roasting 10 to 15 minutes or until vegetables are tender and begin to brown.
- Remove brisket from roasting pan. Cover and refrigerate 1/2 of brisket (about 12 ounces), 3/4 cup each carrots and parsnips and 1/2 cup Lemon-Mustard Sauce for Corned Beef & Roasted Vegetable Salad With Lemon-Dill Dressing (see recipe).
- Carve remaining brisket diagonally across the grain into thin slices. Serve with remaining roasted vegetables and Lemon-Mustard Sauce.

Makes 4 servings

Lemon-Mustard Sauce: Heat 1 tablespoon olive oil in small saucepan over medium heat. Add 2 tablespoons finely chopped shallot; cook and stir about 2 minutes or until tender. Remove from heat; cool 1 minute. Stir in 2/3 cup dairy sour cream, 1/3 cup Dijon-style mustard, 1 tablespoon lemon juice, 1 tablespoon chopped fresh dill and 1 teaspoon honey. Season with 1/4 teaspoon each salt and pepper. Cover; set aside.

Cook's Tip: If seasoning packet is not included with corned beef brisket, substitute 1-1/4 teaspoons pickling spice.

Corned Beef & Roasted Vegetable Salad With Lemon-Dill Dressing

Total preparation and cooking time: 20 minutes

- 12 ounces reserved cooked corned beef brisket, coarsely chopped
5 cups thinly sliced savory or green cabbage (about 1 pound)
3 cups mixed salad greens (about 3-1/2 ounces)
3/4 cup reserved roasted carrots
3/4 cup reserved roasted parsnips
1/2 cup toasted chopped walnuts
Lemon-Dill Dressing:
1/2 cup reserved Lemon-Mustard Sauce
1 tablespoon dairy vinegar or white wine vinegar
Salt and pepper

- Whisk Lemon-Dill Dressing ingredients in small bowl. Set aside.
- Combine corned beef, cabbage, salad greens, carrots, parsnips and walnuts in large bowl. Add Lemon-Dill Dressing; toss to coat evenly. Season with salt and pepper, as desired.

Makes 4 servings

Cheers to the Irish ... for giving us St. Patrick's Day

FAMILY FEATURES EDITORIAL SYNDICATE

Historically, St. Patrick's Day in Ireland was a time of dancing, drinking and feasting (to break the Lenten prohibition against eating meat). But, the feast was typically Irish bacon and cabbage!

Our beloved tradition of eating corned beef probably began in the late 19th century with Irish immigrants to Canada and America. Beef and salt were less expensive, so brined or pickled beef was more accessible.

Despite its origins, corned beef and cabbage has certainly become our celebration meal in honor of St. Patrick, along with an accompaniment of potato rolls or Irish soda bread. For dessert, serve shamrock-shaped cookies for extra good luck!



Corned Beef Reuben Dip

Total preparation and cooking time:
19 to 22 minutes

- 6 ounces cooked corned beef brisket or deli corned beef, finely chopped (about 1-1/3 cups)
3/4 cup drained sauerkraut with caraway seeds
3/4 cup mayonnaise
1/3 cup plus 2 tablespoons shredded Swiss cheese, divided
1/3 cup prepared Thousand Island dressing
2 tablespoons prepared horseradish
1/8 teaspoon ground red pepper
Chopped green onions or fresh parsley (optional)
Pita chips, whole-grain crackers, rye crackers or rye cocktail bread

- Heat oven to 425°F. Combine corned beef brisket, sauerkraut, mayonnaise, 1/3 cup cheese, dressing, horseradish and red pepper in small bowl. Spread evenly into 9-inch pie plate. Sprinkle with remaining 2 tablespoons cheese.
- Bake 9 to 12 minutes or until heated through and bubbly. Garnish with green onions, if desired. Serve with pita chips, crackers or cocktail bread.

Makes 20 appetizer servings (about 2 tablespoons each)

Cook's Tip: Dip may be prepared up to 24 hours in advance; do not bake. Cover and refrigerate until ready to use. Bake, uncovered, in 425°F oven 15 to 16 minutes or until heated through and bubbly.

Reduced-Fat Variation: Prepare recipe as above, substituting reduced-fat mayonnaise, Swiss cheese and Thousand Island dressing.

Corned Beef Brisket Tips & Serving Suggestions

■ Corned beef brisket can be purchased fully cooked from the deli, but it's easy to cook at home, too.

■ The secret is simple: cook it long and slow, tightly covered. Corned beef brisket needs to gently simmer. The steam created ensures fork-tender, moist beef.

■ Do not boil! Boiling does not speed up the cooking process; it only toughens the beef. Just be patient — it cooks unattended — no need to turn or open the pan. Just check it at the end of the suggested cooking time.

■ To determine doneness, insert a fork into the brisket; the beef is fork-tender when fork inserts without resistance and releases easily.

■ Always carve brisket across the grain into thin slices for the most tender eating experience.

■ A Reuben sandwich is the classic way to enjoy leftovers. But, for a change of pace, layer thinly sliced beef brisket on a crusty baguette with grainy mustard, chopped marinated artichokes, red onion rings and a slice of Muenster cheese.

■ Thinly sliced brisket adds delicious protein to green salads. Pair with thinly sliced apples and chopped green onion. Toss with balsamic vinaigrette.

■ Toss sliced brisket with roasted potatoes and onion wedges, chopped chives and a creamy mustard dressing for a main dish salad.

For additional beef recipes and cooking tips, visit www.BeefitsWhatsForDinner.com.

BUSINESS

PAGE 2-D

THURSDAY, MARCH 9, 2006

STATE

Attorney assists terminated employees

Laid-off employees seek legal assistance as companies struggle

By Joe Slezak
Heritage Newspapers

Ford. Visteon. General Motors. Delphi.

They're among the many companies that have struggled — and so has Michigan's economy.

As a result, Donald Gasiorek's telephone has been ringing.

Gasiorek is an attorney with the Southfield firm Sommers Schwartz, which boasts of being the state's largest plaintiff litigation firms. Among his specialties are employees' rights.

"When the economy gets worse, I get a lot more calls," said Gasiorek, 57, who lives in Novi.

He estimated that he gets 20 to 25 calls a week from people who have been fired or laid off from their jobs. The calls come from throughout the state — even the Upper Peninsula — though most are from southeast Michigan. And the calls range from chief executive officers to "guys who sweep the floor," he said.

Because of the volume of calls, there's an intake process that his sister, Sue Wardrop, helps him with. They want to get additional documents from possible clients, like personnel files and employee handbooks.

From there, Gasiorek can make a further evaluation.

He estimated that right off the top, 10 to 15 calls a week won't result in further action, for a variety of reasons, like the statute of limitations

expiring, the ex-employee had signed severance package paperwork or there was a good reason for the separation.

Many cases end up in arbitration, and one or two of the original batch of 20 to 25 end up in litigation.

For union shops, the rules for separation often are spelled out in the collective bargaining agreement. Gasiorek said that unions have been taking a bad rap, but they serve a very useful purpose.

When researching a case, he looks for red flags, like if the layoffs were not based on seniority. Another is if a long-time employee's position was eliminated, only to be recreated months later and given to a younger employee whose salary is lower and potential healthcare costs are less.

That could be a civil rights violation because it's age discrimination.

"You have to look at a lot," Gasiorek said. "Sometimes I take a case because I'm mad at the way they're treated."

Very few employees, especially in nonunion situations or at smaller companies, are restored to their original job — it's an ego thing, he said. In the case of larger companies, employees can be moved to a different plant, for example.

Far more cases land in arbitration than in court, Gasiorek said, because the process is faster and there's due process there, too.

"You're not going to get a big, multi-million-dollar verdict, but it does bring prompt

finality," he said. "I don't mind it. You're doing as much service to an employee."

Many court cases are settled before trial because both sides recognize the risks and rewards of going before a jury. Plus, huge verdicts usually are appealed, and those cases can drag on for three or four years. Gasiorek has won multi-million-dollar verdicts, but also had them taken away.

Gasiorek has argued cases before the Michigan Supreme Court and the 6th U.S. Circuit Court of Appeals in Cincinnati. Both courts, along with the U.S. Supreme Court, are conservative and tend to lean toward the employer, he said, adding that they're reflections of former Gov. John Engler and President George W. Bush.

Gasiorek said the biggest mistake an employee can make at the time of termination is signing a release without consulting an attorney. That makes it very difficult for him to challenge the company.

NOTICE

NOTICE IS HEREBY GIVEN, pursuant to Act 344 of the Public Acts of 1982 that a REPORT OF THE PROCEEDINGS OF THE WASHTENAW COUNTY BOARD OF COMMISSIONERS session held on March 1, 2006, will be available for public inspection and copying from 8:30 a.m. to 5:00 p.m. Monday through Friday, beginning Tuesday, March 14, 2006, at the Office of the County Clerk/ Register, Suite 120, 200 N. Main Street, Ann Arbor, Michigan. Publish: March 9, 2006

"The hardest part is a lot of times, you can't do anything about it," he said.

People feel vulnerable when they unexpectedly lose their job, he said. They wonder how they're going to take care of their family. Gasiorek said employees in that situation often can negotiate a bigger severance package.

He also said that companies sometimes make the mistake of not documenting the process before releasing employees.

"Companies could avoid a lot of problems by simply saying we're going to select individuals for separation based on last in, first out," Gasiorek said.

Companies open them-

selves up to legal action if they've chosen who to terminate based on many factors, like age, gender, race or disability. They also are vulnerable if an employee has had

years of stellar reviews, then the reviews quickly became negative — especially if that employee had a new boss.

"As soon as you open the

See ATTORNEY — Page 4-D

CHELSEA DISTRICT LIBRARY

BOARD OF TRUSTEES MINUTES OF SPECIAL BOARD MEETING

TUESDAY, FEBRUARY 7, 2006 – 6:45 P.M.

Meeting location: Chelsea District Library Meeting Room

Trustees in Attendance: Greg DeGraff, Vice-President; Karen Dixon, Secretary; Kate McAuliffe, Trustee; and Metta Lansdale, Director.

Trustees Absent: Gary Zenz, Carol Hollenshead, Ken Klovski absent with notice. Colleen Varge absent.

A quorum was not present.

Staff Present: Terri Lancaster, Ron Andrews, Rhonda Carpenter, Marie Brooks, Karen Parsello and Shawn Parsonke.

Welcome and Call to Order

Greg DeGraff called the meeting to order at 6:50 p.m.

Agenda Review and Additions

By Consensus, the distributed Agenda was approved with one addition

Public Comment: None

Discussion Items

2006 Board Goals

Trustees asked the Staff to review with them each of the 6 goals that were adopted after the Board Retreat. Discussion followed.

The board asked the Staff for additional feedback. Staff responded that they are close to being overwhelmed with the move and would like to be relieved of the pressure of additional projects this year. The director will ask staff to include information relevant to board goals in their individual reports each month.

Reports and Parking Lot

The Library received congratulation from a patron on the community road choice.

Staff asked if next year's Retreat could be a joint effort of Staff and Board as this had been viewed as very productive in previous years.

Adjourn:

Meeting was adjourned at 8:19 pm.

Karen Dixon, Secretary

Publish: March 9, 2006

CHELSEA

Newman named sales manager

Kari Newman has been named sales manager of Edward Surovell Realtors' Chelsea office.

Newman had served as real estate agent with Surovell for the past three years and was the top-producing agent in her office for the past two years.

"We are very pleased that one of our most successful agents has agreed to accept the position of sales manager in our Chelsea office," Surovell General Sales Manager Dawn Foerg said in a press statement.

"We're sure Kari's enthusiasm, her commitment and her level of involvement in the community will be a real asset for us as we continue to expand our business in the Chelsea region."

Newman is active in numerous Washtenaw County civic organizations and serves as trustee on several boards, including the Manchester Village Council, the Manchester Community Schools Foundation, the Manchester Community Resource Center and the Manchester Chamber of Commerce.

She is also a member of the Chelsea Area Chamber of Commerce and the Chelsea Rotary Club, and is involved with the community health program Washtenaw Steps Up.

In 2005, she was named one of Washtenaw County's Top 20 Young Professionals by Heritage Newspapers.

A Washtenaw County resident for 10 years, Newman and her husband, John, live with their two children in Manchester.

CHELSEA DISTRICT LIBRARY

BID PACKAGE FOR INTERIOR FURNISHINGS AVAILABLE

The Chelsea District Library requests bids for furnishings in response to Specifications prepared by Riemenschneider Design Associates, Inc. Bid Packages are available to be picked up at Riemenschneider Design Associates, Inc., 213 W. Liberty, Ann Arbor, MI, 48104 beginning Monday, March 6, 2006.

Bids are due at 5:00 p.m. on Monday, March 20th, 2006, at Riemenschneider Design Associates, Inc.

Inquiries: Contact Riemenschneider Design Associates, Inc. at 734.930.0882.

Publish: March 9, 2006

CHELSEA SCHOOL DISTRICT

NOTICE OF PUBLIC HEARING

The Chelsea School District will hold a public hearing on Monday, March 13, 2006 from 6:00 pm to 7:00 pm at Washington Street Education Center, 500 Washington Street, Chelsea, Building 300, Room 303.

The purpose of the meeting will be to share with the community modifications to the Reproductive Health Curriculum as approved by the Reproductive Health Advisory Committee. The following documents will be reviewed:

- Reproductive Health Program Definition (new document)
- Outcomes and presenters for Reproductive Health Seminars and speaker for grades 10 and 11 (new document)
- Guidelines for Teachers and Presenters (revised document)
- Grade 8, Grade 9, and HS Seminar Curriculum documents (revisions to these documents)

Curriculum document revisions include changes to the language of objectives that relate to modes of transmission for sexually transmitted diseases and the terminology used regarding sexually transmitted diseases.

For additional information regarding the public hearing, or to review the changes outside of the scheduled hearing time, please contact Shawn Lewis-Lakin, Executive Director of Student Performance, at 734-433-2208.

Publish: March 2, 2006 & March 9, 2006.

VILLAGE OF DEXTER

PARKS COMMISSION

NOTICE OF PUBLIC HEARING

Pursuant to Michigan Public Act 285 of 1931, as amended, notice is hereby given that the Dexter Village Planning Commission will hold a public hearing at 7:00 p.m., Tuesday, March 21, 2006 at the Dexter Senior Center, 7720 Ann Arbor Street, Dexter, Michigan, for the purpose of hearing public comment for the adoption of amendments to the Village of Dexter Parks and Recreation Master Plan. The following goals/objectives will be added to the plan:

1. Participate in the Village's Capital Improvements Plan and annual budgeting process in an effort to continue to improve and enhance recreation opportunities in the village.
2. Review site plans to determine if adequate recreation opportunities open space and interconnectedness are provided.
3. Create a Greenways or Open Space plan for the village that includes bike paths, walking paths and sidewalks.
4. Encourage large developments to dedicate a minimum of 30% open space.
5. Continue to develop relationships with local organizations and groups such as Eagle Scouts, Rotary Club, Kiwanis, Garden Club, Lions Club, Home Owners Associations, Youth Groups, Key Club and others.
6. Identify projects that provide opportunities for voluntary community participation.

Information regarding the proposed changes to the Parks and Recreation Master Plan are available for public inspection at the Village Offices, 8123 Main Street, Dexter, weekdays between 9:00 a.m. to 5:00 p.m. or by phone at (734) 428-9303 Ext. 15. Written comments regarding the proposed amendments to the Parks and Recreation Master Plan should be submitted to the Village Offices, and must be received no later than 5:00 p.m., Tuesday, March 14, 2006. Sign language interpreter, or other assistance, is provided upon request to the Clerk, at least 72 hours in advance of the meeting. Minutes of all meetings are available at Village Offices and on the Village website.

Publish: March 9, 2006

STATE OF MICHIGAN

COUNTY OF WASHTENAW

NOTICE OF APPOINTMENT

FILE NO. 06-173-DE
Estate of JENNIE M. PROSSER, DECEASED

TO ALL INTERESTED PERSONS INCLUDING ANY UNKNOWN HEIR-AT-LAW OF THE DECEASED:

1. On February 16, 2006, estate proceedings have been commenced. I was appointed personal representative as requested in the application or petition for probate of this estate. I am serving [x] without bond. The papers related to this estate are on file with the Washtenaw County Probate Court located at 101 E. Huron, P.O. Box 8645, Ann Arbor, MI 48107. The estate is not a supervised administration. A will has been admitted to probate.

2. After diligent inquiry the identity or address of heirs-at-law of the deceased can not be ascertained.

3. The result of administration of the estate may be to bar or affect the interest of the heirs-at-law.

Date: February 16, 2006

JOHN MANN

1901 Pierce Road

Chelsea, MI 48118

(734) 475-4210

PETER C. FLINTOFF & CONLIN, P.C.

Attorney

119 South Main Street

Chelsea, MI 48118

(734) 475-8671

Publish: March 9, 2006

STATE OF MICHIGAN

COUNTY OF WASHTENAW

NOTICE OF APPOINTMENT

FILE NO. 06-173-DE

Estate of JENNIE M. PROSSER, DECEASED

TO ALL INTERESTED PERSONS INCLUDING ANY UNKNOWN HEIR-AT-LAW OF THE DECEASED:

1. On February 16, 2006, estate proceedings have been commenced. I was appointed personal representative as requested in the application or petition for probate of this estate. I am serving [x] without bond. The papers related to this estate are on file with the Washtenaw County Probate Court located at 101 E. Huron, P.O. Box 8645, Ann Arbor, MI 48107. The estate is not a supervised administration. A will has been admitted to probate.

2. After diligent inquiry the identity or address of heirs-at-law of the deceased can not be ascertained.

3. The result of administration of the estate may be to bar or affect the interest of the heirs-at-law.

Date: February 16, 2006

JOHN MANN

1901 Pierce Road

Chelsea, MI 48118

(734) 475-4210

PETER C. FLINTOFF & CONLIN, P.C.

Attorney

119 South Main Street

Chelsea, MI 48118

(734) 475-8671

HONORING SERVICE



Photo by Margaret Steptoe
John Milam (left) was recognized Feb. 24 by Bob Steptoe and Gary Gregory after retiring with 45 years at Adair Printing Co. in Dexter. Milam started working at Adair Printing in 1960 and was hired by the late Larry Govaere Sr. He ran the collator in the forms division for many years before driving a truck.

STATE

Retailers stand up against legislation

Legislation would force large companies to pay for healthcare benefits

By Lara Mosca
Journal Register News Service

Michigan retailers oppose laws that force companies to pay for healthcare benefits, including legislation proposed in the Senate.

"We just think if they are truly looking to get more people insured with health benefits in Michigan, there are other ways to do it," said Eric Rule, director of government affairs for the Lansing-based Michigan Retailers Association.

"Arbitrarily mandating that certain businesses provide health care to those folks is not a good way to do it."

Last month, the Retail Industry Leaders Association filed lawsuits challenging two laws that mandate a specific health care expenditure.

The Maryland law, the first of its kind in the nation, was enacted Jan. 12, when the Democratic-controlled Legislature overrode Republican Gov. Robert Ehrlich's veto.

The law requires companies with more than 10,000 employees to spend at least 8 percent of payroll on health care or contribute the difference to the state Medicaid fund.

State officials said Wal-Mart is the only company of that size that does not meet the 8 percent threshold.

Meanwhile, lawmakers in Suffolk County, N.Y., adopted

a law in the fall that would require large grocery retailers to give workers a health-care benefit worth at least \$3 an hour.

The law applies to companies with at least \$1 billion in annual revenue and at least 25,000 square feet of sales space for groceries. Companies are exempt from the rule if they have a collective bargaining agreement, which Wal-Mart does not.

Both laws are commonly referred to as the "Wal-Mart laws," because they seem to single out the mammoth retailer. The lawsuits were filed in U.S. district courts in Baltimore and Brooklyn.

State Sen. Raymond Basham of Taylor proposed a similar law in Michigan, because the state faces the same health care issues, he said.

The national average for employers to pay for health care is 8 percent of payroll tax, Basham said.

In Michigan, there are 18 employers with more than 10,000 employees. Of those, four cost the state \$100 million a year in Medicaid and cash assistance, he said.

Basham could not disclose all the names of the employers, but said Wal-Mart is one of them.

"We go after deadbeat dads in the state of Michigan and deadbeat parents that don't pay their child support," he said. "Here is a deadbeat company that costs the state of Michigan \$46 million (a year) in Medicaid."

Basham said 15.5 percent of Wal-Mart employees are on Medicaid.

"Essentially, the taxpayers

See RETAILERS — Page 4-D

CHELSEA DISTRICT LIBRARY

BOARD OF TRUSTEES MINUTES OF SPECIAL BOARD MEETING

TUESDAY, JANUARY 24, 2006 – 6:45 P.M.
Meeting location: Chelsea District Library Meeting Room

Trustees In Attendance: Gary Zenz, President; Greg DeGraff, Vice-President; Karen Dixon, Secretary; Carol Hollenshead, Treasurer; Kate McAuliffe, Trustee; and Metta Lansdale, Director.

Trustees Absent: Ken Klovski and Colleen Verge, both with notice. A quorum was present.

Staff In Support: Terri Lancaster.

Welcome and Call to Order

G. Zenz called the meeting to order at 6:51 p.m.

Agenda Review and Additions

By Consensus, the distributed Agenda was approved, adding: Update on Recruitment Process for the new Director.

Public Comment: None

Plan – Gift of Friends of the Chelsea District Library

MOTION: by K. Dixon was SECONDED by G. DeGraff to accept a gift of \$2,500.00 to purchase a Plaho. **MOTION WAS PASSED UNANIMOUSLY**

2006 Board Goals

The Board reviewed each of the 6 goals identified at the Board Retreat and identified a set of objectives for each goal. The board asked M. Lansdale to review this with staff and come back with staff response at a special board meeting scheduled for February 7, 2006.

Update on Director Recruitment Process

G. DeGraff gave an overview of the Director Recruitment meeting and distributed information on the process. G. DeGraff asked that the Director's job description be moved to Action next regularly scheduled board meeting.

Reports and Parking Lot

None.

Adjourn:

MOTION made by G. Zenz was SECONDED by K. McAuliffe to adjourn meeting at 8:55 pm. **MOTION PASSED UNANIMOUSLY.**

Karen Dixon, Secretary

Publish: March 9, 2006

DEXTER TOWNSHIP

MEETING NOTICE

ZONING BOARD OF APPEALS

WILL MEET ON TUESDAY, MARCH 14, 2006, 7:30 P.M.
AT THE TOWNSHIP HALL
6880 DEXTER PINCKNEY RD., DEXTER, MI 48130

AGENDA

1) 04-06-286-001 (Tabled until the April 11, 2006 meeting)
04-ZBA-601 at 7:00 p.m. (new time)
Thomas Prose
9465 Lakeview Drive
Applicant requests relief from:
Section 18.23.A to allow a 42' setback on the North side of property to proposed deck. (50' req.)
Also to allow a 10.3' East Side setback from the Easement to the new garage.
Section 12.01.E.3.C to allow a 15' setback on the West Side to proposed deck. (30' req.)
Also to allow a 15' setback on the South side to new home.
Section 12.02.E.4. To allow 27.2% lot coverage where 25% is allowed.

2) **TABLED** (No later than the July meeting)
Property Tax ID 04-03-300-007
Appeal Number: 05 ZBA 612
Applicant Name(s): Cindy White
Property Address: 8401 Thurston

Variances Requested per submitted ZBA Application:					Description/Notes
Section	Current	Requested	Permitted		
18.23.A	20'	5'	50'		From Thurston Drive to new garage overhang.
18.23.A	16'	10'	50'		From the undefined easement.
12.02.E.3.C	14.3'				From existing home to property line on the west side.
12.02.E.1					Recognize less than one acre
12.02.E.2					Recognize less than 150' wide.

Purpose: To construct a 24' x 24' garage with attic storage.

3) Property Tax ID 04-20-100-012
Appeal Number: 06ZBA 621
Applicant Name(s): International Transmission Company
Property Address: 5555 Madden Road

Variances Requested per submitted ZBA Application:					Description/Notes
Section	Current	Requested	Permitted		
12.01.E.5	Over 100'	90' and 78'	35'		To allow for the addition of two new poles. One is to be 90' tall and the other is to be 78' tall

Purpose: To allow for construction of two new power poles at the majestic power station.

4) Property Tax ID 04-17-400-014
Appeal Number: 06ZBA 622
Applicant Name(s): 25240 Lahser Road Southfield, Michigan 48034
Property Address: Madden Road South of north Territorial Road.
Known as Dexter Township Estates

Variances Requested per submitted ZBA Application:					Description/Notes
Section	Current	Requested	Permitted		
6.09.B					To request relief from Section 6.09B.

Purpose: To request relief from this section, And to allow for the preliminary site plan to move forward to final.

5) Property Tax ID 04-10-100-006/009
Appeal Number: 06ZBA 623
Applicant Name(s): Patrick and Joan Thompson
Property Address: 8129 Toma Road

Variances Requested per submitted ZBA Application:					Description/Notes
Section	Current	Requested	Permitted		
18.18.C	458'	434'	Not in front		To allow garage to be closer to the road than the home.
18.18.D.1	1676 S.F.	3186 S.F.	200' S.F.		To allow a total of 3186' S.F. where 2000' total is allowed. (Note: The Planning Commission has been working on changing this figure, and if adopted this would be allowed.) And a variance would not be needed.)

Purpose: To allow for the construction of a 25' x 54' garage and workshop.

6) Property Tax ID 04-30-300-004/04-30-400-002/04-31-200-008/04-31-100-007
Appeal Number: 05 ZBA616
Applicant Name(s): John Sinanis West Lake Hills LLC
Property Address: Waterloo Road between Warkner and McKinley

Variances Requested per submitted ZBA Application:					Description/Notes
Section	Current	Requested	Permitted		
4.04					

Purpose: To appeal the decision made by the Dexter Planning Commission on July 26, 2005.

7) 04-02-403-025 Remand due to court order.
05-ZBA 602B
Robert and Kathy Lane
9588 Winston Drive
Applicant requests relief from:
Section 18.23.A to allow a 12' setback from new detached garage to Winston Drive. (Currently 8')
To allow an 11' setback to Dexter-Pinckney Road from new detached garage. (Currently 7') To allow an 18' front setback from the access from Dexter-Pinckney Road to Winston Drive.
Section 12.01.E.3.C to allow a 24' rear setback opposite the access from Dexter-Pinckney Road to Winston Drive.
Section 18.23.A to allow a 5' setback from new attached garage to Winston Drive.
Section 18.23.B to allow a 30' setback from new home to Portage Lake.
To allow a 26' setback from new deck to Portage Lake.

Publish: March 9, 2006

CHELSEA DISTRICT LIBRARY

BOARD OF TRUSTEES MINUTES OF REGULAR MEETING

TUESDAY, JANUARY 17, 2006 – 6:30 P.M.
Meeting location: Chelsea District Library Meeting Room

Trustees In Attendance: Gary Zenz, Trustee; Greg DeGraff, Secretary; Kate McAuliffe, Trustee; Karen Dixon, Treasurer (Arrived during minutes approval); Ken Klovski, Trustee; Colleen Verge, Trustee; Carol Hollenshead, Trustee; and Metta Lansdale, Director.

Trustees Absent: None

A quorum was present.

Staff In Support: Terri Lancaster

Guests: Lella Draugelis, Lynn Fox, Mike Truax (O'Neal Construction), Cheri Albertson, Library liaison from the Chelsea City Council; Ron Andrews, Linda Ballard, Marie Brooks.

Welcome and Call to Order

G. Zenz called the meeting to order at 6:32 p.m.

Agenda Review and Additions

By Consensus, the distributed Agenda was approved with six additions

1. December 20, 2005 Closed Sessions minutes were not available for approval.

2. Minutes from the January 14, 2006 Board Retreat were added.

3. Swearing in of new Trustee, Ken Klovski during public comment.

4. Directors contract during action.

5. 2006 Board Goals during action.

6. Directors search during discussion.

MOTION: Made by K. McAuliffe, SECONDED by G. DeGraff to accept agenda with changes. **MOTION PASSED UNANIMOUSLY.**

Compulsory Segments:

Minutes and Approval of Checks

MOTION made by G. DeGraff, SECONDED by C. Verge to approve the minutes of the December 20, 2005 Board Meeting; **MOTION PASSED UNANIMOUSLY**

MOTION made by K. McAuliffe, SECONDED by G. DeGraff to approve the minutes of the December 27, 2005 Special Board Meeting; **MOTION PASSED UNANIMOUSLY**

MOTION made by K. McAuliffe, SECONDED by K. Dixon to approve the minutes of the January 3, 2006 Special Board Meeting; **MOTION PASSED UNANIMOUSLY**

MOTION made by C. Hollenshead, SECONDED by C. Verge to approve the minutes of the January 14, 2006 Board Retreat, with additions and corrections; **MOTION PASSED UNANIMOUSLY.**

MOTION made by G. DeGraff, SECONDED by C. Verge to accept the General Fund checks. Discussion followed. **MOTION PASSED UNANIMOUSLY.**

MOTION made by K. Dixon, SECONDED by G. DeGraff to accept the Project Fund checks. **MOTION PASSED UNANIMOUSLY.**

Director's Report and Communications

M. Lansdale gave an overview of the Directors Report. She added that the Art Committee minutes are in the packet with an update on the 'Community Art Project - Opening the Doors to Knowledge.'

Public Comment

Cheri Albertson, the Library liaison from the Chelsea City Council, introduced herself and asked several questions about library meeting procedures and asked to receive a copy of the monthly board packet.

Ken Klovski, trustee from Lima Township was sworn in by Terri Lancaster, acting administrative assistant.

Construction Project Discussions and Reports

M. Truax, O'Neal Construction, distributed recent pictures of the project site, and gave an overview of his report, which was printed in the board packet. One half of the basement floor has been poured. The building should be ready for tours by the board the middle of February.

It was brought to M. Lansdale's attention that the two new board members need copies of the building floor plan.

The Library is planning a topping out event for when the last placement of steel is made, a construction milestone.

Art Committee Update: The "Mission for Art in the Library" was presented. The board will move to discussion the Mission statement for Art in the Library. Lynn Fox has agreed to chair the Art Committee.

Annual Meeting

Board Officers for 2006

The slate of Board Officers for 2006 was presented with changes as follows:

Gary Zenz – President; Greg DeGraff – Vice-President; Carol Hollenshead – Treasurer; Karen Dixon – Secretary.

MOTION: by C. Verge and SECONDED by K. McAuliffe to accept the proposed slate.

MOTION PASSED UNANIMOUSLY.

Board Meeting Schedule

The calendar of the Board Regular Meeting schedule was presented with meetings on the 3rd Tuesday of every month at 6:30 pm.

MOTION: by K. Klovski and SECONDED by C. Hollenshead to accept the proposed schedule. **MOTION:** by K. Klovski and SECONDED by K. Dixon to amend the time to 6:45 pm. **MOTION PASSED UNANIMOUSLY.**

Library Calendar

Two calendars for Library hours and holidays were proposed. One for the WESC location and one for the McKune Memorial location. It was noted that Easter would probably also be a holiday in 2007. It was also asked that the word "designated" be added to the WESC calendar.

MOTION: by C. Hollenshead and SECONDED by K. Dixon that both proposed calendars be approved as amended. **MOTION PASSED UNANIMOUSLY.**

Corrections were made on the board roster.

Action Items

Policy 203 Dress Code/Personal Appearance

MOTION made by C. Hollenshead and SECONDED by K. Klovski to accept the policy as proposed. **MOTION WAS PASSED UNANIMOUSLY.**

Policy 205 Sexual Harassment

Board asked that the word "file" be added in section C, 2.

MOTION made by K. Dixon and SECONDED by K. Klovski to accept the policy as proposed. Discussion: It was noted that it is not referenced what an employee should do if the Director is their supervisor and is also the employee doing the harassment. **MOTION WAS PASSED WITH 6 YEA VOTES AND 1 NAY.**

The policy will be referred back to the Policy Committee for further review.

Certificate of Corporate Resolution – Medical Reimbursement

MOTION by C. Hollenshead was SECONDED by K. Klovski to accept the proposed Certificate of Corporate Resolution. **MOTION WAS PASSED UNANIMOUSLY.**

Director's Contract

MOTION: by G. DeGraff, and SECONDED by K. Klovski that the chair of the Personnel Committee take a proposed contract to the libraries lawyer, to begin negotiations with the Director, for a contract to be submitted at the February 21st board meeting for approval, by the board and that this be moved to an action item. Discussion followed. **MOTION WAS PASSED UNANIMOUSLY.**

2006 Board Goals

Discussion: These goals were established at the retreat held on January 14, 2006.

Question was raised if they are Staff, Committee or Board accountability. M. Lansdale will set it up in her Directors Report for updates quarterly. **MOTION:** by C. Verge, and SECONDED by K. Dixon to adopt the Chelsea District Library Board Goals for 2006. Discussion: Special meeting on Tuesday, January 24th at 6:45 pm. **MOTION WAS PASSED UNANIMOUSLY.**

MOTION: by C. Hollenshead, and SECONDED by C. Verge that the meeting on Tuesday, January 24th be specifically designated for setting forth for each goal 3 action items, with a request for each board member to come with 3 action items for each goal. Discussion followed. **MOTION WAS PASSED UNANIMOUSLY.**

Discussion Items

Director's Search

G. DeGraff and C. Verge presented proposed companies that they had researched, for conducting the search for the new director. Discussion followed after each was presented.

MOTION: by G. DeGraff, and SECONDED by K. McAuliffe to move the Director's Search to an Action item. **MOTION WAS PASSED UNANIMOUSLY.**

MOTION: by G. DeGraff, and SECONDED by K. Klovski to accept the proposal from the Library Jobs Network and authorize the Vice President to sign the letter of engagement, up to a total of \$10,000.00. Discussion: Budget review for funds to pay for the search.

Personnel Committee will be the liaison. **MOTION WAS PASSED UNANIMOUSLY.**

Mission for Art in the Library

MOTION: by K. Dixon was SECONDED by C. Hollenshead to accept the "Mission for Art in the Library" as amended (art is integral). **MOTION WAS PASSED UNANIMOUSLY.**

Update to Public

C. Hollenshead would like to see the library publish a press release regarding the 30% increase in circulation for 2005 over 2004.

Board Packet for City Library Liaison

Regarding the request from the City Library Liaison, M. Lansdale brought to the trustees' attention that this can only be done with action by the board. **MOTION:** by C. Hollenshead, and SECONDED by C. Verge to move this item to action. **MOTION WAS PASSED UNANIMOUSLY.**

MOTION: by C. Hollenshead, and SECONDED by G. DeGraff to provide a monthly board packet to the City Library Liaison to the Chelsea District Library. Discussion followed. **MOTION WAS PASSED UNANIMOUSLY.**

Reports and Parking Lot

There being no reports or "Parking lot" issues.

MOTION made by K. Klovski SECONDED by C. Verge to adjourn meeting at 8:57 pm. **MOTION PASSED UNANIMOUSLY.**

Karen Dixon, Secretary

Publish: March 9, 2006

Sudoku
Tips & Computer Program available at
www.sudoku.com

3					5	2
	2	4				
	5			2		3
1			5	9		7
	3		7		8	4
7				6	2	
6	8		4			1
						2
5	1					4

EASY

#44

Fill in the grid so that every row, every column, and every 3x3 box contains the digits 1 through 9.

	6	2			7		3
		5	4	3			2
				9	2		
3						1	
			3		5		
	2						8
			7	1			
1				6	3	4	
8		6				1	2

DEXTER Building gets new tenant

By Jennifer Sinkwitts
Special Writer

"For 10 years, we went from tenant to tenant. We haven't had a great fit until now," said Steve Kaplan, who, with his father, Dan, has owned the building



since 1995.

To get licensed for the school, we had to generate reports for the federal and state government, Dexter Township, the fire department, Washtenaw City Health

Kidsland Montessori School and Daycare Center offers a hands-on approach to learning. They encourage children to develop their observation skills by performing activities that require the use of their five senses, kinetic movement, spatial refinement, small and large motor skills, coor-

The other tenants in the building include Sunrise Dental, -Watermark Home Builders and Robotics Vision. Huron Valley Pediatric and Adolescent Medicine will be opening in March.

Jennifer Sinkwitts is a free-lance writer. She can be reached at jsinkwitts@aol.com.

Continued from Page 3-D

"I hope this legislation, even if it never becomes a public act, will drive the debate on health care in our state," he said. "We absolutely have to do something about health care."

— The Associated Press contributed to this report.

Continued from Page 8-D

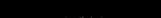
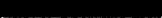


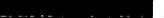
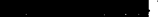
While growing up, Gasiorek said people in his

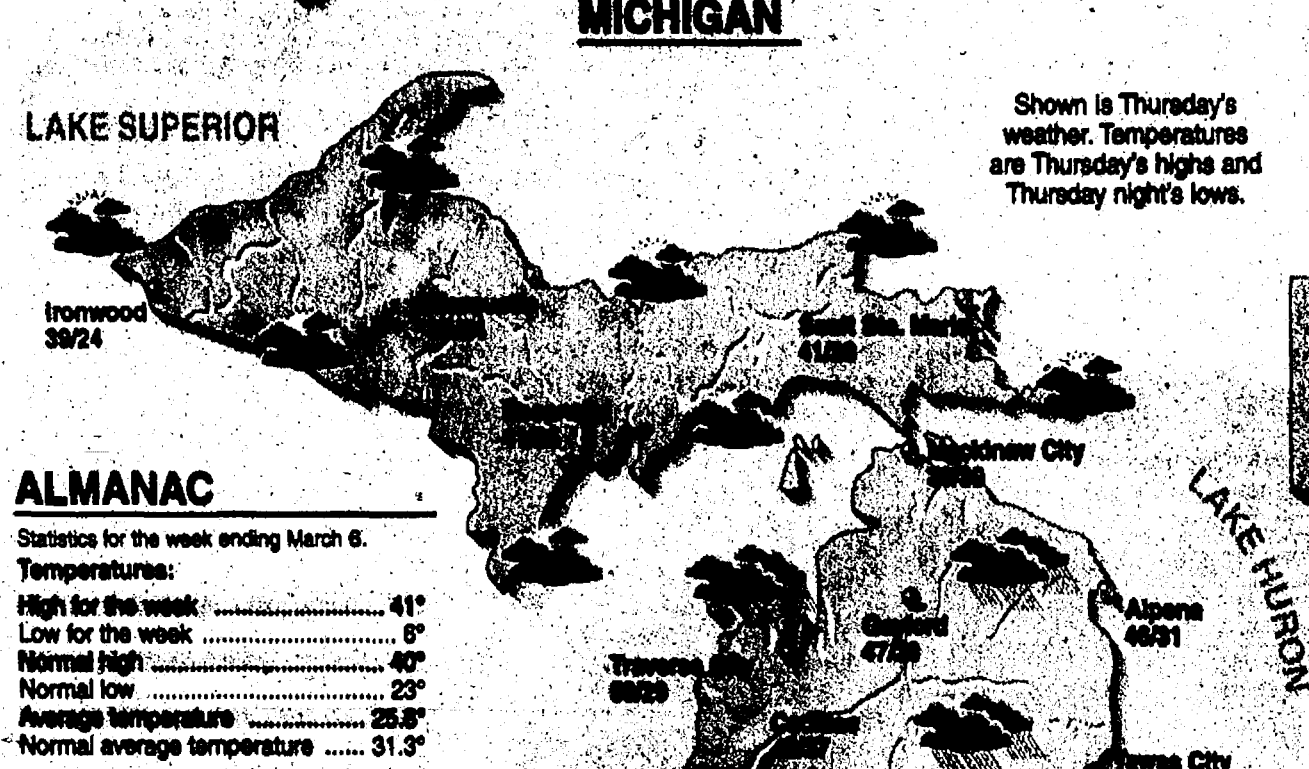
Until then, his telephone will keep ringing.
Ciesiorek can be contacted

Gasiorek can be contacted at dgasiorek@sommerspc.com or 1-248-746-4040. The Sommers Schwartz Web site is www.sommerspc.com.

WEATHER

FIVE-DAY FORECAST FOR WASHTENAW COUNTY

THURSDAY	THU. NIGHT	FRIDAY	SATURDAY	SUNDAY	MONDAY
HIGH: 52°-56°	LOW: 35°-39°	HIGH: 50°-54°	HIGH: 56°-60°	HIGH: 56°-60°	HIGH: 46°-50°
Periods of rain and a thunderstorm	Rather cloudy with showers	A passing shower in the morning	Sun and some clouds	Mostly cloudy with showers	Clouds and sun
					
LOW: 38°-42°	LOW: 30°-34°	LOW: 34°-38°	LOW: 36°-42°	LOW: 33°-37°	LOW: 30°-34°



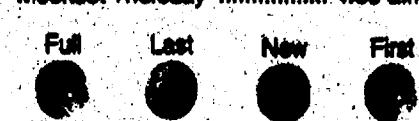
Precipitation:

% of normal this year 110%

SUN AND MOON

Sunrise Thursday 6:58 a.m.
Sunset Thu. night 6:34 p.m.

Moovie Thursday *Movie poster art*
Mooviest Thursday

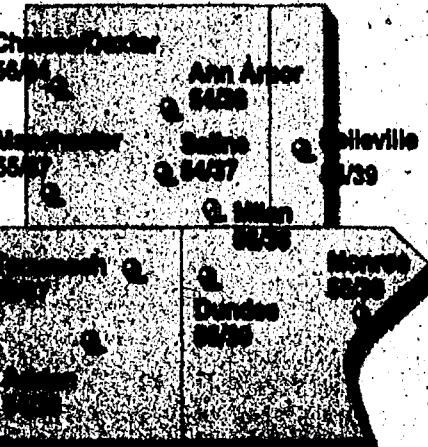


Mar 14 Mar 22 Mar 29

NATIONAL CITIES

City	Thur. H/La/W	Fri. H/La/W	City	Thur. H/La/W	Fri. H/La/W	City	Thur. H/La/W	Fri. H/La/W
Albany	62/44/6	64/44/6	Buffalo	62/52/4	63/56/6	Denver	44/48/4	56/11/6
Albuquerque	45/54/4	55/36/6	Burlington, IA	54/38/1	55/48/4	Des Moines	52/34/6	51/38/6
Albuquerque	55/52/6	55/48/6	Burlington, VT	54/38/1	55/38/1	Detroit	54/18/6	55/26/6
Anchorage	22/6/4	24/16/4	Casper	56/12/4	54/8/6	El Paso	56/48/6	70/47/1
Atlanta	72/52/6	72/52/6	Charleston, SC	55/12/6	55/12/6	El Paso	54/12/6	57/16/6
Atlanta City	51/43/6	59/44/4	Charleston, WV	74/57/4	75/50/6	Fargo	37/21/6	36/15/4
Baltimore	62/44/6	70/46/6	Charlotte	72/56/6	74/52/6	Flagstaff	55/22/6	55/27/6
Boston	62/44/6	65/48/6	Chattanooga	62/52/6	62/52/6	Fort Wayne	58/42/1	59/40/6
Birmingham	43/22/4	59/19/6	Chicago	56/36/1	52/42/6	Gary	55/47/1	57/42/6
Blairmont	75/57/4	75/52/6	Cincinnati	55/36/1	55/36/6	Green Bay	44/27/6	44/22/6
Blairmont	59/20/6	57/14/4	Cleveland	63/48/1	57/48/6	Honolulu	62/70/6	62/66/6
Boston	43/26/4	43/26/4	Columbus, MS	55/36/6	55/36/6	Honolulu	61/52/6	62/52/6
Boise	43/26/4	43/26/4	Columbus, OH	64/48/1	66/48/6	Indianapolis	53/44/1	62/47/6
Boston	44/26/4	44/26/4	Columbus, OH	64/48/1	66/48/6	San Jose	55/26/1	55/26/6

LOCAL WEATHER



MICHIGAN CITIES

	Thur.	Fri.
City	H/La/W	H/La/W
Ann Arbor	54/38/r	52/38/pc
Battle Creek	57/38/r	52/41/pc
Bay City	51/35/r	53/38/pc
Coldwater	57/40/r	57/42/pc
Dearborn	55/41/r	58/41/pc

TRAVEL

Low pressure will bring rain and a thunderstorm Thursday with rainfall amounts averaging 0.25-0.50 of an inch. Winds will be south at 10-20 mph.

REAL FEEL TEMP

The patented RealFeel® temperature is AccuWeather's exclusive index of the effects of temperature, wind, humidity, sunshine, precipitation and elevation on the human body. Shown is the highest RealFeel temperature for each day.

Highest Thursday	67°
Highest Friday	48°
Highest Saturday	81°
Highest Sunday	80°

SOLUNAR TABLE

Four-day forecast indicates peak feeding times for fish and game.			
Major	Minor	Major	Minor
Thurs 7:45 a.m.	1:30 a.m.	8:10 a.m.	1:57 p.m.
Fri. 8:29 a.m.	2:17 a.m.	8:59 p.m.	2:41 p.m.
Sat. 9:11 a.m.	3:00 a.m.	9:54 p.m.	3:28 p.m.
Sun. 9:51 a.m.	3:43 a.m.	10:49 a.m.	4:09 a.m.

AN INDEX

UV INDEX
Highest: Thursday, June 1, 1995, 11:00 a.m. - 1:00 p.m.
The ultraviolet index is a guide to exposure to the sun. The higher the UV index number, the greater the need for eye and skin protection.

WORLD CITIES

	Thur.	Fri.		Thur.	Fri.
City	HL/LW	HL/LW	City	HL/LW	HL/LW
Asuncion	50/70/s	52/72/s	King	54/14/s	50/24/s
Algiers	75/44/s	62/44/po	Lima	52/65/2h	50/54/s
Amsterdam	46/50/s	44/50/s	Lisbon	51/50/s	50/44/s
Athens	49/50/po	57/43/c	London	50/57/s	45/34/c
Auckland	64/61/po	65/55/po	Madrid	55/55/s	50/50/s

78/pc	93/78/pc	Manila	68/68/c	87/83/sh
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2006

Health & Fitness



Therapeutic Massages

Beauty/Body Treatments

Hair Removal Techniques

Food & Nutrition

Aromatherapy

Fitness for Life

Holistic Services

Diet

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A Special Supplement from Heritage Newspapers/West

Marathon walking a growing trend

While less than one tenth of one percent of Americans have ever completed a marathon, that number soon may be changing.

Due to the growing trend of marathon walking, many people who otherwise thought completing a marathon was out of their reach are getting their shot at achieving a lofty personal fitness goal, while helping millions of Americans at the same time.

Many people used to think a marathon was not for them or that completing a 26.2-mile event was an impossible feat because they were not seasoned runners. However, with the advent of charity programs like the Arthritis Foundation's Joints in Motion program, marathon walking is becoming not only acceptable, but also popular. In fact, of the more than 2,000 participants annually in the Arthritis Foundation's Joints in Motion marathon training program, 60 percent are walkers. Seeing this trend, the foundation added a hiking component for those who prefer a different type of challenge.

Arthritis is the number one cause of

disability in the United States, affecting one in three adults and nearly 300,000 children. For one in seven Americans, arthritis is a daily struggle that limits even the simplest activities that others may take for granted, such as dressing, bathing or even brushing one's hair.

Joints in Motion participants commit to raising funds on behalf of the Arthritis Foundation and walk in honor of a person with arthritis. In return, the Arthritis Foundation provides a 20-week training program with seasoned coaches, detailed training schedules, weekly group training sessions and ongoing support to increase endurance and improve walking strategy. In addition, the foundation offers clinics that cover important subjects such as proper footwear, nutrition and the importance of stretching. The training period culminates with travel to the event destination of the participant's choice.

The Joints in Motion program is designed to lead people of all ages and fitness levels through an extensive training program to complete a marathon. Approximately 80 percent



Even if you're not a seasoned runner (or walker), you can experience the exhilaration of completing a marathon, thanks to the training provided by the Joints in Motion program of the Arthritis Foundation.

of all Joints in Motion athletes have never completed a marathon before, but with careful guidance and encouragement from staff and other volunteers, nearly all of them cross the finish line.

If you are interested in joining a future Joints in Motion training team, or would like additional information, contact the Arthritis Foundation at (800) 9-JOINTS, or visit www.jointsinmotion.org.

New initiative seeks to improve diabetes care

The number of diabetes cases diagnosed in this country each year is increasing at an alarming rate. An estimated 18.2 million Americans now suffer from some form of the disease — that's 6.3 percent of the population. If left untreated, diabetes can lead to blindness, heart and blood vessel disease, stroke, kidney failure, amputations, nerve damage and even death.

You may be at risk for diabetes if you are over 45, are overweight (have a body mass index greater than 25), have borderline high blood sugar levels, or have high blood pressure, inactive lifestyle or a family history of diabetes.

But many people don't know that the disease is actually preventable, until it's too late. A combination of healthy eating and a modest, consistent increase in physical activity can actually delay and perhaps even prevent development of Type II diabetes.

When people hear the word 'diabetes,' they usually don't realize the ramifications that come with it, the very serious complications," says Vincenza Snow, MD, of the American College of Physicians (ACP). Snow's organization recently teamed up with the American College of Physicians Foundation to launch a major initiative aimed at improving diabetes care

in the United States.

"The goal of ACP's new three-year effort is to raise awareness and teach the best practices in diabetes care," said Snow.

The first step, which is already under way, is to create and disseminate educational tools and information for physicians and other members of the health care team.

"Patients are a key part of the team," says Snow. "The new project will develop self-management tools to help patients become working partners in their diabetes care with their health care providers."

Doctors, nurses and others in the health care field will receive access to software that will help them keep track of symptoms and blood sugar levels of their patients with diabetes.

Novo Nordisk, a health care company and world leader in diabetes care, gave ACP and the ACP Foundation an unrestricted educational grant for the three-year effort.

Diabetes is a condition in which either the body cannot produce insulin or cannot effectively use the insulin produced. Type I diabetes is a condition in which a person's immune system attacks the pancreas and destroys the cells that make insulin. Type 2 diabetes, a condition in which

the body fails to properly use insulin, is the more common form of the disease. Symptoms of the disease are frequent urination, excessive thirst, extreme hunger, unusual weight loss, increased fatigue, irritability and blurry vision.

For more information on diabetes, see the American Diabetes Association's Web site at www.diabetes.org.



Many people don't know that Type II diabetes is actually preventable. A combination of healthy eating and a modest, consistent increase in physical activity can delay and even prevent its development.

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Make new fitness resolutions - and keep them

Time and time again, people resolve to get in shape and to live a healthier lifestyle. But this is the resolution that is most often broken - and typically within just six weeks!

Why is having a healthy mind and body easier to talk about than to achieve?

Life Time Fitness, a national operator of sports and athletic, professional fitness, family recreation, and resort/spa centers, offers these suggestions for making and keeping a realistic resolution about your health.

Appreciate Your Accomplishments

Although we continue to make resolutions concerning good health, we give up early in the game. Before you get too down on yourself for having let go of previous fitness resolutions, it is important to realize that health and fitness goals are continuous, involving a process of assessment, commitment, feedback, and follow-through.

Even if you have just begun considering health and fitness a priority, you are much better off than you think. Shifting your attitude about your health, making smarter, more nutritious choices and increasing your knowledge about fitness will build momentum for you to accomplish your resolution this year.

The First Steps are the Hardest

It is not just about acknowledging what you need to do to get in shape, but also about formulating a plan of action for getting there. Visualize how you want to look and feel, research health and fitness routines, and then set personal growth and development goals.

Start by researching and exploring fitness facilities that foster your new commitment to a healthy way of life.

"The more a fitness center matches your goals and expectations, the more likely it gets used," says Jeff Zwiefel, senior vice president of Life Time Fitness. "But more than getting to the gym, a healthy lifestyle needs to be a part of every aspect of your daily life."

Making small improvements in your diet can help to make a big difference. Shop healthy, take an interest in your nutrition by becoming more informed, be aware of your eating habits, make good daily choices, and include your family in your pursuit of a healthy and nutritious lifestyle.

Now is the Time to Get Started

You have come to terms with past broken resolutions, and you have set realistic ones moving ahead. Get in the right frame of mind. A positive attitude will make all the difference in your ability to stick with it. Do not abandon your goal just because you missed one

day of workout or diet. Build confidence with each step of progress that you make. Feel better about yourself inside, and the results will show on the outside.

Workout Tips

Once you have set your routine in motion, there are important health tips to remember:

■ **Maintain a good diet:** Many dieticians recommend that instead of a big breakfast, lunch and dinner, people eat several small balanced meals and a few small snacks throughout the day. Balanced meals include protein, complex carbohydrates, fruits and vegetables. Start taking supplements and vitamins on a regular basis and drink plenty of water.

■ **Rest and reward yourself:** As you work toward your fitness goals, remember to reward yourself for progress along the way. Treat those hardworking muscles to a massage, or pamper your feet with a pedicure.

■ **Make exercise fun:** Keep track of healthy habits with a friend! It might be easier to stick to your routines and good habits if you have someone to answer to. Choose a friend or family member who will offer encouragement while also setting an example for you to follow. Use motivators such as music, new workout clothes and a positive attitude.

■ **Max out your membership:** Get your money's worth! Get to know all the classes that your club has to offer. Get oriented to the club, its instructors, deals and offers, and free assessments. They are there to help you achieve your fitness goals. Maximize your time and variety of activities at the club and your monthly membership will more than pay for itself.

What to Do When Your Resolution Needs Rescuing

Permanent lifestyle changes take time to accomplish. When you are feeling like your health and fitness are suffering at the hands of your other daily tasks and obligations, remember to relax.

Research where you might have gone wrong, and determine where you need to make changes. Be realistic about what you can accomplish. Review and adjust your routine to find out what works for you and what does not. Get back into your routine. It is never too late to get in shape.

Good luck with your fitness resolutions, and remember that you are in charge of making them happen!



Setting realistic fitness goals can help you keep those New Year's resolutions you made to get in shape.



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How to motivate kids to exercise

Video games. School vending machines. Internet surfing.

It's all helping create a new generation of unhealthy, more sedentary youth. Experts partly blame low participation in sports, cuts in physical education and less walking and biking to school. With so many distractions found in new television, computer and video game technology, adolescents are at risk of becoming inactive without strong motivation.

So what motivates teens to exercise and stay healthy?

Two new studies in Archives of Pediatrics & Adolescent Medicine explore the reasoning behind kids' and teens' choices about exercise and dieting.

Researchers at the State University of New York at Albany surveyed 200 middle school students on their motivations for exercising. They discovered that both boys and girls were most likely to say that personal enjoyment or wanting to be fit was their main motivation to exercise, a finding that surprised lead researcher, Katie Haverly, M.S.

"You might expect that adolescent girls would be motivated to be physically active for the purposes of weight loss or weight maintenance, but we did not find that to be true," Haverly stated that the students who were motivated

by personal enjoyment exercised or played sports because it felt good, to be healthy and to improve their skills. "We were just surprised that adolescents would report that they felt that way about physical activity."

But the researchers also found that a child's motivations changed depending on their abilities. Students who felt they weren't skilled at sports were less likely to be motivated by personal enjoyment than those who were more athletic.

Haverly suggests that stressing the health aspects of physical activity, instead of athleticism and competition, could encourage participation by kids who feel less confident in their abilities.

"These students would be most motivated to be active if they could improve their skills while being active, if the activity is enjoyable and if the activity improves their health and fitness," Haverly says.

In addition to requiring physical education in schools, Haverly recommends that administrators promote a wide variety of fun, skill-building activities.

"An environment that offers different choices or ways to be active would be helpful, because not all adolescents will find the same activities fun, rewarding or motivating," she adds.

Research has also shown that a child's parents have an effect on the

way they think about exercise and dieting. Children not only imitate their parents' habits, good or bad, but also respond to what they believe is important to their parents. In a second study in the same issue of Archives of Pediatrics & Adolescent Medicine, researchers questioned over 9,000 teens and their mothers about weight and dieting. They found that girls were much more likely to think about being thinner if they thought it was important to their mothers.

Interestingly enough, whether or not a mother actually wanted her daughter to be thinner had less of an impact than the daughter's perception of her mother's opinion. The researchers also noticed an association between a mother's repeated attempts at weight loss and her daughter's dieting.

Mothers were found to have less of an effect on their sons' ideas about weight. Only sons who correctly guessed that their mothers thought weight loss was important were more likely to think about being thinner.

The study's lead author, Alison E. Field, Sc.D., of Harvard Medical School, warns that parents should be careful when talking to their children about weight issues.

"Parents are justified in not wanting their adolescents to be overweight," said Field. "However, it is essential to strike a balance between promoting a



Researchers have learned that children who are motivated by personal enjoyment exercise or play sports simply because it feels good.

healthy weight and not placing too much emphasis on the importance of weight."

The researchers suggested that parents should be role models to their children by incorporating exercise and healthy eating into their everyday lives, rather than imposing these strategies on their kids. Doctors who treat overweight adolescents should be sure to promote exercise for benefits other than weight loss, such as improving self-esteem.

Healthy resolutions from the American Medical Association

For most Americans, health concerns are at the top of your list of resolutions. While resolving to achieve a healthy weight, better nutrition or more physical activity are important, don't overlook equally vital lifestyle resolutions.

"It is important that we develop positive lifestyle habits that we can work on now and carry with us throughout our lives," says AMA President J. Edward Hill, M.D.

The AMA offers the following lifestyle resolutions:

1. Make healthy lifestyle choices: With so many Americans concerned about being overweight or obese, it is more important than ever to make lifestyle choices that will enhance quality of life. Healthy living includes daily exercise, a well-balanced diet, and staying away from tobacco and excessive drinking. Before beginning any new exercise program, it is a good idea to consult your physician.

2. Prepare for a disaster situation in advance: In light of the events of Hurricanes Katrina and Rita, the AMA encourages families to take the necessary steps to respond to an emergency. Develop a family communication plan for how you will get in touch with your

family members.

Create an emergency supply kit and store it in a safe, dry place. Be sure to include a list of important family health information and documents, such as copies of family immunization and health records; a list of prescriptions and dosage; and the style and serial number of medical devices such as pacemakers.

3. Develop an advance directive with family members: The Terri Schiavo case spurred a national dialogue on end-of-life care planning. The AMA encourages everyone to write a living will, appoint a durable power of attorney for health care, and discuss their wishes with family or a designated caretaker. Physicians can help with these important decisions as patients grapple with this difficult topic. People should talk to their physician, and use the health care community as a resource to help make educated decisions for the future.

4. Medicare prescription drug plan - learn your options: Medicare is taking an important step forward by offering a prescription drug benefit for the first time. If you or someone you love is in the Medicare program, the AMA encourages you to educate yourself

about this new benefit. Take time to sit down with your family member to review the most applicable prescription drug options for your healthy lifestyle.

5. Practice common-sense prevention in light of flu concerns: In light of concerns with the flu, Americans are encouraged to remain informed and take common-sense steps to stay healthy. Everyone can take sensible steps to prepare for the current annual flu season, which can potentially provide added protection against pandemic flu. Typically, influenza does not peak in the United States until February, so check with your physician to get the annual flu vaccine. To avoid germs that cause the flu, wash your hands and avoid touching your nose and mouth with your hands. If you are sick, cover your cough with your sleeve or a tissue.

"These resolutions are simply a few of the things you can do to make positive, healthy lifestyle changes," says Dr. Hill. "And without question, you should continue to turn to your physician to provide the highest quality of care for you and your family."

For more information, visit the AMA's Web site at www.ama-assn.org.



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Don't just quit smoking, take the next step

Sharon O'Hara, 66, of Silverdale, Wash., was just 17 when she picked up her first cigarette. "Like a lot of people who started smoking back then, I did it because it was the cool, chic thing to do," she says.

Humphrey Bogart and Lana Turner did it. So did a lot of people's parents, teachers, neighbors and even doctors. According to statistics gathered by the National Institutes of Health, in 1955, by the time O'Hara picked up the habit, 56 percent of American men and 28 percent of American women were smoking.

"Obviously the numbers were so high because no one knew one day there would be serious health ramifications," says O'Hara, who today is on a mission to get the word out about the dangers of smoking. "My bad habit nearly killed me."

In 1997, shortly after returning home from a trip to Norway, she became so short of breath she was unable to stand and had to crawl across the floor to get the food to feed her dogs. Her son rushed her to the hospital.

"I decided during that four-day period in the hospital, I would never pick up a cigarette again. And I haven't," she says.

O'Hara had been diagnosed with Chronic Obstructive Pulmonary Disease (COPD) — a term referring to a broad group of lung diseases that leave people hungry for air — a couple of years prior to that episode. Her doctor had advised her to quit smoking. "But I was addicted and just wouldn't listen," she says. It wasn't until the day she collapsed gasping for air that the light bulb finally turned on.

Leading Killer

Her affliction, COPD, is the fourth leading cause of death in the United States, claiming the lives of 120,000 people a year in the U.S. It is estimated that currently 16.7 million

people have been diagnosed with COPD. However, up to 24 million Americans have evidence of impaired lung function, indicating under-diagnosis of this disease. COPD is a preventable and treatable disease.

"Many people choose to ignore their symptoms and thus are not reflected in the statistics," says Dr. Norman Edelman, the American Lung Association's chief medical officer.

Source for Help

To help raise awareness about the disease, the American Lung Association has teamed up with ALTANA Pharma US to launch a nationwide educational campaign called "Hungry For Air: Breathing Better Together." Through the Web site www.lungusa.org, people can easily download four free booklets about the disease and explore inspirational stories about survivors and caregivers. The free downloads will be located in the American Lung Association's "COPD Center."

Sharon O'Hara's story is among those featured on the site.

"Probably the only reason I coped so well as a smoker and ignored my failing ability to breathe was because I was physically fit," she says.

Despite suffering occasional bouts with shortness of breath, O'Hara climbed mountains, rode horses and spent all of her spare time working hard to restore a neglected estate she and her husband had bought for their retirement.

But as her condition deteriorated, she reached the point where she couldn't even lift a shovel and knew things needed to change.

"We sold the estate and moved closer to town," she says.

Shortly after moving, while surfing on the Internet, O'Hara came across two Web sites she says turned her life around.



Although the dangers of smoking are well-documented, quitting is much harder than getting started.

"Finding EFFORTS (a COPD support group) and the American Lung Association of Washington online changed my life," she says. "I learned that COPD is not a death sentence. It's an opportunity, a challenge to regain quality of life. The more fit we become, the better we can breathe."

O'Hara now exercises every day, and she's currently training for a cross country bike ride sponsored by the American Lung Association to raise awareness about the disease. She also speaks at seminars aimed at COPD survivors and their families.

"People should not have to go through what I've gone through," says O'Hara. "If I knew then what I know now about the dangers of smoking, I never would have started."

Are You a Candidate?

"The first step is to be diagnosed," points out Dr. Edelman. He recommends that anyone who has ever

smoked get a spirometry (lung function) test. COPD can also be hereditary, or occur due to occupational hazards and pollution. If you answer yes to any of these questions, Dr. Edelman recommends you, too, see a doctor.

■ Do you frequently experience a deep, chronic cough?

■ When completing routine activities, such as climbing a flight of stairs, are you short of breath?

■ Do you live in a heavy smog/high-ozone area?

■ Are you exposed to air pollution at work?

■ In cold weather, does your chest get tight or do you find it difficult to breathe?

For access to support tools for people who want to quit smoking, or to read inspiration stories about COPD survivors, log on to www.lungusa.org and click on the "COPD Center."

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Choose your bottled water wisely

While most of us set at least one New Year's resolution around health and fitness, any time of year is a good time to consider starting an exercise program.

Staying hydrated is an important aspect of any exercise program, including winter sports activities. Since bottled water easily accommodates the active lifestyle of today's families, these products are an obvious choice when heading to the gym or out for a day of skiing. But are there really any differences between the various brands and types of bottled water?

Types of Bottled Water

While many consumers think of it as drinking water, bottled water is actually considered a food product in the United States. While the Environmental Protection Agency (EPA) establishes regulations for public water supplies, the Food and Drug Administration (FDA) has responsibility for setting requirements for bottled water products. Contrary to many reports, bottled water products sold in the United States, including imported brands, are strictly regulated.

As part of their regulations, the FDA sets identity standards for many types of bottled waters. Seven of the most common types of bottled water products available on the shelf today include:

■ **Artesian Water:** Artesian bottled water comes from a confined underground source. The bottler drills a well into an underground aquifer and then pumps the water to the surface.

■ **Drinking Water:** Bottled drinking water comes from many different sources, including public water supplies. It generally undergoes filtration and disinfection.

■ **Fluoridated Water:** Fluoridated bottled water contains either naturally occurring fluoride or fluoride that is added back into the water after treatment. Typically, the minimum fluoride presence is 0.8 milligrams per liter.

■ **Mineral Water:** Bottled water that is classified as mineral water contains at least 250 parts per million total dissolved solids and originates from a protected underground water source.

■ **Purified Water:** Purified bottled water products are produced through distillation, deionization or reverse osmosis. Such processing significantly reduces the mineral content (or total dissolved solids) of the original source water.

■ **Sparkling Water:** Bottled water that contains, after treatment, the

same amount of carbon dioxide that it did when it first emerged from the source.

■ **Spring Water:** Bottled spring water comes from an underground formation where the water flows naturally to the surface of the earth.

There are no official FDA classifications for bottled water products described as "natural" or "pure," so keep in mind that such words do not reflect the source, treatment or quality of the bottled water. Instead, make sure you look for one of the above-referenced standards of identity on your favorite bottled water to be sure of its source.

Bottled Water Testing

In addition to understanding the differences between the various types of bottled water available, many consumers are confused about what testing bottled water products are required to undergo. The FDA requires bottled water products to be tested regularly for the same contaminants for which our public water supplies are monitored, including inorganic contaminants (arsenic, nitrates, lead, and mercury), volatile organic chemicals (pesticides, chlorination byproducts), bacteria and radioactive elements.

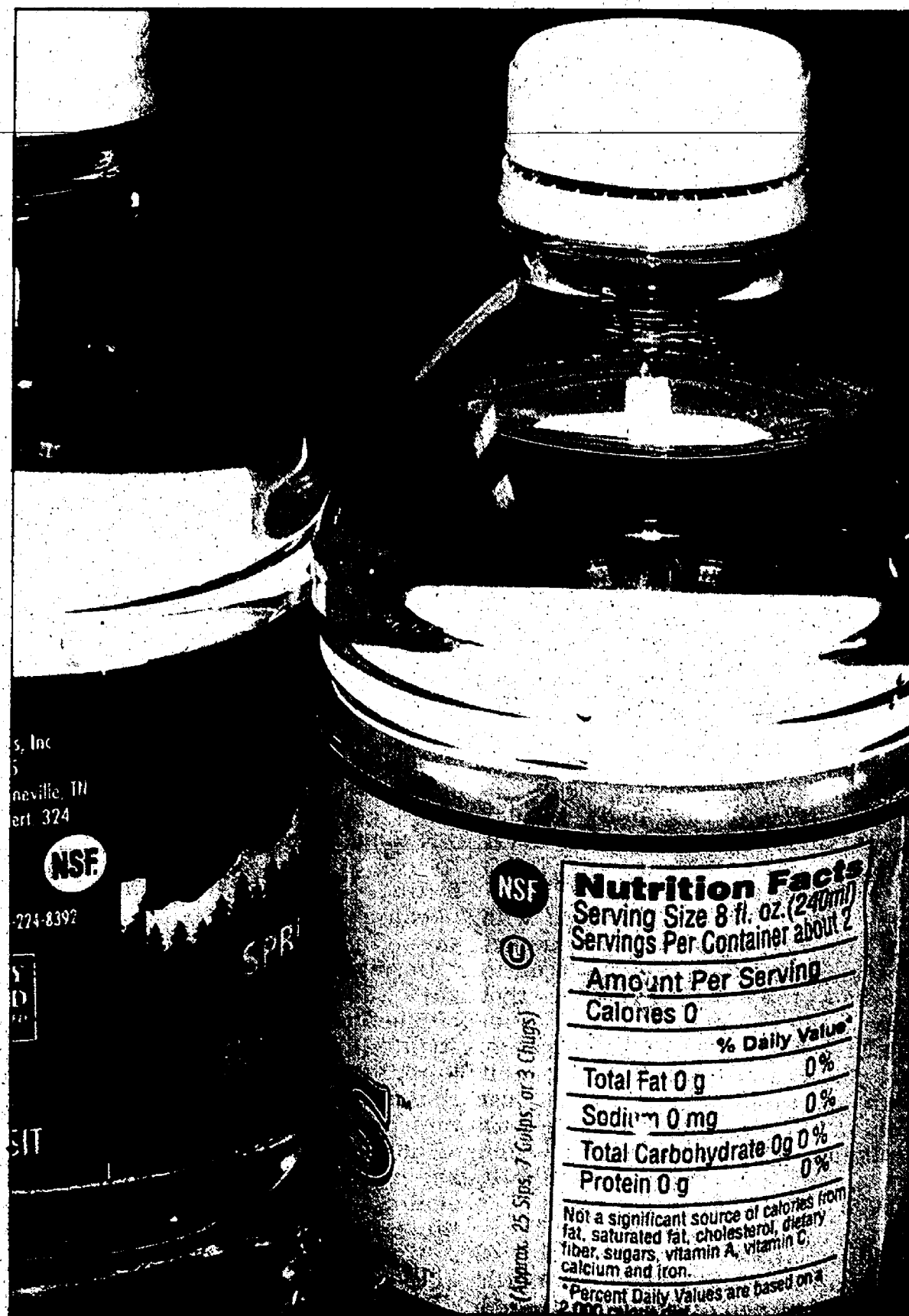
Similar to the EPA's safe drinking water regulations, the FDA has established maximum permissible levels for these contaminants. Typically, the maximum permissible levels set by the FDA are equal to or stricter than the EPA maximum contaminant levels.

In addition to regular testing and inspections by the FDA and local health authorities, many bottled water companies choose to participate in voluntary independent testing programs.

Such programs verify that the bottled water comes from the source claimed, is microbiologically safe, does not contain harmful levels of impurities or contaminants and is bottled in a sanitary environment using food-grade approved plastic bottles.

NSF International launched its bottled water certification program more than 20 years ago, and today continues to be the only accredited certifying organization for bottled water.

Loren Merrick, general manager of the bottled water program at NSF explains, "Because we are not a regulatory agency, our program is strictly voluntary. Participation in the NSF certification program by bottled water companies demonstrates their commitment to producing quality



At least seven different types of bottled waters are available to consumers. Watch to see if your brand is NSF certified for safety.

products for consumers."

Consumers will find that NSF International currently certifies hundreds of bottled water products from around the world.

Many of the bottled water products that are certified today display the NSF Mark as a sign of assurance to consumers.

If you don't see the NSF Mark on your favorite brand, contact the bottler or the NSF Consumer Affairs Office at: (888) 99-SAFER or via email at info@nsf.org.

In addition, more detailed information about bottled water is available on the Web at www.nsfconsumer.org.

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Healthier lunch alternatives

When a PB&J is no longer okay

Ask any time-strapped parent the easiest bag lunch to toss together, and chances are it will include a peanut butter and jelly sandwich, bag of chips, juice box or soda and — hopefully — a piece of fruit or chopped up vegetables.

While there's nothing wrong with the perennial favorite — after all, a PB&J on whole wheat bread is a balanced choice for kids — there are other options that are just as nutritious and simple to prepare, plus offer more visual appeal.

"Packing a healthy lunch is an excellent way for parents to teach their children positive eating behaviors," says Cary Neff, spa chef and author of the New York Times bestselling cookbook, *Conscious Cuisine*. "The key is to make the meals as fun and tasty as possible, so that kids enjoy them and are less tempted to swap with their lunch mates for less-nutritious fare."

Deli pinwheels, one of Neff's personal favorites, are easy to make and can be prepared the night before. Roll sliced roast turkey, roast beef or baked ham; sliced reduced-fat cheese; and a dab of fat-free ranch or honey mustard dressing into a long log. Slice the log into one-inch pieces, skewered with carrot or celery sticks instead of toothpicks. Pack them flat in a plastic container, adding apple or pear slices rubbed with lemon juice (to prevent browning) before the kids leave for school in the morning.

Other suggestions by Neff include spreading a three-to-four-ounce container of almond butter or peanut butter on whole grain crackers, along with sliced fruit and sliced vegetables, or letting kids build their own sandwiches with chicken or turkey salad (made with fat-free mayonnaise), red grapes, walnuts and pita bread.

Cathy Garvey, RD —Corporate Dietitian and Menu Development Manager for Jenny Craig, Inc. — has more healthy alternatives to recommend. As a busy working mother of a four-year-old, and a nutritionist for

more than 11 years, well-balanced meals are a personal and professional priority.

"Instead of a turkey sandwich, build a burrito in a colored tortilla with lean meats, Monterey Jack or mozzarella cheese, lettuce leaves, and thinly sliced tomatoes and cucumbers," Garvey suggests. "Or make your own lunch kit by cutting reduced-fat cheese into fun shapes, and alternating them with sliced turkey or chicken between whole wheat crackers."

"In place of the ever-popular potato chips, consider their baked counterparts, pretzels or fat-free popcorn," adds Garvey. "Other fun side dishes include yogurt in a tube, dried fruit (blueberries, cranberries or raisins), seedless grapes or a fruit or apple-sauce cup."

For crunchy munching try pepper strips, sliced celery or baby carrots with reduced-fat Ranch dip or fat-free cottage cheese.

"Add in four-ounce 100 percent juice boxes or 10-calorie juice pouches (frozen, to keep the rest of the lunch cold)," Garvey said. "Or try 1 or 2 percent milk cartons or small bottles of calorie-free flavored water, and you've got a healthy, well-balanced lunch that your kids will love (and you'll feel pleased giving them)."

For more healthy lunch recipes, as well as nutritious suggestions for breakfast, dinner and dessert, visit www.jennycraig.com.



While the traditional peanut butter and jelly sandwich still has plenty of merit, try giving your kids a taste of something new in their brown-bag lunches with these ideas from Jenny Craig.

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"Manual Therapy" provides a new look at wellness

In the pursuit of fitness, it's almost a given: Sometimes you are going to get hurt. Maybe it will be just a little, but maybe it will be enough to need therapeutic treatment.

The Great Lakes Institute of Manual Therapy has a different way of looking at what is normally known as a "physical therapy practice."

"We take a very different, hands-on approach to our therapy," says co-owner Brandon Lorenz.

"Our clinics don't resemble the stereotypical, boring type white-walled clinic. We have a very relaxing atmosphere in order to make our patients as comfortable as possible."

With comfortable leather couches in the waiting room and oil paintings on the wall, it's certainly a very "therapeutic" setting.

"Many of our patients come to us in a lot of pain and our expertise and clinical skills help that area," Lorenz says. "But the relaxing atmosphere just adds to the experience. We want the patients to have a good feeling when they leave here."

Although the practice's two clinics are relatively new to the area, with the first opening on State Street a little more than a year ago, a proactive outreach program and building good relationships with several doctors in the area has helped it grow very rapidly. Its State Street clinic has already enlarged and a new clinic is opened on Clark Road. In addition, a Zeeb Road office is set to open this summer.

Lorenz and co-owner Patrick Hoban lead a staff of eight therapists with a variety of expertise in health-related topics.

"We have a therapist who specializes in treating women who have pain during and after pregnancy," Lorenz says. "We are doing a lot right now for the running community and we have another therapist who is a certified golf expert."

"What he does is teach patients how to golf safely and take steps to prevent back and hip injury."

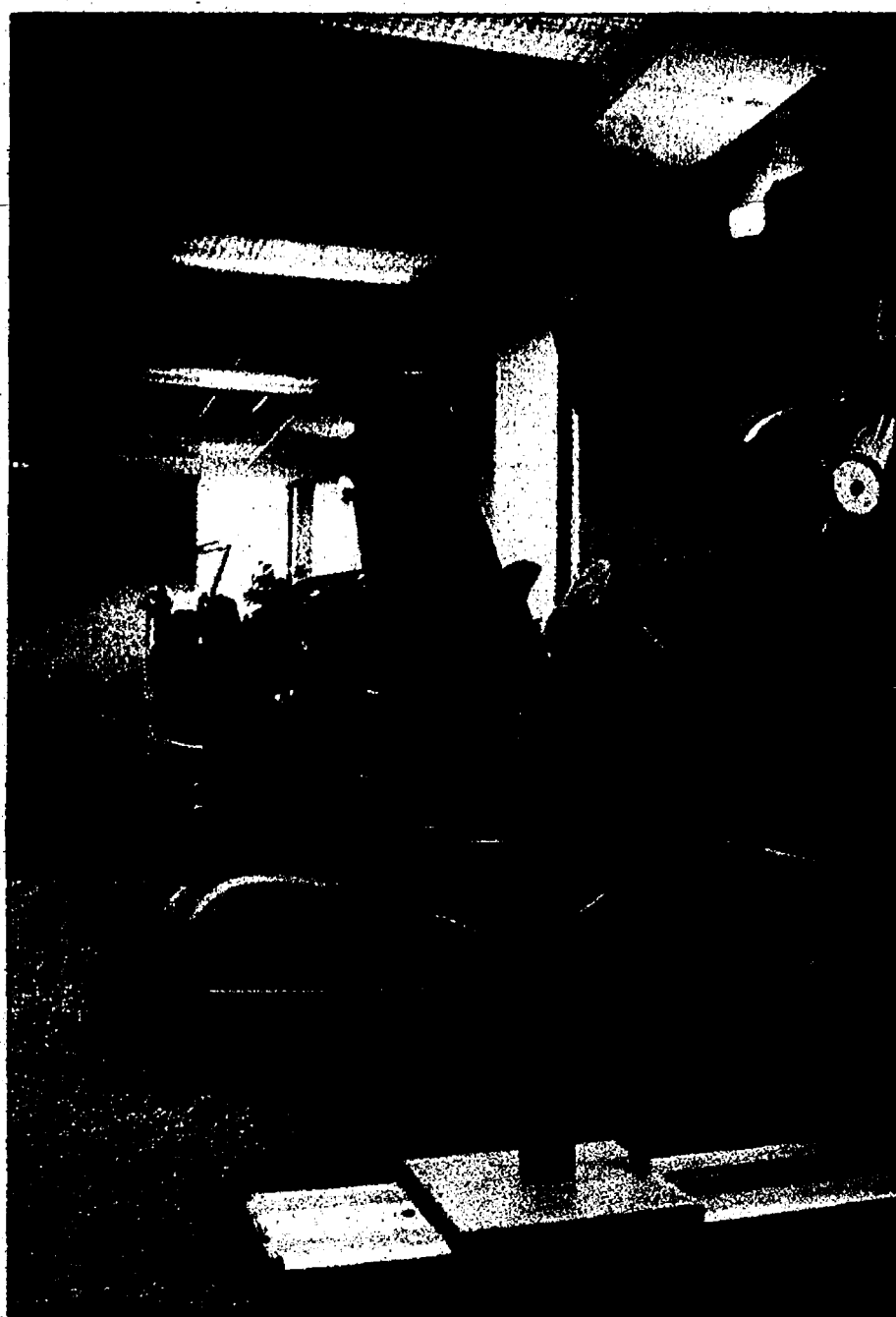
At Great Lakes, the therapists also do a lot of strength and conditioning for high school and middle school athletes.

"We do provide strength and stretching," Lorenz says. "We do manual joint mobilization and soft tissue massage."

"We particularly specialize in spine and back pain. Back pain is one of the biggest health epidemics in the country—from children to senior citizens. We estimate that 75 percent of our clientele suffers from back or neck pain, but really we see a vast array of diagnoses."

While the Manual Therapy approach is certainly not a new one, Lorenz says that Great Lakes Institute of Manual Therapy is the one place that this approach is not overlooked.

For more information, see the Web site at www.greatlakesinstitute.net.



Feeling good and feeling young

For a second, my reflection in the mirror startled me. Did I get stung by the wrinkle fairy last night? I stepped up to the mirror; OK, I climbed up on the counter in the bathroom, placed my feet in the sink and examined my face, closely.

Aging. It happens to everyone. And we spend mega-bucks fighting back. I certainly have. I have tried every eye cream by Clinique, Dermalogica, Estee Lauder and, of course, all the less expensive products found at drug stores and grocery stores. Have my wrinkles and fine lines diminished, you ask? Well, I honestly don't know.

We live in the advertising era. Every direction we look we are bombarded with must-have products and must-have accessories. I am certain most families own at least one television, or as I refer to it as the brain-washing-tube, that lives uproariously in the living room, kitchen and even the bedrooms telling us how great we would be if we purchased this product or looked like that celebrity.

And, the sad thing is, I always get sucked in.

We want what the 18-year-old model has on television. Youth. Fresh skin. Slim figure. I am not 18 and my youth is far behind me. I am stuck somewhere between my teens and middle-age. In fact, I just realized while writing this article that I am closer to middle-age than I previously thought.

What a great place to be, though. For the first time ever, I am comfortable in my own skin and I discovered the cheapest and least invasive beauty secret on the market.

Prior to having my first and only child, I worked hard to stay fit. Being fit remains important to me and I still exercise but for different reasons.

I used to exercise so that I could wear a smaller pant size; this perk flatters most women and shouldn't be completely disregarded. But, most importantly, exercise makes you strong, alert and happy. Being happy makes you glow and glowing makes you feel young. No matter the size of your jeans, when you exercise and eat right you are bound to feel and look good.

Feeling good is the most important thing I can portray to my child. If I feel good, then he feels good. If I portray a positive self-esteem, so will

he. My activity level will be transferred to him. I am his role model and I want to be able to run 10 miles for him, if I have to.

After I cross that finish line and wipe the sweat from my brow, I feel at my optimal health because I have seen and felt my body work. My heart beats. My lungs fill with air. My legs run. So, the sit-ups haven't cured the little bulge in my belly, but life was created there and I am proud about that.

And the size of my jeans? Well, who cares - I just do the best I can with the tools God gave me.

But, my eyes tell my life story and I want them to reveal me. So while on my life-long run I will always wear sunscreen, drink plenty of water and, of course, I will continue to try all the fancy eye creams available on the market today.



JENNIFER
SINKWITTIS



CHELSEA LUMBER CO.



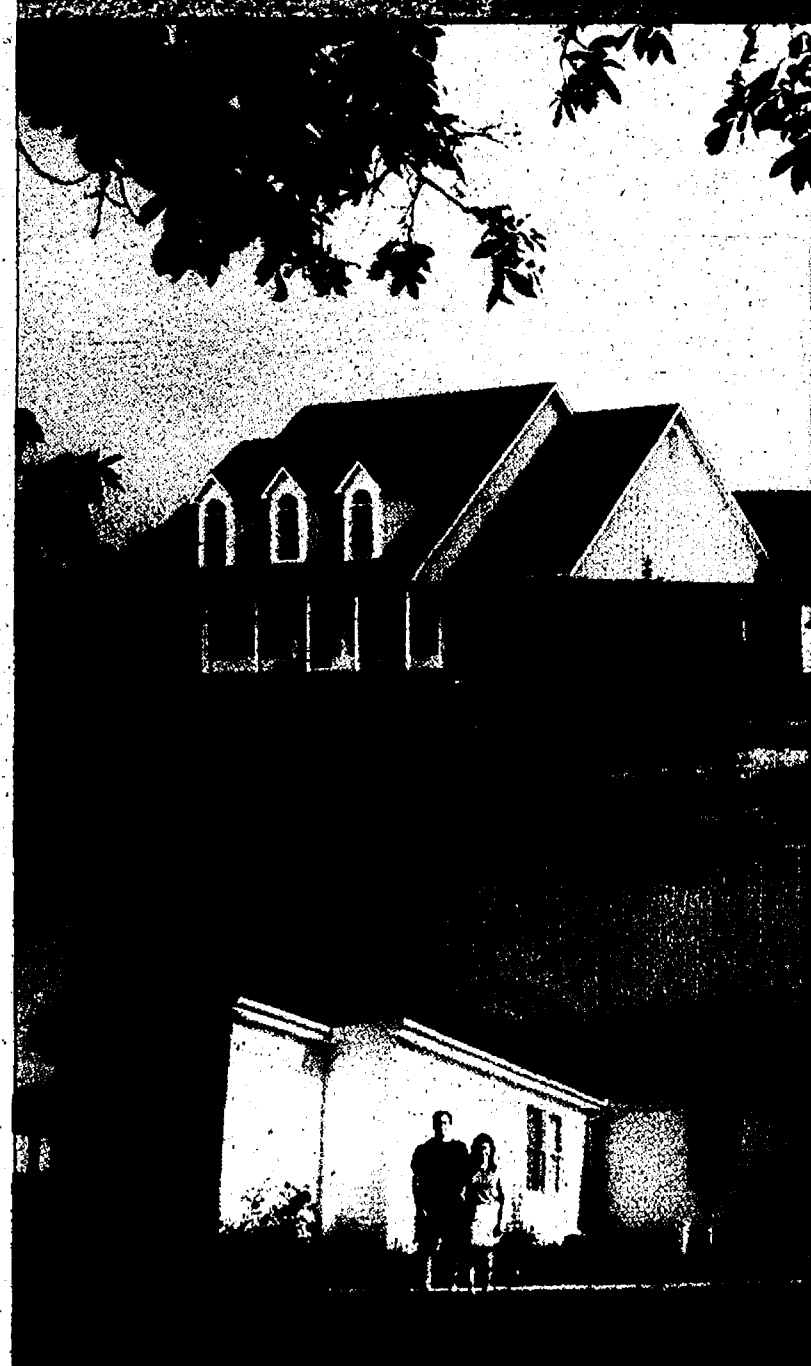
NUMBER 142

THE "BUILD A DREAM" PEOPLE

MARCH 2006



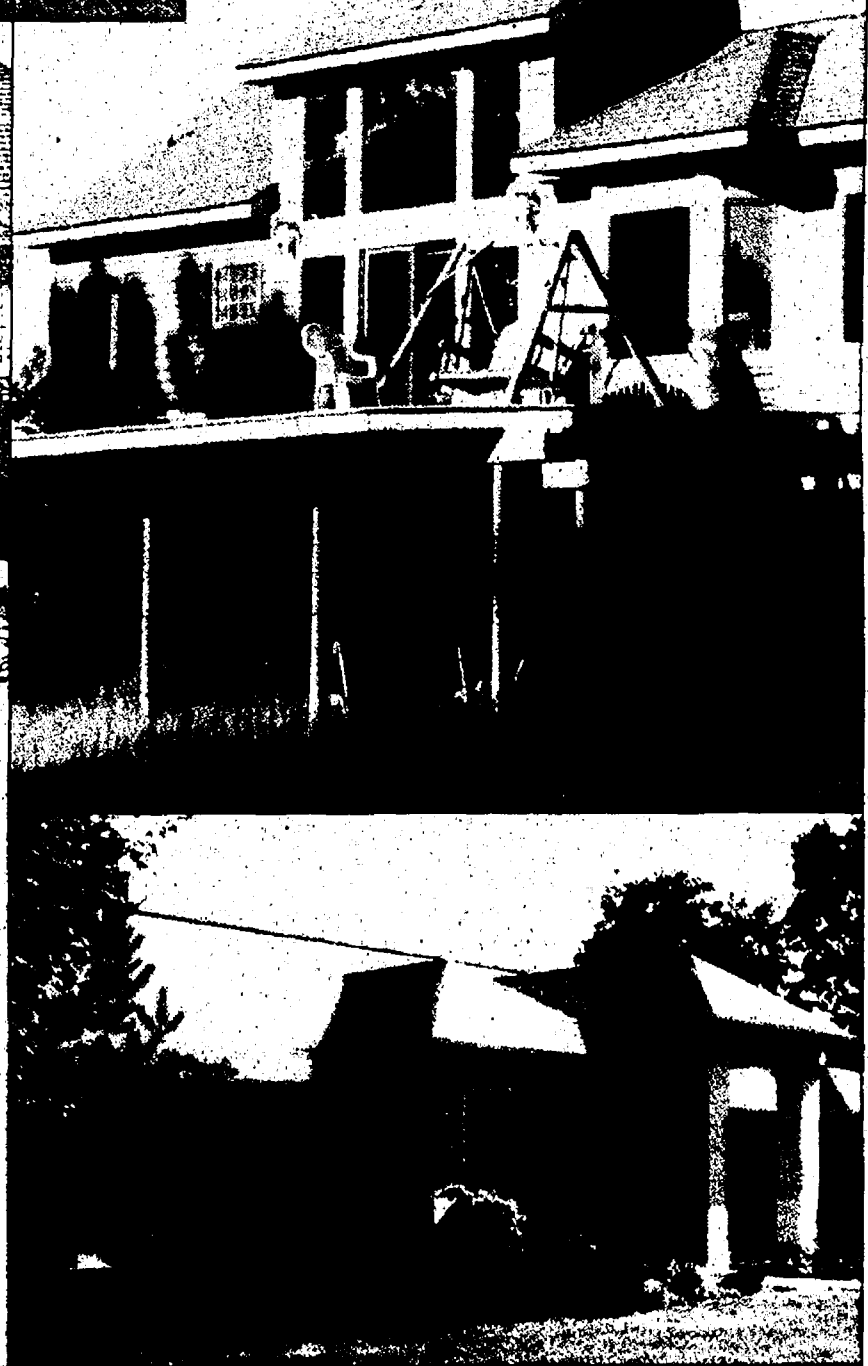
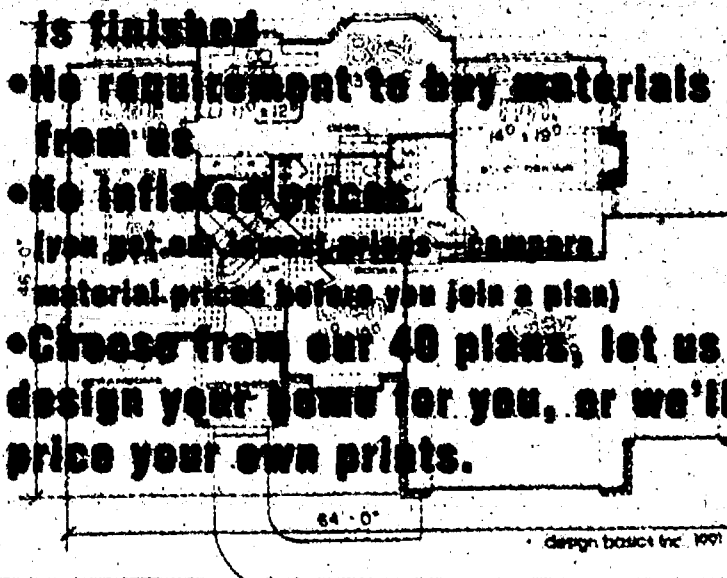
CHELSEA LUMBER COMPANY'S CONSTRUCTION FINANCE PLAN



**The only lumber company
in Michigan offering
construction financing
and the end mortgage!
(very competitive rates)**

*No one else knows the lumber and
financing business like we do.*

- Cash to build your home
- Highest quality materials
- No payments until your home is finished
- No requirement to buy materials from us
- No inflated prices
(you get an exact price - camera material prices before you join a plan)
- Choose from our 40 plans, let us design your home for you, or we'll price your own prints.



C H E L S E A L L U M



Quality doors and windows in every price range, for every home style—displayed to make selection easy. Wood Harbor, IWP, Andersen, JELD-WEN—America's top manufacturers are all represented.

Doors, windows and more—displayed in a way that allows you to compare and select just what you are looking for.



CHELSEA LUMBER CO.



NUMBER 142

THE "BUILD A DREAM" PEOPLE

MARCH 2006

LONG DISTANCE
(TOLL FREE)

1-800-875-9126

LOCAL 475-9126

www.chelsealumber.com



OLD BARN CIRCLE,
CHELSEA, MI 48118
Just north of I-94 (Exit 159)
on the west side of Main St.
Turn left off M-52 on to
Old Manchester Road.

20,000 sq. ft. of showrooms...70,000 sq. ft. of warehouse...14 acres of inventory

Do you want to build a new home? You can get started now with an investment of as little as \$10,000 in cash or land. Chelsea Lumber finances from footings to end mortgage.

VERY COMPETITIVE RATES

Chelsea Lumber's Construction Financing Plan

Compare our interest rates and material costs; you are not required to buy materials from us; we give you experienced help from start to finish.

We started Construction Financing 40 years ago. That experience makes us the best choice for you, hands down. We know how to help you make your new home a reality, not just a dream. Can you imagine the pride of managing the construction of your own home. Come on ... together we can make your dream come true ... and you can start now. *Come in and meet our Construction Financing Professionals. Call 1-800-875-9126 for an appointment.*

Why wait any longer to start your new home? There is no cost to meet with one of our friendly and experienced professionals, just call 1-800-875-9126. Or, come to one of our free Construction Financing Clinics. No one else knows construction and financing like Chelsea Lumber Company.

If you are considering building a new home, you owe it to yourself to come to our free Construction Financing Clinic. And, for attending, we will give you a \$100 Gift Certificate.

FREE! CLINICS!

March 13th at 7:00 pm

Call 1-800-875-9126 for attending this Clinic!

Mon, March 13th

Tues, March 14th

Wed, March 15th

at 7:00 pm

at 7:00 pm

BASE

ROOFING

KITCHENS

Chelsea Lumber Company
\$100.00 GIFT CERTIFICATE
for attending Free Construction Financing Clinic
Wednesday, March 15th 2006 at 7:00 pm

Authorized by _____

This certificate is for a person attending the Clinic; one per family. It is valid for purchasing merchandise at Chelsea Lumber Company and can not be redeemed for cash. It is valid through May 20th, 2006.

Of special interest in this issue

- Cash and help to build your home 2
- Free Water System with Kitchen Purchase ... 4
- 40 pre-priced home plans 5
- Board Headquarters (all kinds) 6
- See our free delivery service 6
- Huge Selection of Pole Barns 8

Chelsea Lumber's Construction Financing Plan

You can build a beautiful home like these . . .



Our staff are construction professionals



Seated l to r: Shelley Wheaton, Jean Bust, CeCe Riley. Standing l to r: Kevin Kunzelman, Neal Moor, John Daniels, Case McCalla, Mandy Mahler, Joe Ewald.

WINDOWS Andersen



Energy Efficient

How can you build your dream home now?

You can with the help of Chelsea Lumber if you have . . .

- As little as \$10,000 available in cash, or equity in land, to put into your home; we'll even pay off your land
- Ability to organize and to communicate with others
- A passion to play a major role in building your home
- A reasonably good credit rating
- The wish to build financial equity

You don't need to know plumbing, electrical, how to get permits, etc. Our job is to lead you through the whole process. How do we know you can do it? Because we've been doing this for 40 years and have helped nearly 1,500 others build their own dream homes.

Why choose Chelsea Lumber's Construction Financing Plan?

- We have 40 years of know-how . . . no one else in Michigan can say that
- Lending institutions only loan money; they don't help with construction
- We give you unlimited draws and there are no interest or principal payments during construction
- We even offer end mortgages at competitive interest rates
- You get our lowest rates on quality materials, if you choose to buy them from us
- We have everything from cement blocks to kitchen cabinets, including 6,000 sq. ft. of Kitchen/Bath and Window/Door displays.

So, we provide the money from beginning to end, lead you through construction, offer quality materials and services at competitive prices and make building your dream home possible NOW!

Come learn more about how.

Start dreaming . . . we are the "Build-a-Dream" people.

If you are considering building a new home, come to our free clinic on Wednesday, March 15th and receive a \$100 Gift Certificate!

FREE CLINIC!
Tues., March 14th - 7 P.M.

deck packages

Only Chelsea Lumber pre-prices 14 decks with 5 floor options!

We'll bid on any size or shape deck. Each Deck Kit includes: construction guide, nails and all lumber to build. We've assumed a deck height 1-ft. above grade for pricing purposes. Railing and stairs are extra.

Procell Celular PVC and Weatherbest Composite Decking Systems are now in stock at Chelsea Lumber Company

Weatherbest in 3 colors - Procell in 2 colors

	1 1/2" PINE	2" PINE	2 1/2" PINE	WEATHERBEST 1 1/2"	PROCELL 1 1/2"
12'x12'	\$215	\$215	\$290	\$555	\$760
12'x14'	\$225	\$225	\$355	\$585	\$895
12'x16'	\$235	\$235	\$425	\$715	\$1055
12'x18'	\$275	\$275	\$495	\$810	\$1320
12'x20'	\$465	\$465	\$615	\$1155	\$1605
16'x12'	\$355	\$355	\$495	\$715	\$1055
16'x14'	\$465	\$465	\$615	\$1155	\$1605

	TREATED				
DECK SIZE	2" S.P.F.	1 1/2" PINE	1 1/2" CEDAR	WEATHERBEST 1 1/2"	PROCELL 1 1/2"
16'x12'	\$555	\$540	\$715	\$1155	\$1675
16'x14'	\$620	\$600	\$780	\$1300	\$1970
16'x16'	\$710	\$635	\$880	\$1360	\$2280
16'x18'	\$820	\$510	\$690	\$1165	\$1670
16'x20'	\$920	\$620	\$835	\$1415	\$2020
20'x12'	\$850	\$810	\$1105	\$1865	\$2655
20'x14'	\$1105	\$1125	\$1475	\$2345	\$3305

Joists

Jager Super I[®]

WE'VE SWITCHED! Why did

Chelsea Lumber switch to Jager Super I Joists?

- **Provable better quality** - EVERY joint in EVERY joist is tested for strength!
- **More builder-friendly** - 2 1/2 inch nailing flange rather than 1 1/2" flange makes nailing the subfloor easy.
- **Mechanicals can be cut in** to the floor system rather than suspended below it.
- **Stronger** - will span further and reduce deflection, vibration and floor squeaks.
- **Codes and standards** - Meets the latest revisions of all applicable codes and standards.



Jager Super I products are guaranteed to be free from defects in workmanship and materials and will carry the loads specified provided they are used under normal service conditions and in accordance with the instructions and specifications as referenced in our literature.



JAGER SUPER I JOIST SPAN CHART

40 P.S.F. LIVE LOAD & 10 P.S.F. DEAD LOAD
GLUED, NAILED SUBFLOOR L-360 DEFLECTION

DEPTH (INCHES)	O/C SPACING			
	12"	16"	19.2"	24"
11 1/8"	19'9"	17'10"	16'4"	14'7"
11 3/8"	23'4"	20'5"	18'7"	16'0"

PRICES IN 20 PRICING

DEPTH (INCHES)	20'	22'	24'	26'	28'	30'	32'	34'	36'	38'	40'
11 1/8"	\$37.60	\$41.36	\$45.12	\$48.88	\$52.64	\$56.40	\$60.16	\$63.92	\$67.68	\$71.44	\$75.20

construction lumber

AND — NOW IN STOCK:

LVL BEAMS —

9 1/4", 11 1/4", 11 3/8", 14", 16"

PER LINEAL FOOT	1 1/4"x9 1/4"	1 1/4"x11 1/4"	1 1/4"x11 3/8"	1 1/4"x14"	1 1/4"x16"
	\$4.35	\$5.41	\$5.47	\$6.84	\$7.97
22'		24'		SPF EXTRA-LONGS	
2x6	\$18.50	2x6	\$28.97	26'	
2x8	\$28.98	2x8	\$24.78		
2x10	\$28.98	2x10	\$28.98	2x10	\$48.98
2x12	\$28.98	2x12	\$28.98	2x12	\$51.98

DISCOVER

**CHELSEA LUMBER — YOU'LL COME AWAY ASKING YOURSELF—
IS THIS SOME SPECIAL KIND OF PLACE — OR WHAT!**

CALL LONG DISTANCE 1-800-875-9126, LOCAL 475-9126



FREE KITCHEN & BATH CLINIC — Wednesday, March 15th at 7:00 p.m.

Kitchen & Bath Design Center

New Home or Remodeling... start with us.

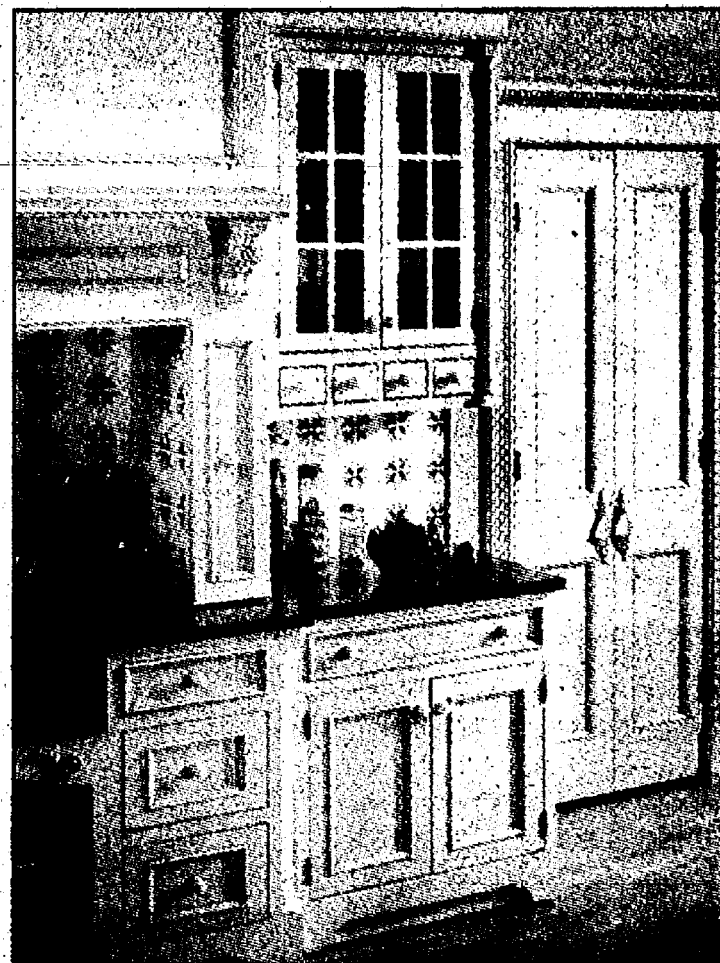
The Kitchen & Bath design center at Chelsea Lumber Company is sure to have all the right ingredients – from concept to completion and all the steps in-between. We've become one of the largest kitchen centers in Michigan and can offer you the finest cabinetry, counter tops and fixtures.

We are truly a kitchen and bath specialty house.

- 9 Experienced, creative staff.
- All of the best name brands.
- Over 3,600 sq. ft. showroom.
- Over 30 exciting and diverse displays.
- Computerized, 3-dimensional designs.
- Complete service from start to finish, including installation.
- Learn more about our design staff and many of the quality products at www.chelsealumber.com

Service, Design Quality

Chelsea Lumber Company is unique. We are small-town friendly, with big city capabilities. We believe we have the finest designers in the state. They will take whatever time you want until you're satisfied. People who know us come back time and time again because they know we are absolutely the best value. And, we have everything else you expect from a first class lumber company. If you're remodeling or building new, we have what you want. *Come on in and see for yourself.*



We can now supply interior doors to match the colors of cabinetry.

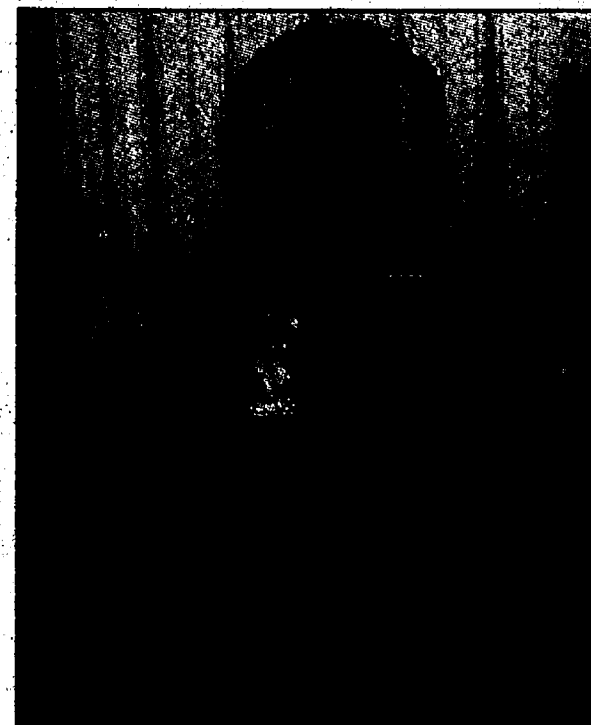
Free Everpure Drinking Water System with any kitchen purchase over \$3,000

\$299 value Offer expires April 29th, 2006



Back Left: Elizabeth Ahrens, Jeanene Stoll, Bart Bauer, Rick Tarantowski, Lisa Hartman.
Front Left: Becky Chamberlin, Mamie Wallace, Jennifer Mann, Pam Kiel.

At Chelsea Lumber, we combine the best designers available with a tremendous selection of high quality cabinetry and accessories to design your kitchen and bath. Your ideas and personal taste will completely influence the final outcome of your project.



WOODHARBOR
Doors & Cabinetry

Wood-Mode
FINE CUSTOM CABINETS

Merillat

Dura

Quality products start with quality manufacturers...

In addition to all the great name brand cabinets above, we have Corian, solid natural stone granite and marble, custom laminate, and Marbelite cultured marbled counter tops. In Tubs and Showers, we carry Manhattan, Jacuzzi, Aqua Glass, Zimmer Marble and Kohler.

CHELSEA LUMBER COMPANY NOW HAS 40 PRE-PRICED EXCITING FLOOR PLANS

*Our Design Library Lounge has hundreds of plans for you to select from.
Relax in our comfortable lounge while you view hundreds of home designs.*

*Come
see
for
yourself*



The Arbor - \$46,780
1,605 Sq. Ft.



The Bellamy - \$50,775
1,660 Sq. Ft.



The Seville - \$58,050
1,735 Sq. Ft.



The Carlton - \$47,170
1,800 Sq. Ft.

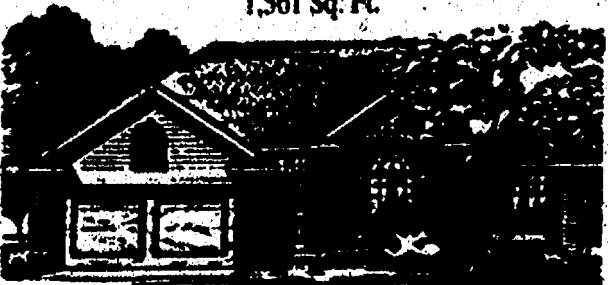


THESE ARE SAMPLES OF A
FEW HOME DESIGNS FROM
OUR NEW DESIGN LIBRARY.
40 GREAT PRE-PRICED PACKAGES
FROM CHELSEA LUMBER.

The Pottersville - \$60,250
1,984 Sq. Ft.



The Granite - \$47,345
1,561 Sq. Ft.



OUR EXTENSIVE PACKAGES INCLUDE:

- All Rough-in Framing Lumber Including Basement Beams
- 2x4 Walls with R-13 Insulation (Garage Walls Also!) • Pre-Built Trusses Where Possible • 25-Year Shingles • Vinyl Siding
- Aluminum Overhangs • Insulated Steel Prehung Doors
- Andersen® Permashield Windows • Insulated RP Steel Garage Doors • Drywall • All Stair Parts • Interior Primed 6-Panel Doors • Primed Interior Trim • Fireplace (Not All Packages)
- Closet Materials • Kitchen & Bath Cabinets • All Countertops

The Thurston - \$58,865
2,316 Sq. Ft.



The "Build A Dream" People Now Have A Design Consultant Who Will Design to Your Specifications.

CHELSEA
LUMBER IS—

board headquarters

cedar

—The finest cedar 2X4'S & 2X6'S in Michigan! We know lumber and this is it for quality - and for value. One more reason Chelsea Lumber keeps on growing.

		8'	10'	12'	14'	16'	18'	20'
SPECIALLY SELECTED DECK- GRADE CEDAR	2x4	\$6.89	\$7.98	\$10.89	—	\$13.89	—	—
	2x6	\$12.39	\$15.89	\$19.29	\$20.98	\$24.98	\$28.89	\$30.89
	4x4	\$19.89	\$27.89	\$32.59	—	—	—	—
	5/4x6	\$7.98	\$9.98	\$11.98	\$14.29	\$16.98	\$19.98	\$22.98

ROUGH-SAWED BOARDS KILN-DRIED CEDAR	2x2'S AND RAIL SPINDLES	CEDAR LATTICE PANELS DECORATIVE-FUNCTIONAL	CEDAR PANELING-SIDING
1X3 49¢ UN. FT. 1X4 46¢ UN. FT. 1X6 89¢ UN. FT. 1X8 \$1.29 UN. FT. 1X10 \$1.69 UN. FT. 1X12 \$2.09 UN. FT.	CEDAR 42" TAPERED-END SPINDLES \$2.45 CLEAR PREMIUM CEDAR 2x2x8' \$4.98	4'x8' \$20.95 4'x8' \$32.95 REGULAR HEAVY DUTY	1x6 V-EDGE CEDAR Rough sawed face, sound knots, smooth back \$1.11 UN. FT. 1x4 V-EDGE CEDAR Smooth face, Ruff-back clear \$1.12 UN. FT.

SMOOTH-FACE CEDAR BEVEL SIDINGS

1/2x4	.68	UN. FT.
1/2x6	.96	UN. FT. KILN DRIED
1/2x8	1.29	UN. FT.

1x8 CHANNEL SIDING
CEDAR, RUFF-SAWED, KILN DRIED

\$1.59 UN. FT.

KILN DRIED, RUSTIC THIK-BUTT CEDAR BEVEL SIDING

1x6	83¢ UN. FT.
1x8	\$1.14 UN. FT.

A & BTR CLEAR KILN-DRIED CEDAR

1X4	\$1.29	UN. FT.
1X6	\$2.39	UN. FT.
1X8	\$3.39	UN. FT.
1X10	\$4.69	UN. FT.
1X12	\$5.98	UN. FT.

boards for all uses

Price per Linear ft.	2"	3"	4"	6"	8"	10"	12"
Clear Poplar - 1/2"	—	—	97¢	\$1.39	\$2.07	—	—
Clear Poplar - 1"	52¢	76¢	96¢	\$1.50	\$1.88	\$2.82	\$3.49
Clear Poplar - 5/4"	—	—	\$1.47	\$2.23	\$3.07	\$3.98	\$4.98
Clear White Pine - 1"	79¢	89¢	79¢	\$1.47	\$1.89	\$2.34	\$3.29
1&2 Premium Pine - 1"	22¢	32¢	37¢	59¢	78¢	89¢	\$1.38
Utility Pine - 1"	—	—	21¢	32¢	44¢	—	—
Rulsawn White Wood - 1"	16 1/2" (12' only)	—	29¢	52¢	69¢	79¢	\$1.05
Clear Oak - 1"	84¢	\$1.15	\$1.50	\$2.39	\$3.26	\$4.69	\$5.64

Price Per Piece	8'	10'	12'	14'	16'
Furring Strips - 1"x2"	89¢	—	—	—	—
Furring Strips - 1"x3"	\$1.29	\$1.69	\$2.18	—	\$2.89

COMPARE OUR "FREE-DELIVERY" DEAL:

SIZE OF YOUR CASH ORDER	MILES TO JOBSITE				
	UP TO 20 MILES	20 TO 45 MILES	45 TO 60 MILES	60 TO 75 MILES	75 TO 90 MILES
Under \$1000	\$30	\$45	\$55	\$65	\$75
\$1000 to \$1500	\$20	\$30	\$45	\$55	\$65
\$1500 to \$2000	0	0	\$30	\$45	\$55
\$2000 to \$2500	0	0	0	\$30	\$45
\$2500 to \$3000	0	0	0	0	\$30
Over \$3000	0	0	0	0	0

DELIVERY CHARGES, IF ANY, SHOWN BELOW

specialty trim boards



Azek is a solid white cellular PVC... perfect for trim, fascia and soffits. It is reversible, smooth one side and woodgrain on the other. It has the look, feel and sound of clear premium lumber and can be milled, moulded, shaped, and thermo-formed to any millwork profile.

1x4x18 AZEK TRIM BOARD	\$21.50	5/4x4x18 AZEK TRIM BOARD	\$27.25
1x6x18 AZEK TRIM BOARD	\$33.50	5/4x6x18 AZEK TRIM BOARD	\$43.50
1x8x18 AZEK TRIM BOARD	\$44.50	5/4x6x6x10 AZEK CORN'R BOARD	\$57.25
1x12x18 AZEK TRIM BOARD	\$69.25	1/2x6x18 AZEK BEAD BOARD	\$29.50

primed trim boards

1x4 PRIMED RULSAWN SPRUCE	45¢ L/FT.	1x6x8 PRIMED PINE	\$8.50 EA.
1x6 PRIMED RULSAWN SPRUCE	69¢ L/FT.	1x6x16 PRIMED PINE	\$17.05 EA.
1x8 PRIMED RULSAWN SPRUCE	89¢ L/FT.	1x8x8 PRIMED PINE	\$10.55 EA.
1x10 PRIMED RULSAWN SPRUCE	\$1.18 L/FT.	1x8x16 PRIMED PINE	\$21.05 EA.
1x2x8 PRIMED PINE	\$3.15 EA.	1x10x8 PRIMED PINE	\$15.00 EA.
1x2x16 PRIMED PINE	\$6.25 EA.	1x10x16 PRIMED PINE	\$29.99 EA.
1x4x8 PRIMED PINE	\$5.40 EA.	1x12x8 PRIMED PINE	\$19.73 EA.
1x4x16 PRIMED PINE	\$10.80 EA.	1x12x16 PRIMED PINE	\$39.45 EA.

All Primed Rulsawn boards priced per lineal foot.



ABICO Specialty Trim Boards.

Trim Boards have a true cedar profile carefully molded into one side and the reverse side is smooth. Since it's free from natural flaws and knots, there's no splitting or checking, which means there is no waste. And that saves you money. 10 year limited warranty. Removable. Painted back and edges. Available in 16' lengths only.

	Actual Size	Each		Actual Size	Each
1x4x16	3/4" x 3 1/2"	\$7.49	5/4x4x16	1" x 3 1/2"	\$10.99
1x6x16	3/4" x 5 1/2"	\$10.99	5/4x6x16	1" x 5 1/2"	\$14.99
1x8x16	1" x 7 1/4"	\$14.99	5/4x8x16	1" x 7 1/4"	\$18.99
1x10x16	1 1/4" x 9 1/4"	\$18.99	5/4x10x16	1 1/4" x 9 1/4"	\$22.99

DISCOVER

CHELSEA LUMBER - YOU'LL COME AWAY ASKING YOURSELF—
IS THIS SOME SPECIAL KIND OF PLACE - OR WHAT!

plywood

SANDER PLYWOOD GOOD 1-SIDE WITH EXTERIOR GLUE		SHEATHING GRADE PLYWOOD EXTERIOR GLUE	
1/4" \$18.79	1/2" \$24.97	3/8" (11/32) \$13.98	
3/8" \$20.97	3/4" \$34.89	1/2" (15/32) \$14.79	
SANDER PLYWOOD GOOD 2-SIDE WITH EXTERIOR GLUE		5/8" (19/32) \$20.89	
1/2" \$38.96	3/4" \$48.96	3/4" (23/32) \$24.98	
PRESSURE TREATED 1/2" \$29.89	GOOD ONE-SIDE 3/4" \$40.89	SHEATHING GRADE 3/4" \$36.89	

1/2" CDX ROOFING/SHEATHING			
3-PLY PINE	\$14.79	5-PLY FIR	\$19.89
TONGUE & GROOVE SINGLE APPLICATION FLOORING	3/4" STURDI-FLOOR PINE		\$25.96
	3/4" ADVANTECH ORIENTED STRAND BD.		\$29.89
	3/4" ORIENTED STRAND BOARD		\$22.89
	3/4" PREMIUM STURDI-FLOOR SPRUCE		\$29.96
ORIENTED STRAND BOARD	7/16" \$12.39	1/2" \$14.78	3/4" \$22.89
	GREAT NEW MULTI-PURPOSE 4x8 PANELS		
	1/4" \$11.98	3/8" \$12.19	5/8" \$18.98
HARDWOOD PLYWOODS	5.2mm OAK	5.2mm BIRCH	3/4" OAK
	\$21.49	\$21.69	\$59.89
			3/4" BIRCH
			\$62.89

garages

Erected Packages
to get the job done.

MATERIALS PACKAGE:

- Plans
- All materials including steel-clad walk-in door with Schlage lock
- 16x7 paneled steel overhead door
- Additional 9 x 7 overhead door included with the Cord.
- 12" overhang 4 sides (Hudson has 6" on eaves only)

ERECTED PACKAGE:

- Construction by dependable craftsmen backed by Chelsea Lumber

★ THE PACKARD
24 X 24

★ THE CORD
32 X 24

★ THE HUDSON
22 X 22

★ THE REGAL
28 X 24

TYPE OF SIDING	VERTICAL GROOVE SmartPanel® (TEXT 1-11)	VINYL WHITE DOUBLE 4.5"	ADD FOR SLAB ON LEVEL SITE SLAB BY US — AS PART OF ERECTED PKG. ONLY
MATERIALS ONLY	\$4260	\$4280	
ERECTED ON YOUR SLAB	\$8320	\$8970	\$5075
MATERIALS ONLY	\$5255	\$5265	
ERECTED ON YOUR SLAB	\$10,780	\$11,635	\$6760
MATERIALS ONLY	\$3730	\$3820	
ERECTED ON YOUR SLAB	\$7460	\$8180	\$4265
MATERIALS ONLY	\$4585	\$4710	
ERECTED ON YOUR SLAB	\$9275	\$10,140	\$5920

OTHER PRE-FIGURED-PACKAGE SIZES: 16'X22' & 30'X22' (or we'll custom figure any size).

*SLAB (FLOOR) INCLUDES: A 4" slab rimmed with expansion joint, fiberglass reinforced concrete, a 42" deep footing, two rows of block, a 24" apron at garage doors, and a 3"x3" apron at service doors. 4" of sand is included for the base. Certain soil conditions may require additional reinforcement of slab and/or footing at extra cost. Important Note: Erected prices are based on a pre-leveled site free of vegetation.

landscape timbers

The landscape timbers
are pressure-treated to
point of refusal.

3"x4"x8' Rounded-Edge	\$3.98
4"x6"x8' Rough Sawn Red Pine	\$9.49
6"x8"x8' Rough Sawn Red Pine	\$19.69
5"x5"x8' (full 5"x5") Rough Sawn Red Pine	\$12.89

Railroad Ties

#1 Railroad Ties	\$9.69
------------------	--------

fibercement siding

This siding takes its graining from real wood panels

• Realistic woodgrains	1 1/4"x12' CertainTeed Fibercement Siding	\$5.96 Ea.
• Won't rot, split, crack, or burn	8 1/4"x12' James Hardie Fibercement Siding	\$6.98 Ea.
• 50-year warranty	12"x12' Vented Soffit	\$15.89 Ea.
• Cuts nails & paints like wood	16"x12' Vented Soffit	\$19.89 Ea.
• No affect by insects, UV rays	12"x12' Non-vented Soffit	\$10.97 Ea.
• Outlasts wood		

• Kiln Dried • Grade Stamped • Foundation Stamped

Come to our FREE CLINIC March 14th at 7:00 p.m.

2x6 PRECUTS #1	\$7.69	2x8 PRECUTS #2	\$10.79	1x12x16	\$21.96
2x6x8	\$6.69	2x8x8	\$9.89	1/2" CCX PLY	\$24.89
2x6x16	\$14.69	2x8x10	\$11.59	5/8" CCX PLY	\$29.89
2x4x16	\$11.59	2x8x16	\$19.89	3/4" CCX PLY	\$38.89
2x10x16	\$28.89	2x12x16	\$39.69	3/4" T&G PLY	\$42.96

WINDOWS DOORS ENTRANCES STAIR PARTS MOULDINGS

Chelsea Lumber has added 3,500 sq. ft., displaying the
world's leading manufacturers of windows and doors.
You really should come in and check us out.

WINDOWS
Interior,
JELD-WEN

ENTRANCES
JELD-WEN LWR
MOULDINGS —
Primed, White Pine,
Oak

STAIR PARTS
L.J. Smith
EXTERIOR DOORS
Door Craft (Steel),
Therma-Tru

INTERIOR DOORS
Woodharbor, Craftmaster,
Oak and Birch Flush,
Elite Molded Colonial

POLE BARN:

CLINIC!

Tues., March 14th 7 PM

Equestrian Barns

(Give your horse a home)



THE STABLE



	MATERIALS PACKAGES		ERECTED PACKAGES	
	STEEL ROOF	SHINGLE ROOF	STEEL ROOF	SHINGLE ROOF

THE OAKWOOD 24'x32' 8 FT. HIGH WALLS 12 FT. x 7 FT. DOOR	'4315	'4330	'7510	'7620
THE ARROYO 24'x32' 10 FT. HIGH WALLS 12 FT. x 9 FT. DOOR	'4600	'4620	'7815	'7925
THE MESA 24'x40' 8 FT. HIGH WALLS 12 FT. x 7 FT. DOOR	'5000	'4950	'8335	'8610
THE CORRAL 30'x40' 10 FT. HIGH WALLS 14 FT. x 9 FT. DOOR	'5965	'6220	'9425	'10,300
THE MESQUITE 30'x40' 12 FT. HIGH WALLS 14 FT. x 11 FT. DOOR	'6430	'6665	'9920	'10,850
THE FRONTIER 30'x48' 10 FT. HIGH WALLS 12 FT. x 9 FT. DOOR	'6645	'7000	'10,675	'11,900
THE ASPEN 30'x48' 12 FT. HIGH WALLS 12 FT. x 11 FT. DOOR	'7135	'7490	'11,195	'12,420
THE ROUND-UP 36'x56' 12 FT. HIGH WALLS 12 FT. x 11 FT. DOOR	'9500	'10,530	'14,305	'16,495
THE OSAGE 40'x64' 14 FT. HIGH WALLS 14 FT. x 13 FT. DOOR	'12,940	'13,225	'19,500	'21,300

We now offer 3 barns designed in the spirit of horsemanship. You can choose from our personal 2-stall barn, *The Double Furlong*, our 4-stall barn, *The Stable*, or our 6-stall barn, *The Triple Furlong*. Each has its own unique characteristics with everything to meet your stable requirements conveniently located on one level. All have a shingled roof with a 12" eave overhang and your choice of quality FABRAL steel siding or T-11 SmartPanel siding. We can prepare a material estimate for you with all the many options available or, if you choose, build any barn to your specifications with the same quality construction which has long been the Chelsea Lumber Company tradition.

BARN SIZE	NUMBER OF STALLS	MATERIALS ONLY SIDING OPTIONS	
		STEEL	T-11
24' X 36' - 10' (INCLUDES 6' OPEN END) THE DOUBLE FURLONG	2	'6540	'6850
30' X 40' - 10' - WITH 8' X 16' LEAN TO THE STABLE	4	'11,985	'12,575
32' X 60' - 10' THE TRIPLE FURLONG	6	'11,945	'12,885

*STALL MATERIAL NOT INCLUDED. PRICES ARE FOR BASIC SHELLS ONLY. ASK YOUR SALESPERSON FOR PRICING ON STALL MATERIALS.



GAMBREL-ROOF BARN

STEEL OR T-11 SmartPanel SIDING - SHINGLE ROOFS ONLY
(INCLUDES 12" EAVE OVERHANG)

	MATERIALS PACKAGES		ERECTED PACKAGES	
	STEEL SIDING	T-11 SIDING	STEEL SIDING	T-11 SIDING
THE WESTERN 24'x32' 8 FT. HIGH WALLS 12 FT. x 7 FT. DOOR	'7700	'8000	'14,340	'14,755
THE PRAIRIE 30'x40' 10 FT. HIGH WALLS 12 FT. x 9 FT. DOOR	'11,200	'11,820	'18,225	'18,900

THE **ARENA** 60'X120' WITH 14' WALLS
CALL US FOR PRICES AND MORE DETAILS

310 POLE BARNS SOLD IN 2005!

FREE ESTIMATES
FOR ANY SIZE BARN.
WE MEET YOUR NEEDS!

AT CHELSEA LUMBER THESE SPECS ARE STANDARD!

- 60 Retention Pressure-Treated Timbers
- Top Grade 2x4 Girts, Purlins and Headers
- Fabral 29 Ga. Steel with the New Super Alurite 30 Paint System - in White, Red, Hickory Moss, Lt. Stone and Gray
- 3 Course Skirt
- Covered Sliding Door Track
- Trusses 48" O.C. for Steel Roofs
- Trusses 24" O.C. for Shingled Roofs
- 3 Ft. Pre-Hung Steel Entry Door w/ Lock
- Trim Metal for Doors, Eaves & Gables
- Stay Rollers, Bumpers and Pulls
- Redi Mixed Cement for Post Holes
- Felt and Oriented Strand Board under Shingle Roof
- Prices may be affected by local building code requirements.

ONE FOOT OVERHANG AT EAVES:

- Add \$4.25 Per Running Foot to Materials Packages
 - Add \$7.25 Per Running Foot to Erected Packages
- ALL BARN

treated-lumber Best Buy in Michigan!

#1 GRADE SOUTHERN PINE

FEWER & SMALLER KNOTS ★ IT'S SIMPLY THE BEST ★ COMPARE!

	8'	10'	12'	14'	16'	18'	20'
2x4	'3.69	'4.89	'5.89	'7.19	'9.69	GRAY SHADED AREAS ARE #1 GRADE S. PINE	
2x6	'4.98	'6.89	'8.59	'9.98	'12.48	'13.98	'15.89
2x8	'6.89	'8.97	'10.98	'12.98	'15.89	'18.69	'20.79
2x10	'9.39	'11.97	'15.89	'18.89	'20.97	'23.97	'26.98
2x12	'12.97	'15.69	'19.69	'21.59	'25.96	'31.89	'38.79
4x4	'7.89	'10.29	'12.45	'14.49	'18.49	4x4, 4x6, 6x6 and 2x6 T&G are treated for ground contact	
4x6	'11.89	'13.89	'18.39	'21.89	'24.98	'32.39	'37.89
6x6	'19.49	'23.89	'28.89	'31.98	'39.89	'53.89	'60.97
2x6 T&G	'6.89	'7.89	'9.89	'11.89	'13.89	'15.89	'17.89

#1 grade
Southern Pine
ACQ treated to
.25 retention

Our 2x4's thru 2x12's are
#1 grade...others sell
#2 grade for about the
same price as we sell #1.

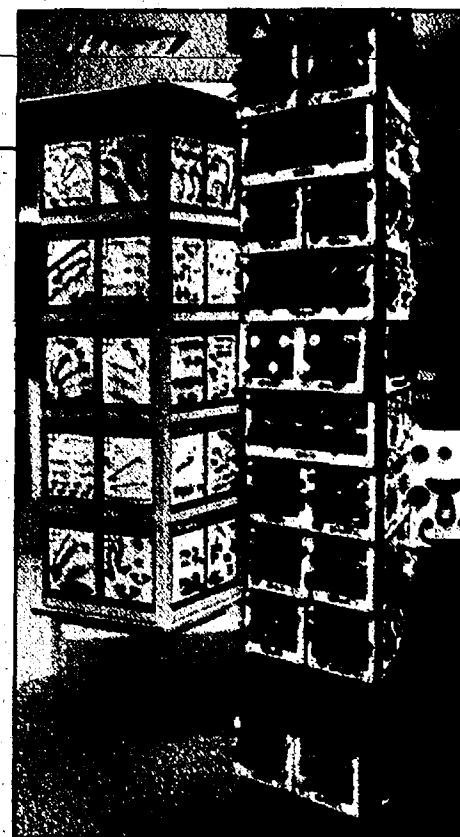
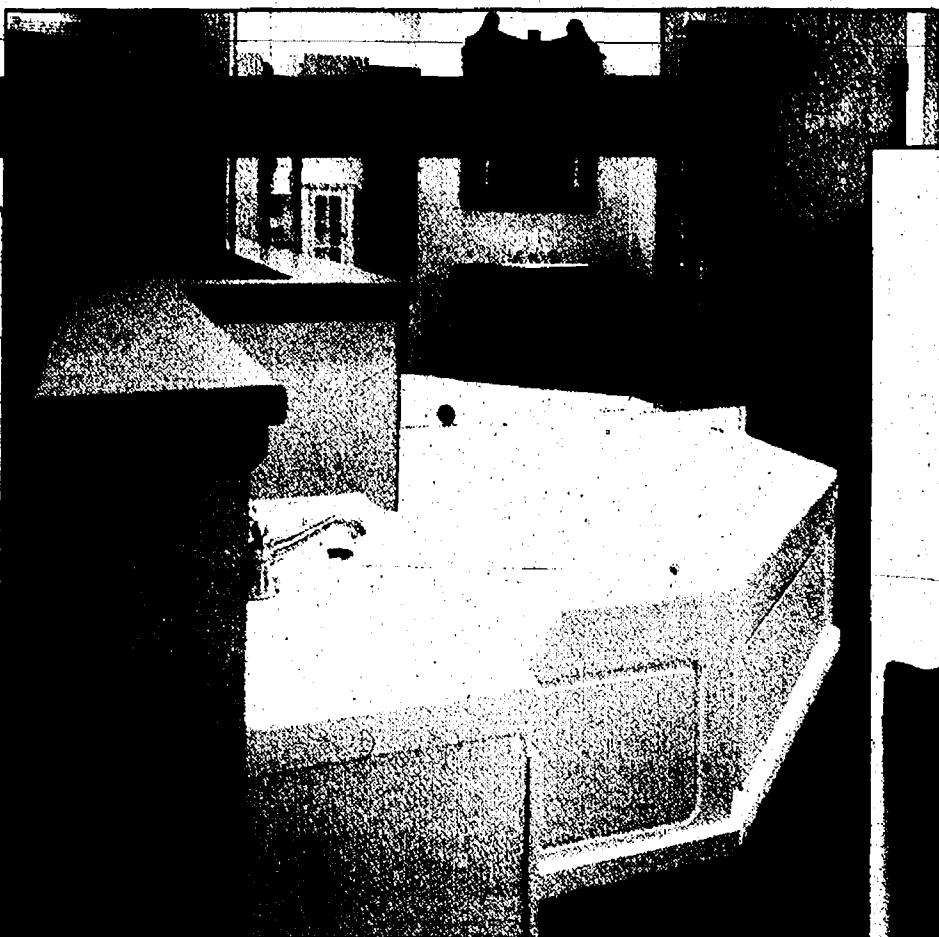
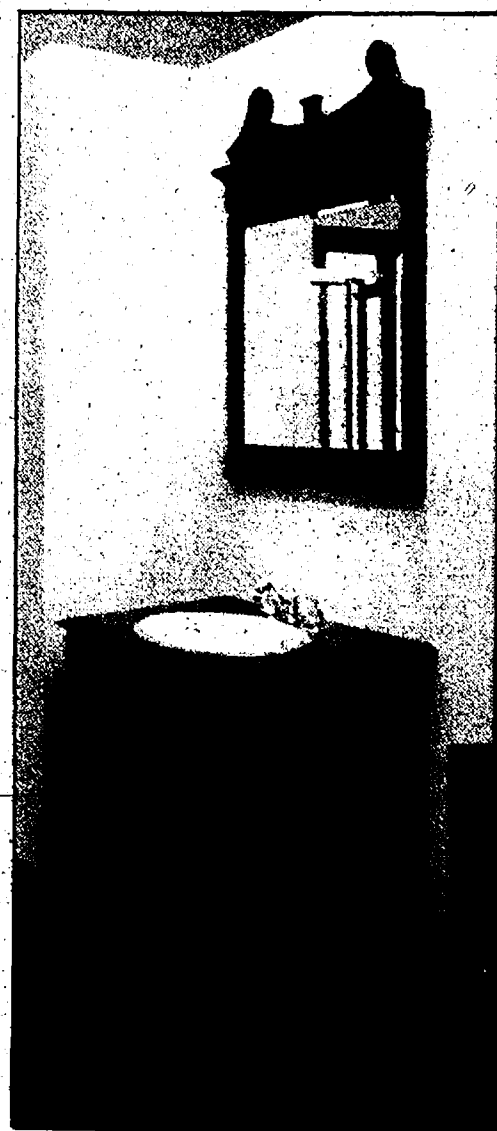
Don't accept any #2 grade...the difference
is obvious in appearance and buildability.

2x2's	8' - \$2.89	10' - \$3.59				
LAMINATED POSTS BUILT TO STAY STRAIGHTER .60 CCA TREATED		22'	24'	26'	28'	
		'83.69	'91.89	'104.89	'114.89	
Treated Boards	8'	10'	12'	14'	16'	18' 20'
QUALITY SICKING S4x6	4.69	5.59	6.59	7.49	9.99	13.99 15.89
1x4 SICKING S4x4	2.89	3.59	4.59	5.49	6.99	8.99 9.99
1x6 SICKING S4x6	3.89	4.59	5.59	6.49	7.99	9.99 10.99

FIND US 1/8 MILE NORTH OF I-94
ON THE WEST SIDE OF M-52 IN CHELSEA

DIAL 1-800-875-9126 EXCEPT FROM CHELSEA, DEXTER,
ANN ARBOR & MANCHESTER, DIAL 475-9126, NO TOLL

B E R



**Call for information
about our home
construction financing
program—the plan
that made Chelsea
Lumber famous!**

**Whether your plans call for a new home,
a new kitchen, bath, deck—or just new
cabinet or door handles, we can help.
Chelsea Lumber's cozy design library
lounge is stuffed with good ideas. Spend
time looking through the magazines, cat-
alogs, brochures and our 40 pre-priced
plans. Our staff of consultants are always
available and will be pleased to assist
you build your dreams.**

POLE BARNS:

CLINIC!

Tues., March 14th 7 PM

MATERIALS

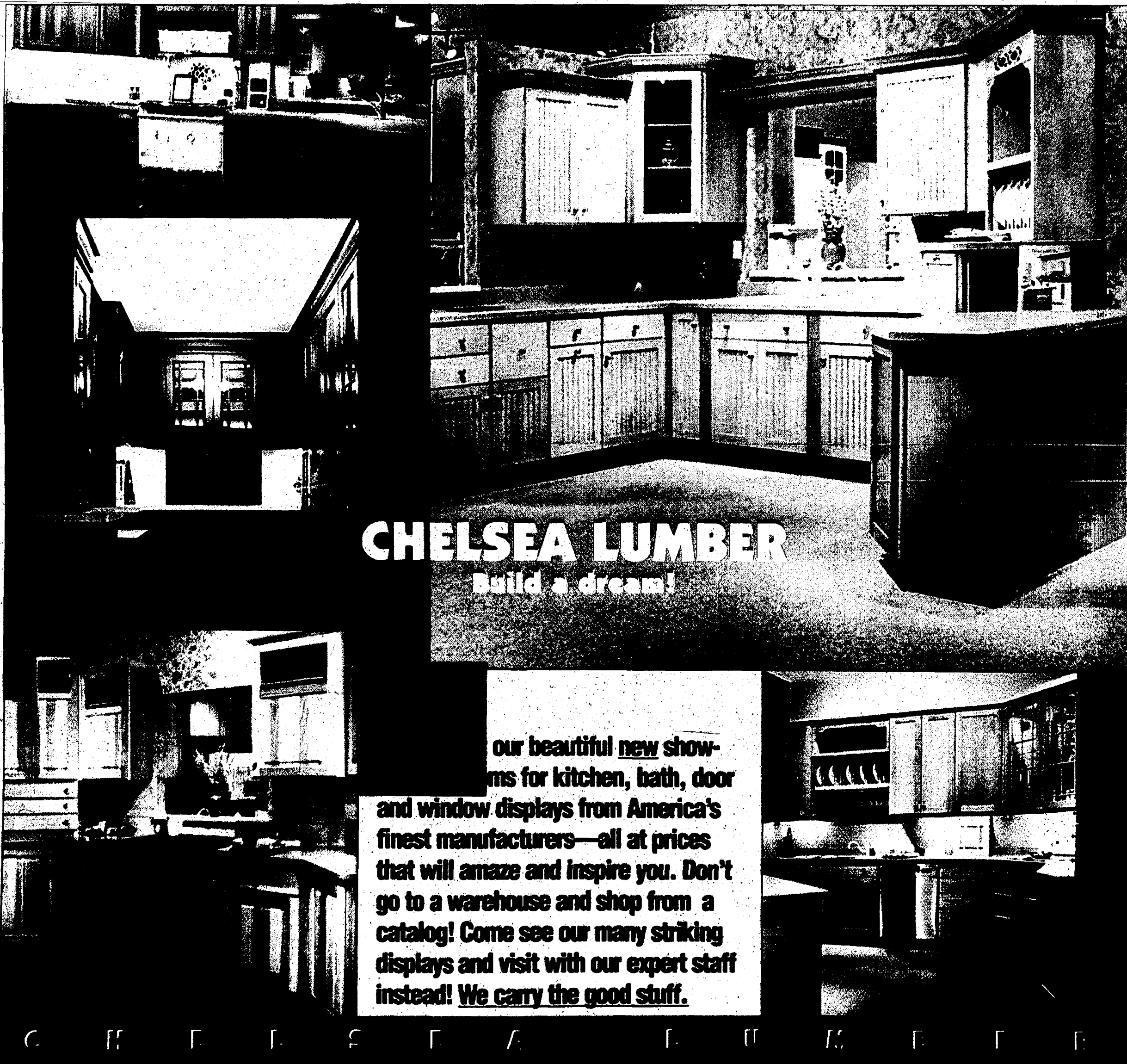
ERECTED

Equestrian Barns

(Give your horse a home)



THE STABLE



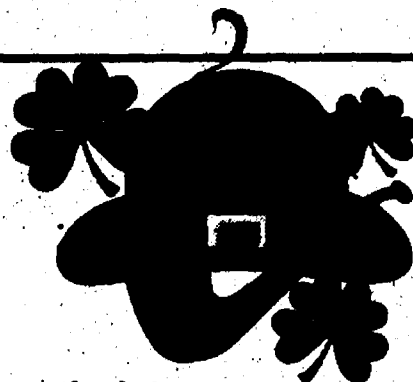
CHELSEA LUMBER

Build a dream!

our beautiful new show-
rooms for kitchen, bath, door
and window displays from America's
finest manufacturers—all at prices
that will amaze and inspire you. Don't
go to a warehouse and shop from a
catalog! Come see our many striking
displays and visit with our expert staff
instead! We carry the good stuff.

1 - 8 0 0 - 8 7 5 - 9 1 2 6
O l d B a r n C i r c l e , C h e l s e a M i c h i g a n

Country Market



✓ Check & Compare -
You'll Save More at Country Market Everyday!

Polly's		BROOKLYN	SALINE
JACKSON 201 PARK AVENUE 517 783 4226	JACKSON 1210 W. PARNALL RD 517 796 4606	501 BROOKLYN RD 517 392 4040	335 E. MICHIGAN AVE 734 944 7878
JACKSON 821 SPRING ARBOR RD 517 787 5228	JACKSON 2110 FERGUSON RD 517 787 6096	ADRIAN 335 W. WAUMEE 517 265 4190	ADRIAN 1905 S. ADRIAN HWY 517 263 0569
CHELSEA 255 S. MAIN ST 734 450 0700		DEXTER 700 ANN ARBOR DEXTER RD 734 424 9600	

Sale prices effective Wednesday March 8 thru Tuesday March 14, 2006

SAVE UP TO \$2.90 LB.

Skylark CORNED BEEF MEATS

\$1.99 LB.

SAVE UP TO \$1.00 LB.

U.S.D.A Choice Boneless Beef CHUCK ROAST

\$1.99 LB.

RED, RIPE STRAWBERRIES

2/\$3

1 LB. Clamshell

SAVE UP TO 50¢

COCA-COLA PRODUCTS

3PK 12oz Plastic Bottles

3/\$7.99 + DEP.

SAVE UP TO \$2.49 ON 3

BAREMAN'S MILK & ORANGE JUICE

1/2 Gallon Selected Varieties

96¢

Original TOMBSTONE

SAVE UP TO 76¢

TOMBSTONE PREMIUM FROZEN

0.00¢

DON'T MISS OUR WEEKLY AD ON OUR WEBSITE WWW.COUNTRY-MARKETS.COM

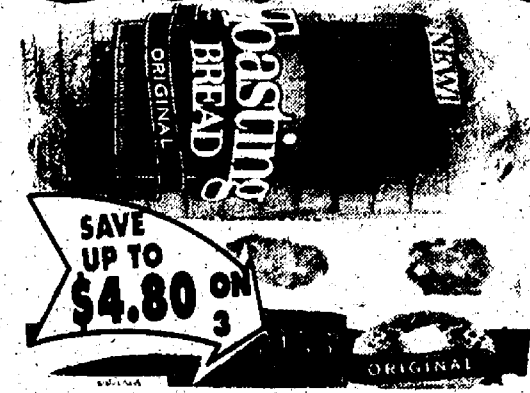
DOUBLE COUPONS

Suggestions? Comments, Looking for a Specific item? Send your requests or comments to: guykennedy@country-markets.com

You can get DOUBLE COUPON SAVINGS this week at Polly's Country Market. Bring in your manufacturers' "50¢ OFF" or less coupons and get double the savings (Not to include retailer, cigarette/tobacco products, Polly's Country Market Coupons, free or coupons exceeding the item value). You must purchase the products in sizes and quantities specified. Limit one coupon for any particular item. Additional coupons for identical items will be redeemed at face value.

We reserve the right to limit quantities. Some items not exactly as pictured. Not responsible for typographical errors

COMPARE OUR PRICES TO ANYONE!



THOMAS' ENGLISH MUFFINS & TOASTING BREADS
12 - 16 oz.
Selected Varieties

3/\$3.99



FISHER PEANUT BUTTER
18 oz.
Creamy or Crunchy

\$1.19



KELLOGG'S CEREAL
Pirates of Caribbean. 11.8 oz.,
Eggo Syrup 13.5 oz., Berry
Krispies 14.7 oz., Frosted Flakes
20 oz., Froot Loops 15 oz.

\$1.79



MAXWELL HOUSE COFFEE
11.5 - 13 oz.
Selected Varieties

3/\$4.98



HI-C FRUIT DRINKS
10 ct. or 128 oz.
Selected Varieties

\$1.99



JOLLY TIME MICROWAVE POPCORN
3 ct.
Selected Varieties

99¢



MOTT'S APPLE JUICE
64 oz.
Selected Varieties

\$1.39



BARILLA PREMIUM PASTA SAUCE
26 oz.
Selected Varieties

\$1.99



DEL MONTE TOMATOES
14.5 oz.
Selected Varieties

3/\$4.98



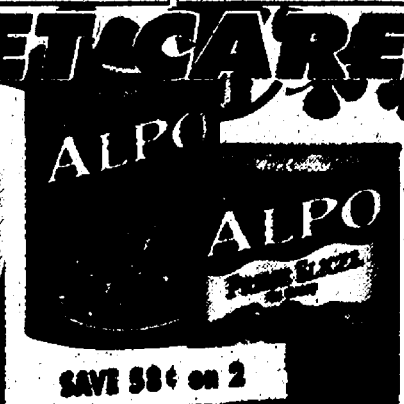
PURINA DOG CHOW
17.6 - 22 lb.
Selected Varieties

\$7.99



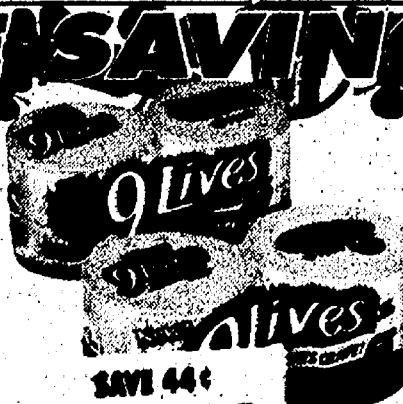
PURINA BEGGIN' STRIPS
6 oz.
Selected Varieties

2/\$4.98



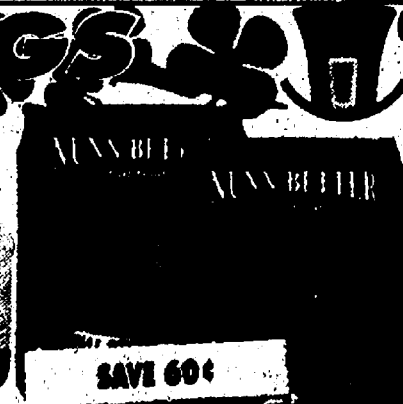
ALPO DOG FOOD
13.2 oz.
Selected Varieties

2/\$4.98



9-LIVES CAT FOOD
4 Pk. 5.5 oz. Cans
Selected Varieties

99¢



NUNN BETTER DRY CAT FOOD
16.5 lb.
Original or Gourmet

\$5.99



NUNN BETTER DRY DOG FOOD
16.5 lb.
Selected Varieties

\$4.99

TOTAL BOTTOM LINE SAVINGS!



OCEAN SPRAY GRAPEFRUIT & CRANBERRY JUICES 4 Pk or 64 oz. Selected Varieties \$1.99	SUCH CRUST BREAD 16 oz. 2/\$1.99	BROOKS CHILI BEANS 30.5 - 31 oz. Mild, Hot, Mix 99¢	HEINZ KETCHUP 32 oz. Squeeze or 36 oz. \$1.39
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MRS. GRASS PASTA NOODLES 16 oz. Fine, Medium & Extra Broad 99¢	GOLD MEDAL FLOUR 5 lb. Bleached or Unbleached 79¢	BETTY CROCKER WARM DELIGHTS 3 oz. Selected Varieties 2/\$3	BETTY CROCKER CAKE MIX 16 - 21.5 oz. Selected Varieties 79¢	GENERAL MILLS PIZZA CRUST 6.5 oz. 3/99¢
---	--	---	--	---



OUR FAMILY VEGETABLE OIL 32 oz. 99¢	OUR FAMILY DELUXE MAC & CHEESE 12 - 14 oz. Original or Shells & Cheddar 99¢	OUR FAMILY FROZEN CONCENTRATED ORANGE JUICE 12 oz. Selected Varieties 99¢	OUR FAMILY POTATOES 28 - 32 oz. Selected Varieties 2/\$3
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EASY FIX IN MEAL SOLUTIONS!

ITALIAN BRAISED PORK TENDERLOIN STRIPS

Ingredients

2 TABLESPOONS DELALLO
EXTRA VIRGIN OLIVE OIL
1/2 OZ. DELALLO SLICED PROSCIUTTO
CUTTED IN SMALL STRIPS
(AVAILABLE IN DELI DEPT.)
2 Tbsp CHOPPED FRESH PARSLEY
2 Tbsp OIL PACKED SUNDRIED
TOMATOES
1/4 CUP CHOPPED ONIONS
1-1/2 LBS. PORK TENDERLOIN
CUT INTO 1/2" STRIPS
1/2 CUP COLONIAL INN CHICKEN BROTH
1/2 CUP HEAVY CREAM
1/4 TSP SALT
1/2 TSP GROUND BLACK PEPPER

Preparation

HEAT THE OLIVE OIL IN A SKILLET OVER MEDIUM HIGH HEAT. SAUTE THE PROSCIUTTO, SAGE, PARSLEY, SUNDRIED TOMATOES & ONION 5 MINUTES, UNTIL ONION IS TENDER. MIX THE PORK STRIPS INTO THE SKILLET & BROWN ABOUT 10 MINUTES, TURNING ONCE.
STIR THE BROTH & HEAVY CREAM INTO THE SKILLET & SEASON WITH SALT & PEPPER. BRING TO BOIL, REDUCE HEAT TO LOW & SIMMER 20 MINUTES. STIR-
RING OCCASIONALLY UNTIL PORK REACHES A MINIMUM TEMPERATURE OF 160 DEGREES F AND IS THICKENED. SERVES 5 PEOPLE.



**BONELESS
PORK
TENDERLOIN
PORTIONS**

\$1.99
LB.



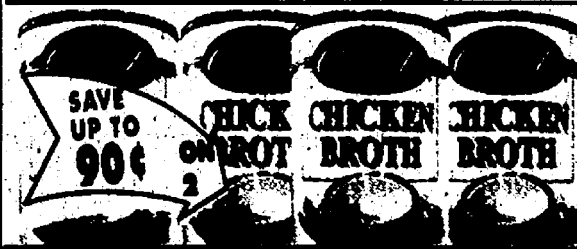
**DELALLO
SLICED
PROSCIUTTO**
5 oz.

\$3.99



**DELALLO
SUN DRIED
TOMATOES
IN OIL**
6.5 oz.

\$3.99



**COLONIAL
INN
CHICKEN
BROTH**
13.75 oz.

2/\$1



**DELALLO
EXTRA VIRGIN
OLIVE OIL**
16.9 oz.

\$5.99



Individually Quick Frozen
**ORANGE
ROUGHY
FILLET**

\$6.99
LB.



**KRAFT
TARTAR SAUCE &
COCKTAIL SAUCE**
10 oz.

2/\$3

GRILLED ORANGE ROUGHY WITH SPICY SALSA

Ingredients

2 LBS. ORANGE ROUGHY
CAPSICUM SEASONING
1/4 CUP LIME JUICE
1/4 CUP LIME OIL
2 Tbsp REAL HOT PEPPERS (OPEN)
2 Tbsp RED GREEN & YELLOW PEPPERS (OPEN)
2 CUPS TOMATOES (OPEN & SEEDS)
SALT & PEPPER (TO TASTE)
HOT SAUCE (OPTIONAL)

Preparation

GRILL THE ORANGE ROUGHY FOR 10-12 MINUTES, TURNING ONCE. WHILE THE FISH IS GRILLING, PREPARE THE SPICY SALSA BY CHOPPING THE PEPPERS, TOMATOES, LIME JUICE, LIME OIL, SALT, AND PEPPER. MIX TOGETHER. SERVE THE FISH WITH THE SALSA.



**LARGE &
JUICY
LEMONS**

3/\$1



**ZATARAIN'S
RICE
MIXES**
7 - 8.8 oz.
Selected Varieties

3/\$3.99

NATURAL & ORGANIC FOODS!



**BOB'S
RED MILL
CEREALS**
12 - 32 oz.
Selected Varieties
25% Off



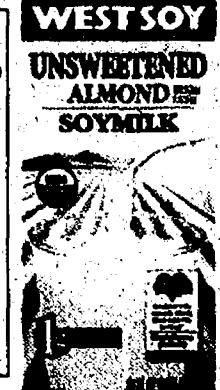
**HANSEN'S
NATURAL
SODA**
6 Pk.
Selected Varieties
3/\$6.99
+ Dep.



**GARDEN OF
EATIN'
TORTILLA
CHIPS**
16 oz. Party Size
Selected Varieties
\$2.99



**BROWNBERRY
FAMILY GRAINS
& X-TREME
BREADS**
20 - 24 oz.
Selected Varieties
\$1.29
SAVE \$1.08



**WEST SOY
UNSWEETENED
ALMOND
SOYMILK**
1 gal.
Selected Varieties
86¢
SAVE

**WEST SOY
UNSWEETENED
SOY MILK**
32 oz.
Selected Varieties
99¢



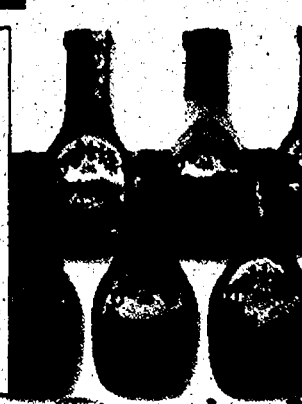
**EARTH'S BEST
& HEALTH
VALLEY
CEREALS**
7.5 - 9 oz.
Selected Varieties
\$1.99
SAVE \$1.20



**HEALTH
VALLEY
PEANUT
BUTTER BARS
& TARTS**
6.8 - 8.5 oz.
Selected Varieties
2/\$4.98
SAVE \$1.40 ON 2



**MUIR GLEN
PASTA
SAUCE**
26 oz.
Selected Varieties
2/\$4.98
SAVE \$2.52 ON 2



**ORGANICVILLE
DRESSING**
8 oz.
Selected Varieties
2/\$4.98



**AMY'S
SALSA**
17.5 oz.
Selected Varieties
2/\$4.98
SAVE \$2.20 ON 2

ALL NATURAL FRESH MEATS & VEGETABLES

NO ANTIBIOTICS, NO PRESERVATIVES, NO ADDED HORMONES & ALWAYS VEGETARIAN FED!



**Natural Beef
COLEMAN'S
SIRLOIN TIP
ROAST**
\$3.99
LB.
SAVE UP TO \$3.00 LB.



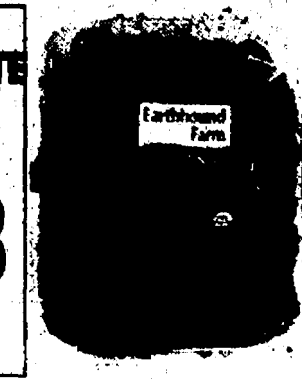
**Natural Beef
COLEMAN'S
SIRLOIN TIP
STEAK**
\$4.29
LB.
SAVE UP TO \$2.90 LB.



**All Natural
SPRINGER
MOUNTAIN
SPLIT CHICKEN
BREAST**
\$2.49
LB.
SAVE UP TO \$1.30 LB.



**POM
POMEGRANATE
JUICE**
16 oz.
Selected Varieties
\$2.98



**Organic
EARTHBOUND
FARM
SALADS**
5 oz. Clamshell
4 Varieties
\$2.98



**Organic
Red or Gold
DELICIOUS
APPLES**
\$1.48
LB.



**Organic
Red or Green
LEAF
LETTUCE**
\$1.88
EA.

We sell only U.S.D.A. Choice Beef,
most PREFERRED GRADE of beef in the world!
Don't be fooled by a substitute. If it doesn't say
U.S.D.A. Choice it's LESS than the BEST!!

U.S.D.A. Choice Meats at Low, Low Prices!

**USDA
CHOICE
MEATS**

Our Pledge to you... Country Market buys nothing but U.S.D.A. Choice or Higher Beef. U.S.D.A. Choice is selected by the government graders for its exceptional tenderness, flavor and quality. Many retailers sell grade, Select, inspected or lower grades which do not offer the same quality. Also, Country Market buys only U.S.D.A. Choice All Natural Fresh American Lamb which is raised without antibiotics or growth hormones. Never imported New Zealand or Australian Lamb. This means the freshest and tastiest beef and lamb available. Some stores grind & pack their meat at one central location and there is no opportunity to get customized butcher shop service. At Country Market the meat is cut daily and packed fresh right in each stores' meat department...so when you need a special cut just ask, our in-store butchers will be happy to custom cut any cut of meat for you

SAVE
UP TO
\$1.70 LB.

**USDA Choice
BONELESS BEEF
TENDERLOIN STEAK**

\$2.49
LB.

SAVE
UP TO
\$1.60 LB.

**USDA Choice
BONELESS BEEF
TENDERLOIN STEAK**

\$2.59
LB.

Mild or Spicy
**BEA'S BEST
CORNED BEEF
FLATS**

\$2.49
LB.

SAVE
UP TO
\$2.40 LB.

Mild or Spicy
**BEA'S BEST
CORNED BEEF
POINTS**

\$1.39
LB.

SAVE
UP TO
\$2.00 LB.

**USDA Choice
STUFFED
FLANK STEAK**

\$4.99

**USDA Choice
FLANK ROLLED
LONDON BROIL**

\$5.49
LB.

SAVE
UP TO
\$2.00 LB.

SAVE
UP TO
\$1.20 LB.

**USDA Choice
BONELESS BEEF
FOR STEW**

\$2.79
LB.

Deli



**SARA LEE
HAM**
Brown Sugar, Honey &
Mustard Smoked

\$5.99
LB.

**LAND-O-
LAKES
SHINGLES**
Selected Varieties

\$2.99
8 OZ.

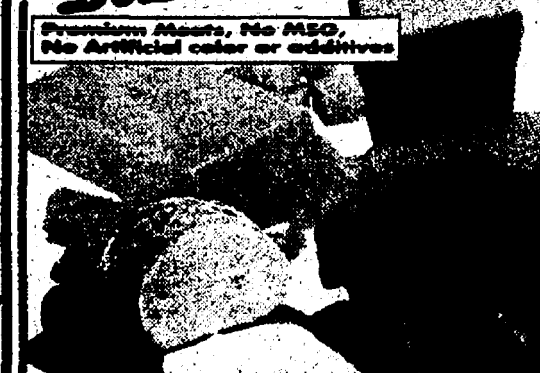
**SANDRIDGE
DUTCH SLAW**

\$2.49
LB.

**SARA LEE
CONDIMENTS**
Selected Varieties

\$2.99
8-10 OZ.

DeLallo



**YANG FANCY
HORSERADISH
CHEDDAR**

\$4.99
LB.

**DE LALLO
SHARP
CHEDDAR**

\$3.99
LB.

**DE LALLO GOLD
TOP ROUND
ROAST BEEF**

\$4.99
LB.

**DE LALLO
HONEY BBQ
CHICKEN BREAST**

\$5.99
LB.

Fresh Seafood



SAVE
UP TO
\$1.40 LB.

**BONELESS,
SKINLESS
COD FILLETS**

\$5.99
LB.

**MAPLE BBQ
RUBBED
SALMON FILLET**

\$8.99
LB.

**TILAPIA TORTILLA
CRESTED WITH
CHIPOLTE**

\$5.99
LB.

**TILAPIA COCONUT
CRESTED WITH
MANGO PAPAYA**

\$5.99
LB.

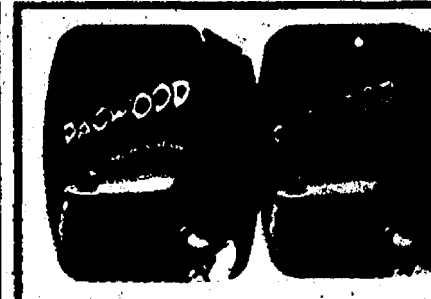
SAVE
UP TO
\$1.00 LB.

**USDA Choice
BONELESS BEEF
CUBE STEAK**

\$2.99
LB.

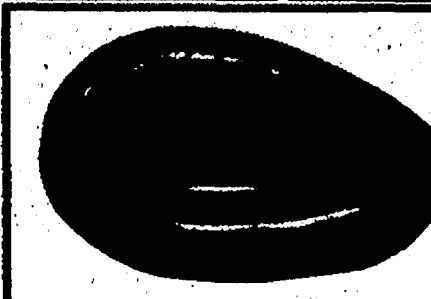
**JOHNSONVILLE
BRATS & SMOKED
SAUSAGE**
Selected Varieties
16 oz. Pkg

2/\$6



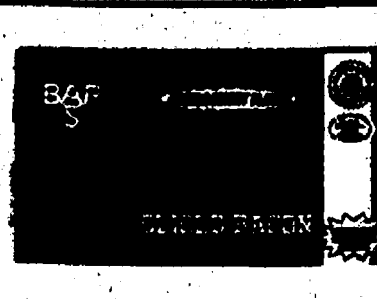
**LAND O FROST
DAGWOODS**
Selected Varieties
3.5 oz. Pkg

4/\$5



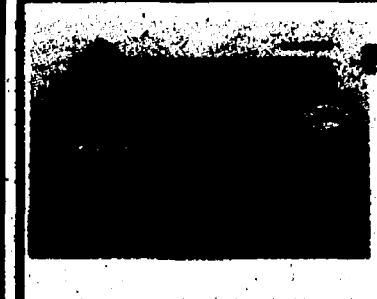
**KOEGEL'S
LARGE RING
BOLOGNA**

\$2.29
LB.



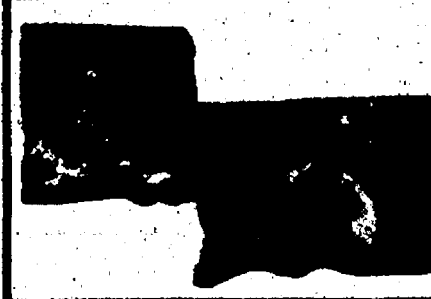
**BAR-S
REGULAR BACON**
16 oz. Pkg

2/\$5



**OUR FAMILY
FROZEN TUNA STEAKS**
12 oz. Pkg

\$3.99



**TRANS OCEAN
CRAB CLASSICS**
Packets, Legs & Chunks
16 oz. Pkg

\$2.99

SAVINGS ON SNACKS & BEVERAGES!



COCA-COLA PRODUCTS
12 Pk. 12 oz. Cans
Selected Varieties

3/\$10.99
+ Dep.



7-UP PRODUCTS
2 Liter Bottles
Selected Varieties

88¢
+ Dep.



7-UP PRODUCTS
6 Pk. 1/2 Liter Bottles
Selected Varieties

3/\$6.99
+ Dep.



PEPSI-COLA PRODUCTS
8 Pk. 12 oz. Plastic Bottles
Selected Varieties

3/\$7.98
+ Dep.



FULL THROTTLE ENERGY DRINK
4 Pk.
Selected Varieties

\$4.99
+ Dep.



KEEBLER FUDGE SHOPPE & E. L. FUDGE COOKIES
9.5 - 15 oz.
Selected Varieties

4/\$6.99



SEYFERT'S POTATO CHIPS & TORTILLA CHIPS
8.5 - 12 oz.
Selected Varieties

2/\$3.99



CHEX, BUGLES & GARDETTO SNACKS
7.5 - 8.75 oz.
Selected Varieties

99¢



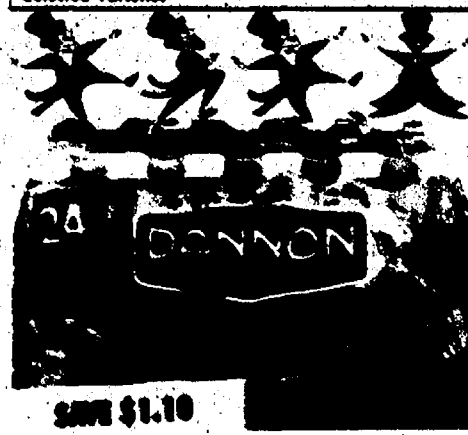
FRITO LAY DORITOS & RUFFLES
11.5 - 13 oz.
Selected Varieties

4/\$8.99



NABISCO CHEESE NIPS
9 - 12 oz.
Selected Varieties

\$1.99



DANNON PREMIUM DRINKING WATER
24 Pk. 1/2 Liter Bottles

\$5.29



NESTLE PURE LIFE FLAVORED WATER
6 Pk.
Selected Varieties

\$1.99



DASANI WATER
24 Pk. 1/2 Liter Bottles
Selected Varieties

\$4.99



FIJI NATURAL ARTESIAN WATER
6 Pk. 1/2 Liter Bottles

\$3.99



LIPTON ICE TEA, AQUAFINA FLAVOR SPLASH, TROPICANA FRUIT PUNCH & LEMONADE
12 Pk. 16.9 oz. Plastic Bottles
Selected Varieties

\$4.99

MARCH GREEN TAG SAVINGS!

PRICES VALID THRU APRIL 2ND, 2008

 <p>KELLOGG'S CORN FLAKES 12 oz. Box SAVE UP TO \$1.60</p>	 <p>KELLOGG'S CEREALS 12 oz. Box SAVE UP TO \$1.60</p>	 <p>SMUCKER'S JELLIES & JAMS 12 oz. Jar SAVE UP TO 96¢</p>	 <p>ARMOUR BEEF STEW 24 oz. Can SAVE UP TO 90¢</p>	 <p>ARMOUR BEEF STEW 24 oz. Can SAVE UP TO 90¢</p>	 <p>CHI CHI'S SALSA 16 oz. Jar SAVE UP TO 70¢</p>
 <p>V-8 JUICE 64 oz. Bottle SAVE UP TO 58¢</p>	 <p>V-8 JUICE 64 oz. Bottle SAVE UP TO 58¢</p>	 <p>VLASIC PEPPERS 12 oz. Jar SAVE UP TO 98¢</p>	 <p>VLASIC PEPPERS 12 oz. Jar SAVE UP TO 98¢</p>	 <p>HIDDEN VALLEY RANCH DRESSINGS 12 oz. Bottle SAVE UP TO \$1.00</p>	 <p>StarKist CHUNK LIGHT TUNA 5 oz. Can SAVE UP TO 39¢</p>
 <p>ARMOUR DRIED BEEF 12 oz. Can SAVE UP TO 94¢</p>	 <p>ARMOUR DRIED BEEF 12 oz. Can SAVE UP TO 94¢</p>	 <p>A-1 STEAK SAUCE 12 oz. Bottle SAVE UP TO \$1.00</p>	 <p>A-1 STEAK SAUCE 12 oz. Bottle SAVE UP TO \$1.00</p>	 <p>CRYSTAL FARMS GRADE A BUTTER 1 lb. Quarter SAVE UP TO 70¢</p>	 <p>MAMA MARY'S PIZZA CRUST 12 oz. Box SAVE UP TO \$2.92</p>
 <p>SHEDD'S COUNTRY CROCK BUTTER 1 lb. Quarter SAVE UP TO 20¢</p>	 <p>SHEDD'S COUNTRY CROCK BUTTER 1 lb. Quarter SAVE UP TO 20¢</p>	 <p>PATIO BURRITOS 12 oz. Box SAVE UP TO 51¢</p>	 <p>PATIO BURRITOS 12 oz. Box SAVE UP TO 51¢</p>	 <p>BANQUET POT PIES 12 oz. Box SAVE UP TO 32¢</p>	 <p>AJAX LIQUID DISH DETERGENT 18 oz. Bottle SAVE UP TO 60¢</p>
 <p>AJAX LIQUID LAUNDRY DETERGENT 18 oz. Bottle SAVE UP TO \$1.00</p>	 <p>AJAX LIQUID LAUNDRY DETERGENT 18 oz. Bottle SAVE UP TO \$1.00</p>	 <p>RENUZIT ROLLER SCENTS 12 oz. Box SAVE UP TO 40¢</p>	 <p>RENUZIT ROLLER SCENTS 12 oz. Box SAVE UP TO 40¢</p>	 <p>ANGEL SOFT BATH TISSUE 24 x 4 Roll SAVE UP TO \$1.90</p>	 <p>KLEENEX FACIAL TISSUES 15 x 200 Tissues SAVE UP TO 86¢</p>

HOUSEHOLD NON-FOOD SAVINGS!

 <p>SAVE UP TO \$1.00</p>	 <p>SAVE UP TO 80¢</p>	 <p>SAVE UP TO 80¢</p>	 <p>SAVE UP TO 50¢</p>	 <p>SAVE \$2.20 ON 20</p>
<p>MARDI GRAS NAPKINS 500 ct.</p> <p>\$2.99</p>	<p>BRAWNY PAPER TOWELS 3 Roll</p> <p>\$2.99</p>	<p>CHINET PLATES & BOWLS 12 - 44 ct. Selected Varieties</p> <p>\$1.99</p>	<p>SOFT & GENTLE BATH TISSUE 4 ct. Selected Varieties</p> <p>99¢</p>	<p>OUR FAMILY TALL KITCHEN BAGS 20 ct. Selected Varieties</p> <p>2/\$4.98</p>

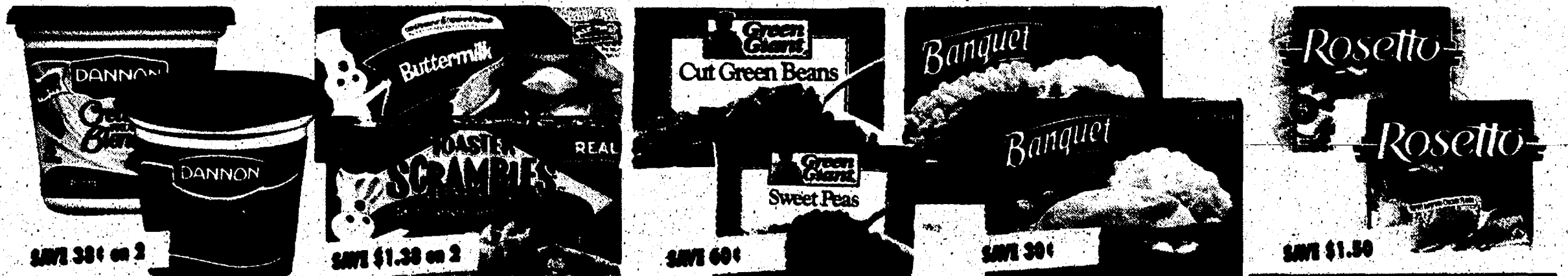
 <p>SAVE 64¢</p>	 <p>SAVE 60¢</p>	 <p>SAVE 94¢</p>	 <p>SAVE UP TO \$1.50</p>	 <p>SAVE 64¢</p>
<p>LYSOL ALL PURPOSE CLEANER 22 - 32 oz. Selected Varieties</p> <p>\$1.99</p>	<p>OUR FAMILY WINDOW CLEANER 32 oz.</p> <p>99¢</p>	<p>DAWN DISH LIQUID 25 oz. Selected Varieties</p> <p>\$1.99</p>	<p>TIDE LAUNDRY DETERGENT 100 oz Liquid or 81-87 oz. Powder Selected Varieties</p> <p>\$5.99</p>	<p>LUVS JUMBO DIAPERS Size 1... 36 ct., Size 2... 48 ct., Size 3... 40 ct., Size 4... 34 ct., Size 5... 30 ct., Size 6... 26 ct.</p> <p>\$6.99</p>

 <p>SAVE 50¢</p>	 <p>SAVE 30¢</p>		 <p>SAVE 50¢ on 2</p>	 <p>SAVE \$1.38 on 2</p>
<p>TRESEMME SHAMPOO & CONDITIONER 32 oz. Selected Varieties</p> <p>\$3.29</p>	<p>TAG BODY SPRAY 3.5 oz. Selected Varieties</p> <p>\$3.49</p>	<p>ALEVE PAIN RELIEVER 40 - 50 ct. Selected Varieties</p> <p>\$4.99</p>	<p>SECRET ANTI-PERSPIRANT & DEODORANT 1.4 - 1.7 oz. Selected Varieties</p> <p>2/\$3</p>	<p>CHARMIN FRESH MATES WIPES 40 ct.</p> <p>2/\$3</p>

DAIRY & FROZEN SAVINGS!



DOLE ORANGE JUICE 64 oz. Selected Varieties 2/\$3	BORDEN CHEESE SHREDDS & AMERICAN SINGLES 8-12 oz. Selected Varieties 2/\$3	PRAIRIE FARMS SOUR CREAM & CHIP DIP 16 oz. Selected Varieties 99¢	BAREMAN'S COTTAGE CHEESE 16 oz. Selected Varieties 99¢	DIGIORNO SAUCE & TORTELLINI 9-15 oz. Selected Varieties \$1.99
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DANNON YOGURT 6 oz. Selected Varieties 2/\$1	PILLSBURY BREAKFASTS 10-20 oz. Selected Varieties 2/\$3	GREEN GIANT VEGETABLES 16 oz. Selected Varieties 99¢	BANQUET MEALS 6.75-12 oz. Selected Varieties 99¢	ROSETTO FAMILY ENTREES 20-25 oz. Selected Varieties \$1.99
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TOTINO'S PIZZA 9-10.9 oz. Selected Varieties 99¢	TOTINO'S PIZZA ROLLS 19.8 oz. Family Size Selected Varieties 2/\$5.98	HOMEMADE PREMIUM ICE CREAM 36 oz. Selected Varieties 2/\$6.98	ICE CASTLE NOVELTIES Orange Split 12 ct., Fudge Bars 12 ct. & Ice Pops Junior 24 ct. 2/\$3	HAAGEN DAZS ICE CREAM Pint Selected Varieties 2/\$4.98	SNICKERS OR TWIX BARS 6 Pk. Selected Varieties 2/\$5.98
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THE FRESHEST PRODUCE AROUND

RED, RIPE
STRAWBERRIES

2⁵³

1 LB.
Clamshell

Hestess
Dessert
Cups
4.5 oz.
89¢

Dole

Greener Select

Dole

Classic Romaine

Greener Select or
Classic Romaine
DOLE
SALADS

\$1²⁸

12 oz.
Bag

St. Patrick's Favorite
Fresh
GREEN
CABBAGE

4 lb. \$1⁴⁹

On the Vine
RED, RIPE
TOMATOES

\$1²⁸

LB.

Premiere Washington
Red or Gold
DELICIOUS
APPLES

88¢

LB.

Red or Black
IMPORTED
PLUMS

\$1²⁸

LB.

Imported Fresh
SWEET
ONIONS

68¢

LB.

Fresh Floral Department

ST. PATRICK'S
BOUQUET

2⁴10

"8" Size
Fresh
RED
POTATOES

\$1⁴⁸

3 lb.
Bag

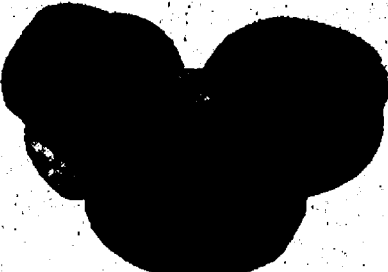
Fresh Bakery



PUMPNICKEL
BREAD

99¢

16 OZ.



EGG & ONION
BUNS

\$1²⁸

4
COUNT



CAKE
DONUTS

Vanilla, Chocolate, Sour Cream

\$1²⁸

4
COUNT



TWO SLICE
CHEESECAKE

Selected Varieties

\$1²⁸

2 PK.



LOFTHOUSE
FROSTED COOKIES

Pink, Yellow, White, Blue, Lemon

\$1²⁸

10
COUNT